

Bridgewood Rivers  
1901 NW Hughwood  
Roseburg OR, 97471

Postage  
Information

April 2026

# Bridgewood Breeze

Bridgewood Rivers 1901 NW Hughwood Rosburg OR, 97471 541-440-1914



## Roll into Spring

April 3 marks World Marbles Day, a lighthearted celebration of one of the world's oldest and most satisfying games. Long before screens and controllers, a small pouch of marbles and a patch of dirt were enough to fill an afternoon.

Marbles have been played in some form for thousands of years. Archaeologists have uncovered stone and clay marbles at ancient sites, and by the 1800s, glass marbles—often handmade—became popular in Europe and the United States. Each one had its own personality: cat's-eyes, swirls, shooters, and cloudy "alley agates." Some were meant for play, while others were carefully traded or saved as prized collectibles.

The game itself was simple but never dull. Players crouched low, flicking a shooter marble with a practiced thumb, aiming to knock opponents' marbles out of a circle or hole. It required strategy, steady hands, and just enough daring to risk losing your best marble on a bold shot. Skill mattered, but luck always had a say, which kept things exciting.

World Marbles Day is a good excuse to revisit that sense of play. Even if you never played by official rules, you might remember the feel of cool glass in your palm or the clink marbles made when they collided. Today, marbles are still collected for their craftsmanship, with modern artists creating intricate designs that are as much art as toy.

The word *marble* even rolls into the kitchen. Think of marbled rye bread, marbled pound cake, or a perfectly marbled steak—proof that swirling patterns are just as appealing on the plate as they are in a game.

As spring arrives and days grow longer, World Marbles Day offers a reminder that fun doesn't have to be complicated. Sometimes it's as simple as a small glass sphere, good aim, and the pleasure of watching something roll exactly where you hoped it would.

**Executive Director-**  
**Jennifer Carabellese**

**Resident Service Coordinator**  
**Jeannine Thomason**

**Director of Wellness**  
**Services-**  
**Leah McDonough, RN**

**Community Relations**  
**Director**  
**Connie Kloha**

**Life Enrichment Director-**  
**Becca Taggart**

**Business office Manager-**  
**Tiffani Lemon**

**Housekeeping-**  
**Holly Bemiller**

**Director of**  
**Maintenance-**  
**Bob Slifert**

**Dietary Manager-**  
**Steve DeLaCruz**

**Bus Driver-**  
**Susan Kees**

## April Birthdays & Anniversaries

### Birthdays:

**Daniele Law- 1<sup>st</sup>**  
**Willie Hollenbeck-6<sup>th</sup>**  
**Caol Dobbs-13<sup>th</sup>**  
**Leah Chamberlin-16<sup>th</sup>**  
**Waldo Dancer-26<sup>th</sup>**  
**Loretta Loy- 28<sup>th</sup>**  
**Lexi Katchem-28<sup>th</sup>**

### Anniversaries:

**Vesta Mostella- 1 Year**  
**Bonnie Brown-1 Year**  
**Waldo Dancer-2 Years**  
**Connie Kloha-5 Years**

### Jennifer Carabellese- ED

I am grateful for the opportunity to serve as the Executive Director for Bridgewood Rivers.

Bridgewood has been my home for over 20 years.

I am hoping for this change to be as smooth as possible.

I will still be at the front desk if you have any questions.



### Planting Peas on St. Patrick's Day!!

Planting peas on March 17th considered good luck because it is a long-standing tradition marking the official start of spring gardening and ensures peas grow during cool, early spring weather for a sweeter harvest.



### Nurse Leah's Note:

Studies are showing that those who closely follow the MIND diet (Mediterranean Diet Intervention for Neurodegenerative Delay) had a lower risk of Alzheimer's. Foods encouraged on the MIND diet include green, leafy vegetables (6 or more servings per week), non-starchy vegetables, berries (at least twice per week), nuts (5 or more servings per week), olive oil, whole grains, fatty fish, beans (in at least 4 meals per week) and poultry (at least twice per week). I encourage you to focus on consuming these types of foods regularly to keep your brain sharp!

Leah McDonough RN

### Nothing beats fresh Abby's Pizza!



Thank you to the YMCA kids for coming. We had a great time getting to know each other playing "Name ball" and enjoying donuts. They will be back on Thursdays throughout the summer to play games and crafts. You don't want to miss coming up.



### Good Friends Make Good Neighbors Program

When a Bridgewood Rivers resident or family member refers a new potential resident to a Cascade Living Community and the person moves in for at least 90 days, the resident will receive a \$4,000 credit applied to their base rent.



How can you tell that the gardener was excited about April?  
*He was so excited that he wet his plants!*

Why can April jump so high?  
*Because it is spring!*

### DON'T MISS Out!

- \*Exercise with Hunter @2pm every Saturday & Sunday!
- \*Resident Counsel- 4/20
- \*Activity Planning meeting-4/23