

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# April 2026

<p>9:00 Virtual Sunday Non-Denominational Church Service 10:00 Snack &amp; Hydration 11:00 Come Meet Our New Memory Care Director w/ an Easter Basket Hunt 11:45 Namaste- Aromatherapy 2:00 Easter Teatime w/ Linda Updike Sing Along in The Lodge 3:00 Go Traveler: Mexico One Plate at a Time E5</p>	<p>9:30 Morning Stretch &amp; Music 10:00 Communion with Deacon Dennis 10:30 Snack &amp; Hydration 11:00 Crafts w/ Katie: Spring Flowers 11:30 Namaste- Aromatherapy 1:30 Bingo 2:30 Yoga w/ Myrlene from Steel Feathers 3:00 Popping Popcorn &amp; A Movie: <b>Bie Business</b></p>	<p>9:00 Gardening w/ Rosanda 10:30 Music &amp; Iced Tea 11:00 Current Events &amp; Daily Chronicles 11:45 Namaste- Aromatherapy 1:30 Chair Chi 2:00 Snack &amp; Hydration 3:00 Badminton Balloon Volleyball 4:00 Wonders of Philippines 6:00 Word Search in the Enclave</p>	<p>9:30 Rhythm &amp; Move Drumming 10:00 Snack, Hydration &amp; Music 10:30 Dog Visit w/ Baily and Stephen 11:00 Cat Visit w/ Gigi &amp; Dolly the Tie Dyed Poodle 11:00 Namaste- Aromatherapy Hand Massages 11:30 Yoga w/ Myrlene from Steel Feathers 1:15 Flower Arranging 2:30 Lance Wells 4:00 Classic Movie: <b>All Fools' Day</b></p>	<p>9:00 Getting the Garden Ready 10:00 Snack &amp; Hydration 10:30 Scenic Bus Ride 11:00 Daily Chronicles 11:45 Namaste- Aromatherapy 1:30 Balloon Noodle Ball 2:30 Baking Chocolate Chip Cookies 4:00 Puzzles in the Activity Room 6:00 Thursday Night Movie: National Treasure</p>	<p>9:30 Easy Cardio w/ Katie 10:00 Snack &amp; Hydration 10:30 Daily Chronicles 11:00 Vinyl Café Book Club 11:45 Namaste- Aromatherapy 1:30 Sing Along w/ Katie 3:00 Happy Friday w/ Smoothies 4:00 Crossword Puzzles</p>	<p>9:30 Morning Stretch 10:00 Snack &amp; Hydration 10:30 Chatting in the Gazebo 11:00 Namaste- Aromatherapy Hand Massage 1:30 UNO! 2:00 Afternoon Snack 3:00 Join Us for Family Bingo! 4:00 Concert: Beauty and the Beast: A 30<sup>th</sup> Celebration 6:00 Word Search in the Enclave</p>
<p>9:00 Virtual Sunday Non-Denominational Church Service 10:00 Snack &amp; Hydration 11:00 Helping Hands: Tile Sorting 11:45 Namaste- Aromatherapy 2:00 Church Service w/ Faith Community Church 3:00 Go Traveler: Mexico One Plate at a Time E6</p>	<p>9:30 Morning Stretch &amp; Music 10:00 Communion with Deacon Dennis 10:30 Snack &amp; Hydration 11:00 11:30 Namaste- Aromatherapy 1:30 Bingo 2:30 Yoga w/ Myrlene from Steel Feathers 3:00 Popping Popcorn &amp; A Movie: <b>Singing in the Rain</b></p>	<p>9:30 Gardening w/ Rosanda 10:30 Music &amp; Iced Tea 11:00 Current Events &amp; Daily Chronicles 11:45 Namaste- Aromatherapy 1:30 Chair Chi 2:00 Snack &amp; Hydration 3:00 Making Ice Cream 4:00 Wonders of Sri Lanka 6:00 Word Search in the Enclave</p>	<p>9:30 Rhythm &amp; Move Drumming 10:00 Snack, Hydration &amp; Music 10:30 Dog Visit w/ Baily and Stephen 11:00 Cat Visit w/ Gigi &amp; Dolly the Tie Dyed Poodle 11:00 Namaste- Aromatherapy Hand Massages 11:30 Yoga w/ Myrlene from Steel Feathers 1:15 Flower Arranging 2:30 Rick's Jukebox 4:00 Classic Movie: Million Dollar Duck</p>	<p>9:00 Watering the Garden 10:00 Snack &amp; Hydration 10:30 Scenic Bus Ride 11:00 Daily Chronicles 11:45 Namaste- Aromatherapy 1:30 Balloon Noodle Ball 2:30 Baking S'more Bites 4:00 Puzzles in the Activity Room 6:00 Thursday Night Movie: Turner &amp; Hooch</p>	<p>9:30 Easy Cardio w/ Katie 10:00 Snack &amp; Hydration 10:30 Daily Chronicles 11:00 Vinyl Café Book Club 11:45 Namaste- Aromatherapy 1:30 Noodle Ball 2:30 Resistance Training w/ Myrlene From Steel Feathers 3:00 Root Beer Floats w/ Banjo Doug 4:00 Crossword Puzzles</p>	<p>9:30 Morning Stretch 10:00 Snack &amp; Hydration 10:30 Chatting in the Gazebo 11:00 Namaste- Aromatherapy Hand Massage 1:30 UNO! 2:00 Afternoon Snack 3:00 Join Us for Family Bingo! 4:00 Concert: The Lion King at the Hollywood Bowl 6:00 Word Search in the Enclave</p>
<p>9:00 Virtual Sunday Non-Denominational Church Service 10:00 Snack &amp; Hydration 11:00 Helping Hands: Towel Sorting 11:45 Namaste- Aromatherapy 1:30 Let's Color! 3:00 Lodge Performance w/ Lance Wells</p>	<p>9:30 Morning Stretch &amp; Music 10:00 Communion with Deacon Dennis 10:30 Snack &amp; Hydration 11:00 Crafts w/ Katie: Making Clay Bowls 11:30 Namaste- Aromatherapy 1:30 Bingo 2:30 Yoga w/ Myrlene from Steel Feathers 3:00 Popping Popcorn &amp; A Movie: <b>Cinderella</b></p>	<p>9:30 Gardening w/ Rosanda 10:30 Music &amp; Iced Tea 11:00 Current Events &amp; Daily Chronicles 11:45 Namaste- Aromatherapy 1:30 Chair Chi 2:00 Snack &amp; Hydration 3:00 Badminton Balloon Volleyball 4:00 Wonders of Japan 6:00 Word Search in the Enclave</p>	<p>9:30 Rhythm &amp; Move Drumming 10:00 Snack, Hydration &amp; Music 10:30 Dog Visit w/ Baily and Stephen 11:00 Cat Visit w/ Gigi &amp; Lilith the Cat 11:30 Yoga w/ Myrlene from Steel Feathers 1:15 Flower Arranging 2:30 Littlest Big Band 4:00 Classic Movie: The Shaggy D.A 6:00 Coloring in the Activity Room <small>Earth Day Administrative Professionals Day</small></p>	<p>9:00 Watering the Garden 9:30 Mt. Lemmon BBQ Picnic 10:00 Snack &amp; Hydration 10:00 Health Rhythm w/ Gail in AL 11:00 Daily Chronicles 11:45 Namaste- Aromatherapy 1:30 Balloon Noodle Ball 2:30 Baking Homemade Cheez-It 4:00 Puzzles in the Activity Room 6:00 Thursday Movie: Three Men and a Baby</p>	<p>9:30 Easy Cardio w/ Katie 10:00 Snack &amp; Hydration 10:30 Daily Chronicles 11:00 Vinyl Café Book Club 11:45 Namaste- Aromatherapy 1:30 Ladder Ball 2:30 Resistance Training w/ Myrlene From Steel Feathers 3:00 Happy Friday w/ Rainbow Snow Cones 4:00 Crossword Puzzles</p>	<p>9:30 Morning Stretch 10:00 Snack &amp; Hydration 10:30 Chatting in the Gazebo 11:00 Namaste- Aromatherapy Hand Massage 1:30 Easy War Card Game 2:00 Afternoon Snack 3:00 Join Us for Family Bingo! 4:00 Concert: Celebration of Music from Coco 6:00 Word Search in the Enclave</p>
<p>9:00 Virtual Sunday Non-Denominational Church Service 10:00 Snack &amp; Hydration 11:00 Helping Hands: Bead Sorting 11:45 Namaste- Aromatherapy 2:00 Church Service w/ Faith Community Church 3:00 Go Traveler: Mexico One Plate at a Time E7</p>	<p>9:30 Morning Stretch &amp; Music 10:00 Communion with Deacon Dennis 10:30 Snack &amp; Hydration 11:00 Sing Along w/ Katie 11:30 Namaste- Aromatherapy 2:00 Bingo 2:30 Yoga w/ Myrlene from Steel Feathers 3:00 Popping Popcorn &amp; A Movie: <b>Sweet Home Alabama</b></p>	<p>9:30 Gardening w/ Rosanda 10:30 Music &amp; Iced Tea 11:00 Current Events &amp; Daily Chronicles 11:45 Namaste- Aromatherapy 1:30 Chair Chi 2:00 Snack &amp; Hydration 3:00 Categories 4:00 Wonders of Brazil 6:00 Word Search in the Enclave</p>	<p>9:30 Rhythm &amp; Move Drumming 10:00 Snack, Hydration &amp; Music 11:00 Cat Visit w/ Gigi &amp; Lilith the Cat 11:30 Yoga w/ Myrlene from Steel Feathers 1:15 Flower Arranging 2:30 Manny Herrera 4:00 Classic Movie: The Strongest Man in the World 6:00 Coloring in the Activity Room</p>	<p>9:00 Watering the Garden 10:00 Snack &amp; Hydration 10:30 Scenic Bus Ride 11:00 Daily Chronicles 11:45 Namaste- Aromatherapy 1:30 Balloon Noodle Ball 2:30 Baking Mini Apple Turnovers 4:00 Puzzles in the Activity Room 6:00 Thursday Night Movie: Mighty Joe Young</p>	<div data-bbox="2144 1532 3030 1884" data-label="Image"> </div>	

Schedule is Subject to change. For the most updated information please see Activity Daily. Sierra Del Sol Senior Living 8151 E Speedway Tucson AZ 85710