

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# April 2026

**Mountain Glen Retirement & Assisted Living Community**  
 1810 E Division St Mount Vernon WA 98274  
 (360) 424-7900

9:00am-Light & Lively (AR) <b>1</b> 10:00am-Dining Room Service Meeting w/ Josh (ILDR) 10:00am-Bible Study w/Judy(LV) 10:00am-Manicures (AR) 12:30pm-Sherry's Designs (L) 1:00pm-Pinochle (B) 2:00pm-Meet & Greet New Residents (LV) 3:00pm-Documentary (TR) 5:00pm-Movie (TR) <small>All Foods Day Passover Begins</small>	9:00am-Light & Lively (AR) <b>2</b> 10:00am-Veteran Coffee Hour (AR) 10:00am-Polla's Java Social (B) 1:00pm- BINGO (AR) 2:30pm-Tech Help w/Unyque 5:00pm-Movie (TR)	9:00am-Light & Lively (AR) <b>3</b> 10:00am-12:30pm-Veterans Stand Down Outing 10:00am-Flyswatter Volleyball (AR) 10:00am- Dory Pet Therapy (L) 2:00pm-Happy Hour (LV) 2:00pm- Marcia Kester (LV) 5:00pm-Movie (TR)	9:00am-Light & Lively (AR) <b>4</b> 9:30am-Coffee & News (LV) 10:00am- Residents Only Meeting (AR) 1:00pm-BINGO (AR) 2:00pm-Movie (AR) 3:00pm-Trivia (AR)
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9:00am-Light & Lively (AR) <b>5</b> 10:00am-Tv Church Services (TR) 1:00pm-Sunday Matinee (TR) 1:00pm- Card Games (B) 1:30pm-Bring Your Own Crafts (AR) 3:00pm-Flyswatter Volleyball (AR) ALL DAY EASTER EGG HUNT  <small>Easter Sunday</small>
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9:00am-Light & Lively (AR) <b>6</b> 9:30am-Bus Grocery Store (Haggen's) 10:00am-Senior Life Champions (AR) 10:00am-Book Club (B) 1:00pm-Flower Letter w/Trudy (TR) 1:00pm-Bunco (B) 2:00pm-Flyswatter Volleyball (AR) 3:30pm- Music & Movement (LV) 5:00pm-Movie (TR)
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9:00am-Light & Lively (AR) <b>7</b> 10:00am-Bible Study w/Andy (TR) 10:00am-Cornhole (AR) 1:00pm-BINGO (AR) 1:00pm-Card Games (B) 2:30pm-Cards & Board Games (AR) 2:30pm-Bring Your Own Crafts (AR) 2:30pm-Tech Help w/Unyque 3:30pm-Music & Movement (LV) 5:00pm-Movie (TR)
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9:00am-Light & Lively (AR) <b>8</b> 10:00am-Bible Study w/Judy(LV) 10:00am-Manicures (AR) 12:30pm-Sherry's Designs (L) 1:00pm-Pinochle 2:00pm-Sweet Sensations (LV) 3:00pm-Documentary (TR) 5:00pm-Movie (TR)
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9:00am-Light & Lively (AR) <b>9</b> 10:00am-Veteran Coffee Hour (AR) 10:00am- AL & IL Town Hall (LV) 1:00pm- BINGO (AR) 2:30pm-Tech Help w/Unyque 3:30pm-Free Hearing Aid Cleaning (AR) 3:30pm-Music & Movement (LV) 5:00pm-Movie (TR)
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9:00am-Light & Lively (AR) <b>10</b> 9:30am-Tulip Field Drive & Lunch (Gentleman Gene's) 10:00am-Flyswatter Volleyball (AR) 10:00am- Dory Pet Therapy (L) 2:00pm-Happy Hour (LV) 2:00pm- Harmony NW Chore (LV) 5:00pm-Movie (TR)
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9:00am-Light & Lively (AR) <b>11</b> 9:30am-Coffee & News (LV) 10:00am-Marcia Fort Eden Calming Stress Class (AR) 1:00pm-BINGO (AR) 2:00pm-Movie (AR) 3:00pm-Trivia (AR)
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9:00am-Light & Lively (AR) <b>12</b> 10:00am-Tv Church Services (TR) 1:00pm-Sunday Matinee (TR) 1:00pm- Card Games (B) 1:30pm-Bring Your Own Crafts (AR) 1:30pm-Taste & Tell w/Polla (AR) 3:00pm-Flyswatter Volleyball (AR)
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9:00am-Light & Lively (AR) <b>13</b> 9:30am-Bus Grocery Store (Walmart) 10:00am-Senior Life Champions (AR) 1:00pm-Flower Letter w/Trudy (TR) 1:00pm-Bunco (B) 2:00pm-Flyswatter Volleyball (AR) 3:30pm- Music & Movement (LV) 5:00pm-Movie (TR)
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9:00am-Light & Lively (AR) <b>14</b> 9:30am-MT Vernon Library (L) 10:00am-Bible Study w/Andy (TR) 10:00am-Cornhole (AR) 1:00pm-BINGO (AR) 1:00pm-Card Games (B) 2:00pm-Sing Along (LV) 2:30pm-Cards & Board Games(AR) 2:30pm-Bring Your Own Crafts (AR) 2:30pm-Tech Help w/Unyque 3:30pm-Music & Movement (LV) 5:00pm-Movie (TR)
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9:00am-Light & Lively (AR) <b>15</b> 10:00am-Bible Study w/Judy(LV) 10:00am-Manicures (AR) 12:30pm-Sherry's Designs (L) 1:00pm-Pinochle 2:00pm-Sweet Sensations/ Stan Wing (LV) 3:00pm-Documentary (TR) 5:00pm-Movie (TR)
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9:00am-Light & Lively (AR) <b>16</b> 10:00am-Veteran Coffee Hour (AR) 9:00am-Light & Lively (AR) 1:00pm- BINGO (AR) 2:30pm-Card Craft w/ Phyllis (AR) 2:30pm-Tech Help w/Unyque 3:30pm-Music & Movement (LV) 5:00pm-Movie (TR)
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9:00am-Light & Lively (AR) <b>17</b> 9:30am-Tulip Field Drive & Lunch (Applebee's) 10:00am-Flyswatter Volleyball (AR) 10:00am- Dory Pet Therapy (L) 2:00pm-Happy Hour (LV) 2:00pm- David Lee Howard (LV) 5:00pm-Movie (TR)
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9:00am-Light & Lively (AR) <b>18</b> 9:30am-Coffee & News (LV) 10:00am-Cornhole (AR) 1:00pm-BINGO (AR) 2:00pm-Movie (AR) 3:00pm-Trivia (AR)
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9:00am-Light & Lively (AR) <b>19</b> 10:00am-Tv Church Services (TR) 1:00pm-Sunday Matinee (TR) 1:00pm- Card Games (B) 1:30pm-Bring Your Own Crafts (AR) 3:00pm-Flyswatter Volleyball (AR)
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9:00am-Light & Lively (AR) <b>20</b> 9:30am-Bus Grocery Store (Fred Myers) 10:00am-Senior Life Champions (AR) 10:00am-Book Club (B) 1:00pm-Bunco (B) 2:00pm-Flyswatter Volleyball (AR) 3:30pm- Music & Movement (LV) 5:00pm-Movie (TR)
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9:00am-Light & Lively (AR) <b>21</b> 10:00am-Bible Study w/Andy (TR) 10:00am-Cornhole (AR) 1:00pm-BINGO (AR) 1:00pm-Card Games (B) 2:30pm-Cards & Board Games(AR) 2:30pm-Bring Your Own Crafts (AR) 2:30pm-Tech Help w/Unyque 3:30pm-Music & Movement (LV) 5:00pm-Movie (TR)
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9:00am-Light & Lively (AR) <b>22</b> 10:00am-Bible Study w/Judy(LV) 10:00am-Manicures (AR) 12:30pm-Sherry's Designs (L) 1:00pm-Pinochle 2:00pm- Sweet Sensations/ Mary Whiton (LV) 3:00pm-Documentary (TR) 5:00pm-Movie (TR)  <small>Earth Day Administrative Professionals Day</small>
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9:00am-Veteran Breakfast (AR) <b>23</b> 9:00am- Foot Care w/ Carrie (Salon) 1:00pm- BINGO (AR) 2:30pm-Tech Help w/Unyque 3:30pm-Music & Movement (LV) 5:00pm-Movie (TR)
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9:00am-Light & Lively (AR) <b>24</b> 9:00am-2:00pm Mount Vernon Christian School (Volunteering) 10:00am-Flyswatter Volleyball (AR) 10:00am- Dory Pet Therapy (L) 2:00pm-Happy Hour (LV) 2:00pm- Sweet Harmony (LV) 5:00pm-Movie (TR)  <small>Arbor Day</small>
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9:00am-Light & Lively (AR) <b>25</b> 9:30am-Coffee & News (LV) 10:00am-Cornhole (AR) 1:00pm-BINGO (AR) 2:00pm-Movie (AR)
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9:00am-Light & Lively (AR) <b>26</b> 10:00am-Tv Church Services (TR) 1:00pm-Sunday Matinee (TR) 1:00pm- Card Games (B) 1:30pm-Bring Your Own Crafts (AR) 3:00pm-Flyswatter Volleyball (AR)
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9:00am-Light & Lively (AR) <b>27</b> 9:30am-Bus Grocery Store (Safeway) 10:00am-Senior Life Champions (AR) 1:00pm-Bunco (B) 2:00pm-Flyswatter Volleyball (AR) 3:30pm- Music & Movement (LV) 5:00pm-Movie (TR)
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9:00am-Light & Lively (AR) <b>28</b> 10:00am-Bible Study w/Andy (TR) 10:00am-Cornhole (AR) 1:00pm-BINGO (AR) 1:00pm-Card Games (B) 2:30pm-Cards & Board Games(AR) 2:30pm- Migrant Leaders Club(AR) 2:30pm-Bring Your Own Crafts (AR) 3:30pm-Music & Movement (LV) 5:00pm-Movie (TR)
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9:00am-Light & Lively (AR) <b>29</b> 10:00am-Bible Study w/Judy(LV) 10:00am-Manicures (AR) 12:30pm-Sherry's Designs (L) 2:00pm-Birthday Bash/ Esquires (LV) 1:00pm-Pinochle 3:00pm-Documentary (TR) 5:00pm-Movie (TR)
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8:00am-Women's Breakfast (AR) <b>30</b> 1:00pm- BINGO (AR) 2:30pm-Tech Help w/Unyque 3:30pm-Music & Movement (LV) 5:00pm-Movie (TR)
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**Abbreviation Key:**

- (AR)- Activity Room
- (L)-Lobby
- (LV)-Living Room
- (B)-Bistro
- (TR)-Theater Room
- (ILDR)- Independent Living Dining Room
- (ALDR)- Assisted Living Dining Room
- (L2)- 2<sup>nd</sup> Floor Library