

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10:00 Exercise w/Rita <b>1</b> 11:00 Quiddler 1:30 <b>Outing: Hideaway Bakery</b> 4:00 Talent Show Planning 6:00 Documentary: <i>Masaka Kids: A Rhythm Within</i> (NF)</p>	<p>9:30 Morning Stretch <b>2</b> 10:00 Shopping: Bi-Mart 2:00 Paper Airplane Build &amp; Race 4:00 Activity Planning for April 6:00 Game: Residents' Choice</p>	<p>10:00 Daily Chronicles w/Kristy <b>3</b> 11:00 <b>Exercise with Paz from Steel Feathers</b> 1:00 Bingo 2:15 <b>Dan on Piano</b> 4:00 Social Coloring 6:00 Movie: <i>Song Sung Blue</i> (Pea)</p>	<p>9:30 Exercise w/Rita <b>4</b> 10:30 Coffee Social 11:00 Discussion: Letting Go of Control 2:00 <b>Gus Russell on Piano</b> 4:00 Dealers Choice Poker 6:00 Resident Card Game</p>	<p>9:00 Walkabout <b>5</b> 10:30 Resident Led Game 1:30 Resident Food Council 4:30 Happy ½ Hour 6:00 Series Night: <i>The Diplomat</i> (S2E5)(NF)</p>	<p>10:00 Strength Training <b>6</b> 11:00 <b>Music with Paz from Steel Feathers</b> 1:30 <b>Music w/Annie O'Shea &amp; Michael</b> 3:00 Texas Hold 'Em 4:30 Socializing in the Lobby 6:00 TV Time, Caregivers Choice</p>	<p>9:30 Chair Fitness on YouTube <b>7</b> 10:30 Browse the Library 11:00 Spiritual Services on YouTube 2:00 Self Led Activities 3:00 Ask a Friend to Play a Game 6:00 Game: Residents' Choice</p>
<p>9:00 Walkabout <b>8</b> 10:30 Help w/the Puzzle 2:00 <b>Oregon Oldtime Fiddlers Association</b> 4:00 Yarn Arts 6:00 Documentary: <i>Can We Take a Joke</i> (AP)  Mike O's Birthday Daylight Savings Begins</p>	<p>9:30 Morning Stretch <b>9</b> 10:00 Shopping: Trader Joe's 2:00 New Resident Meet &amp; Greet 4:00 Bingo 6:00 Game: Residents' Choice</p>	<p>10:00 Daily Chronicles w/Kristy <b>10</b> 11:00 <b>Exercise with Paz from Steel Feathers</b> 1:00 Game: Dominoes 2:15 <b>Dan on Piano</b> 4:00 Social Coloring 6:00 Movie: <i>Fall Guy</i> (Pea)</p>	<p>9:30 Exercise w/Rita <b>11</b> 10:30 Coffee Social 11:00 Discussion: Power of Hope 2:00 <b>Vocalist Sara Scofield</b> 4:00 Talent Show Practice 6:00 Resident Card Game</p>	<p>9:00 Walkabout <b>12</b> 10:30 Resident Led Game 1:30 <b>Outing: Bowling at Emerald Lanes</b> 4:30 Happy ½ Hour 6:00 Series Night: <i>The Diplomat</i> (S2E6)(NF)</p>	<p>10:00 Strength Training <b>13</b> 11:00 <b>Music with Paz from Steel Feathers</b> 1:00 Craft: Making Mushrooms 3:00 Texas Hold 'Em 4:30 Socializing in the Lobby 6:00 TV Time, Caregivers Choice</p>	<p>9:30 Chair Fitness on YouTube <b>14</b> 10:30 Browse the Library 11:00 Spiritual Services on YouTube 2:00 Self Led Activities 3:00 Ask a Friend to Play a Game 6:00 Game: Residents' Choice  Pi Day</p>
<p>9:00 Walkabout <b>15</b> 10:00 Exercise w/Rita 11:00 Craft: St. Patty's Jewelry 2:00 Cards: Spades 4:00 Cheese Tasting 6:00 Documentary: <i>John Candy: I Like Me</i> (AP)</p>	<p>9:30 Morning Stretch <b>16</b> 10:30 Social Coloring 1:30 Shopping: Capella 4:00 Bingo 6:00 Game: Residents' Choice</p>	<p>10:00 Daily Chronicles w/Kristy <b>17</b> 11:00 <b>Exercise with Paz from Steel Feathers</b> 1:00 Game: Beanbag Baseball 2:15 <b>Dan on Piano</b> 3:30 <b>St. Patrick's Day Celebration</b> 6:00 Movie: <i>The O'Briens</i> (AP)  St. Patrick's Day</p>	<p>9:30 Exercise w/Rita <b>18</b> 10:30 Coffee Social 11:00 Discussion: When Do We Stop Learning? 2:00 <b>Family Informational w/Omnicare</b> 4:00 Dealers Choice Poker 6:00 Resident Card Game</p>	<p>9:00 Walkabout <b>19</b> 10:30 Resident Led Game 2:00 Plant a Pot in Honor of Spring 4:30 Happy ½ Hour 6:00 Series Night: <i>The Diplomat</i> (S2E7)(NF)</p>	<p>10:00 Strength Training <b>20</b> 11:00 <b>Music with Paz from Steel Feathers</b> 1:00 Painting Mushrooms 3:00 Texas Hold 'Em 4:30 Socializing in the Lobby 6:00 TV Time, Caregivers Choice  First Day of Spring</p>	<p>9:30 Chair Fitness on YouTube <b>21</b> 10:30 Browse the Library 11:00 Spiritual Services on YouTube 2:00 Self Led Activities 3:00 Ask a Friend to Play a Game 6:00 Game: Residents' Choice</p>
<p>9:00 Walkabout <b>22</b> 9:45 <b>Outing to Florence</b> 1:30 Afternoon Matinee: <i>The Magic of Belle Isle</i> (NF) 6:00 Documentary: <i>Dynasty: The Murdochs</i> (NF)</p>	<p>9:30 Morning Stretch <b>23</b> 9:45 Shopping: Winco 2:00 <b>Nathalie &amp; Kara on Piano and Violin</b> 4:00 Bingo 6:00 Game: Residents' Choice  Pat's Birthday</p>	<p>10:00 Daily Chronicles w/Kristy <b>24</b> 11:00 <b>Exercise with Paz from Steel Feathers</b> 1:00 Game: Trash Cards 2:15 <b>Dan on Piano</b> 4:00 Social Coloring 6:00 Movie: <i>Hamnet</i> (Pea)</p>	<p>9:30 Exercise w/Rita <b>25</b> 10:30 Coffee Social 11:00 Discussion: Are We Alone? 2:00 Craft: Macrame Wall Hanging 4:00 Talent Show Practice 6:00 Resident Card Game  National Waffle Day</p>	<p>9:00 Walkabout <b>26</b> 10:30 Resident Led Game 1:30 Afternoon Matinee: <i>Paint Your Wagon</i> (AP) 4:30 Happy ½ Hour 5:00 Family &amp; Friends Buffet</p>	<p>10:00 Strength Training <b>27</b> 11:00 <b>Music with Paz from Steel Feathers</b> 1:00 Collage Photo Frame 3:00 Texas Hold 'Em 4:30 Socializing in the Lobby 6:00 TV Time, Caregivers Choice</p>	<p>9:30 Chair Fitness on YouTube <b>28</b> 10:30 Browse the Library 11:00 Spiritual Services on YouTube 2:00 Self Led Activities 3:00 Ask a Friend to Play a Game 6:00 Game: Residents' Choice</p>
<p>9:00 Walkabout <b>29</b> 10:00 Exercise w/Rita 11:30 <b>Lunch Outing: Wonder Wok</b> 3:00 Coin Store Shopping 4:00 <b>Fetch Therapy Dogs</b> 6:00 Documentary: <i>Becoming</i> (NF)</p>	<p>9:30 Morning Stretch <b>30</b> 10:00 Shopping: Safeway 2:00 Resident Council 3:30 <b>March Birthdays Cake</b> 6:00 Game: Residents' Choice</p>	<p>10:00 Daily Chronicles w/Kristy <b>31</b> 11:00 Exercise w/Kristy 1:30 Resident Food Council 2:30 Bingo 4:00 Social Coloring 6:00 Movie: <i>American Fiction</i> (Pea)</p>				

Please remember, all bus outings require sign-up in advance. Activities are hosted in the lounge unless otherwise indicated.

Every effort is made to fulfill all calendar events; however, activities could be subject to change.

Movie descriptions will be listed on the daily schedule posted at front desk.