

April

2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
		10:00am-Fitness Class (LV) 2:00pm-Juice Bar (B)	10:00am- 1 on 1 Visits 1:00pm-Hand Massages (L2)	10:00 Gym Fitness 11:00am 1 on 1 Visits 1:00pm-Chair Yoga (TR)	1:30pm-3:00pm Karaoke (TR)	
5	6	7	8	9	10	11
		10:00am-Fitness Class (LV) 2:00pm-Juice Bar (B)	10:00am- 1 on 1 Visits 1:00pm to 2:00pm Heart Health Exercise (TR) & Walk	10:00 Gym Fitness 11:00am 1 on 1 Visits 1:00pm-Chair Yoga (TR)		
12	13	14	15	16	17	18
		10:00am-Fitness Class (LV) 2:00pm-Juice Bar (B)	10:00am- 1 on 1 Visits 1:00pm to 2:00pm Heart Health Exercise (TR) & Walk	10:00 Gym Fitness 11:00am 1 on 1 Visits 1:00pm-Chair Yoga (TR)	1:30pm-3:00pm Karaoke (TR)	
19	20	21	22	23	24	25
		10:00am-Fitness Class (LV) 2:00pm-Juice Bar (B)	10:00am- Heart Health Exercise (TR) 1:00pm-Hand Massage (L2)	10:00 Gym Fitness 11:00am 1 on 1 Visits 1:00pm-Chair Yoga (TR)		
26	27	28	29	30		
		10:00am-Fitness Class (LV) 2:00pm-Juice Bar (B)		10:00 Gym Fitness 11:00am 1 on 1 Visits 1:00pm-Chair Yoga (TR)	(TR)-Theater Room (L2)-2nd Fl Library (B)-Bistro (LV)-Living Room	