

April Birthdays

Ralph S.

Delores T.

Claudia Y.

Nancy H.

Roberta H.

Dale P.

Caroyln J.

Libby H.

Pat B.

Bo C.



GOOD FRIENDS MAKE GOOD NEIGHBORS



We take pride in knowing how much you enjoy the many benefits of living in our community, and we're glad you have chosen Mountain Glen as your home. From our convenient location to our caring staff members, we like to treat all our residents like part of our family! We want to spread the word about Mountain Glen, and now you can benefit by helping us tell your friends about it! You could receive **\$4,000 credit** toward your rent just by referring to a friend or family member to Mountain Glen if they move in for at least 90 days. To qualify, the name of the person making the referral, and the name of the prospective resident must be turned into the Executive Director or the Community Relations Directors prior to the inquiry or tour. The referred person must be new to Mountain Glen (i.e. not already in our contact list). The referred person must move in and reside at Mountain Glen for a minimum of 90 days before the credit is given. If you have any questions, please.

call. 360-424-7900 or email robins@cascadeliving.com deborahc@cascadeliving.com



Book Worm Corner

"Happy April Everyone Spring Has Sprung"

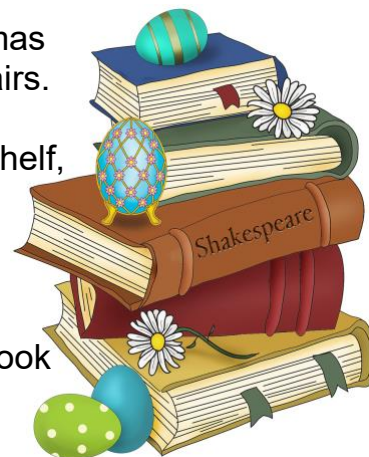
Up stairs in the Library I was able to stock over 20 new books in Large Print, this was a goal of mine. Please enjoy them at any time.

Also, upstairs there is a shelf for Christmas books- This way you don't need to go downstairs. First floor books there is a new shelf added of Harlequin Books and still the Christmas bookshelf, it will not go away.

The puzzle room I was able to bring in brand new 300/ 500 & 700 puzzles for your enjoyment.

Please, please if you're looking for a special book most likely I can get it for you.

Happy Reading & Puzzle Piecing
Gayle



Reignite Your Spring Spirit with Our April Exclusive

April 2026

Leadership Team

Associate Executive Director

Molly Clark

Wellness Director

Sandi Doyle

Resident Care Director

Andi Morrill

Business Office Manager

Yamaris Alaniz

Community Relations Director's

Deborah Carr & Robin Stanek

Dining Service Director

Joshua Young

Plant Operation Director

Bruce Bishop

Life Enrichment Director

Unyque Savare

EverFit Director

Jana DiGuilio

Environmental Service Director

Sally Luna

Mountain Glen Retirement & Assisted Living
Community | 1810 E. Division St Mount Vernon WA,
98274 | 360.424.7900



April

Known for its blooming flowers, unpredictable weather, and vibrant spirit of renewal, April is a month that bridges the warmth of the sun with the freshness of new beginnings.



April 10th & 17th Tulip Field Drive & Lunch

Sign up in front lobby; Please remember you can only attend 1 drive. Best way to give others a chance to enjoy.



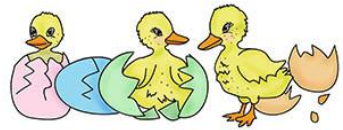
Easter Egg Hunt April 5th (Easter Sunday) 300 Eggs & 2 Gold Bunnies to Hunt



Monthly Holidays & Fun Facts

APRIL FŌOLS!

April Fools' Day, celebrated annually on April 1st, is a tradition of playing practical jokes, likely originating in 16th-century France when the calendar shifted to January 1. Known as "April Fish" in France and "Gowks" in Scotland, the day focuses on lighthearted tricks. Common customs include stopping pranks by noon, often featuring media hoaxes.



Easter



Easter is the oldest and most important Christian holiday, celebrating the resurrection of Jesus Christ. Beyond its religious roots, the holiday is packed with unique traditions involving ancient symbols, massive amounts of candy, and centuries-old folklore.



Earth Day

Earth Day is celebrated annually on April 22 to promote global environmental protection, mobilizing over 1 billion people in 190+ countries for activities like tree planting, cleanup campaigns, and advocacy. Founded in 1970 by Senator Gaylord Nelson following a massive oil spill, it is considered the birth of the modern environmental movement.

Arbor Day



Arbor Day is a dedicated holiday for planting and appreciating trees, typically celebrated on the last Friday in April. Founded by J. Sterling Morton in Nebraska on April 10, 1872, over one million trees were planted in its first observance. It focuses on environmental stewardship, tree planting, and recognizing the ecological benefits of trees.

March's Captured Memories



Pot of Gold Scavenger Hunt Winners



Health & Wellness Fair

