

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>April 2026</h1>			9:30 Sit & Be Fit w/Tami 1 10:00 Daily Chronicle & Stoic 10:30 Outdoor Strutters Club 12:00 Spring BBQ Lunch with Staff 1:30 Blackjack with Ryan <u>3:00 Steel Feather Fitness Chair Yoga & with Sarah</u>	9:30 Cogni"Fit" Games 2 10:00 Daily Chronicle & Stoic <u>10:30 History of Sourdough Bread w/Stephanie</u> 1:30 Garden Club <u>3:00 Steel Feather Fitness Tai Chi with Homer</u> 6:30 Scrabble	9:30 Chair Chi w/L.E.D 3 10:00 Daily Chronicle & Stoic <u>11:00 Lunch Outing: Big A's Root Beer - SIGN UP</u> 1:30 BINGO! <u>3:00 Happy Hour with Cowboy Curt</u> 6:30 Movie Night	9:30 Puzzle & Coffee Club 4 10:30 Armchair Travel 1:30 BINGO! 3:00 Poker with Ryan 6:30 Neighborly Reminiscing in Activity Room
<u>All Day Easter Egg Hunt</u> 5 9:30 Sit & Be Fit w/Tami 10:30 Simple Truth Church 1:30 BINGO! 3:00 Easter Happy Hour on Patio with Music, Snacks & Refreshments 6:30 Easter Movie Night <i>Easter Sunday</i>	<u>10:00 Steel Feather Fitness Qigong with Ann</u> 6 11:00 Daily Chronicle & Stoic 1:30 Manicure's with Kristen 3:00 Inspirational Art Hour 6:30 Color By Numbers	9:30 Sit & Be Fit w/Tami 7 <u>10:30 Baking Club Blueberry Lemon Scones</u> 1:00 Chef Chat with Annekin 1:30 Soundscape Meditation 3:00 Cogni"Fit" Brain Games 4:00 Tech Time w/Stephanie 6:30 Evening Reminiscing	9:30 Sit & Be Fit w/Tami 8 10:00 Daily Chronicle & Stoic <u>10:30 Dementia Support Group with Pepsi</u> 1:30 Blackjack with Ryan <u>3:00 Steel Feather Fitness Chair Yoga & with Sarah</u> 6:30 Movie Night	9:30 Cogni"Fit" Games 9 10:00 Daily Chronicle & Stoic 10:30 Nursery - SIGN UP 1:30 Garden Club <u>3:00 Steel Feather Fitness Tai Chi with Homer</u> 6:30 Scrabble	9:30 Chair Chi w/L.E.D 10 10:00 Daily Chronicle & Stoic 10:30 Outdoor Strutters Club 1:30 BINGO! <u>3:30 Crystal Bowl Healing</u> 6:30 Movie Night	9:30 Puzzle & Coffee Club 11 10:30 Armchair Travel 1:30 BINGO! 3:00 Poker with Ryan 6:30 Neighborly Reminiscing in Activity Room
10:00 Daily Chronicle 12 10:30 Simple Truth Church 11:30 Chair Chi w/Stephanie 1:30 BINGO! 3:00 JCPenney - SIGN UP! 6:30 Movie Night	<u>10:00 Steel Feather Fitness Qigong with Ann</u> 13 11:00 Daily Chronicle & Stoic 1:30 Manicure's with Kristen 3:00 Inspirational Art Hour 6:30 Evening Reminiscing	9:30 Sit & Be Fit w/Tami 14 10:00 Daily Chronicle & Stoic 10:30 Ladies Tea Social w/L.E.D 1:30 Soundscape Meditation 3:00 Cogni"Fit" Brain Games 4:00 Tech Time w/Stephanie 6:30 Group Puzzle	9:30 Sit & Be Fit w/Tami 15 10:00 Daily Chronicle & Stoic 10:30 Book Club 1:30 Blackjack with Ryan <u>3:00 Steel Feather Fitness Chair Yoga & with Sarah</u> 6:30 Movie Night	9:30 Cogni"Fit" Games 16 10:00 Daily Chronicle & Stoic <u>11:00 Resident Council & Activity Committee</u> 1:30 Flower Bouquets w/Haley, Kristen & Christy <u>3:00 Steel Feather Fitness Tai Chi with Homer</u> 6:30 Group Puzzle	9:30 Chair Chi w/L.E.D 17 10:00 Daily Chronicle & Stoic <u>11:00 Lunch Outing Englebright Lake - SIGN UP</u> 1:30 BINGO! <u>3:00 Happy Hour with Roland</u> 5:00 Spring Family Dinner 6:30 Movie Night	9:30 Puzzle & Coffee Club 18 10:30 Armchair Travel 1:30 BINGO! 3:00 Poker with Ryan 6:30 Neighborly Reminiscing in Activity Room
10:00 Daily Chronicle 19 10:30 Simple Truth Church 11:30 Chair Chi w/Stephanie 1:30 BINGO! 3:00 Dollar Tree - SIGN UP! 6:30 Movie Night	<u>10:00 Steel Feather Fitness Qigong with Ann</u> 20 11:00 Daily Chronicle & Stoic 1:30 Manicure's with Kristen 3:00 Inspirational Art Hour 6:30 Group Games	9:30 Sit & Be Fit w/Tami 21 10:00 Daily Chronicle & Stoic <u>10:30 Baking Club Orange Pound Cake</u> 1:30 Soundscape Meditation 3:00 Cogni"Fit" Brain Games 4:00 Tech Time w/Stephanie 6:30 Evening Reminiscing	9:30 Sit & Be Fit w/Tami 22 10:00 Daily Chronicle & Stoic 10:30 Outdoor Strutters Club 1:30 Blackjack with Ryan <u>3:00 Steel Feather Fitness Chair Yoga & with Sarah</u> 6:30 Movie Night <i>Earth Day</i> <i>Administrative Professionals Day</i>	9:30 Cogni"Fit" Games 23 10:00 Daily Chronicle & Stoic 10:30 Nursery - SIGN UP 1:30 Celebrate Arbor Day. Plant a Tree w/Alex <u>3:00 Steel Feather Fitness Tai Chi with Homer</u> 6:30 Scrabble	9:30 Chair Chi w/L.E.D 24 10:00 Daily Chronicle & Stoic 10:30 Outdoor Strutters Club 1:30 BINGO! <u>3:00 Happy Hour with Collin Hobbs</u> 6:30 Movie Night <i>Arbor Day</i>	9:30 Puzzle & Coffee Club 25 10:30 Armchair Travel 1:30 BINGO! 3:00 Poker with Ryan 6:30 Neighborly Reminiscing in Activity Room
10:00 Daily Chronicle 26 10:30 Simple Truth Church 11:30 Chair Chi w/Stephanie 1:30 BINGO! 3:00 Scenic Drive - SIGN UP! 6:30 Movie Night	<u>10:00 Steel Feather Fitness Qigong with Ann</u> 27 11:00 Daily Chronicle & Stoic 1:30 Manicure's with Kristen 3:00 Inspirational Art Hour 6:30 Color By Number	9:30 Sit & Be Fit w/Tami 28 10:00 Daily Chronicle & Stoic 10:30 Ladies Tea Social w/L.E.D 1:30 Soundscape Meditation 3:00 Cogni"Fit" Brain Games 4:00 Tech Time w/Stephanie 6:30 Group Puzzle	9:30 Sit & Be Fit w/Tami 29 10:00 Daily Chronicle & Stoic 10:30 Book Club 1:30 Blackjack with Ryan 3:30 Jeopardy 6:30 Movie Night	9:30 Cogni"Fit" Brain Games 30 10:00 Daily Chronicle & Stoic 10:30 Artful Endeavors 1:30 Garden Club <u>3:00 Chair Chi w/L.E.D</u> 6:30 Group Games		