

Things to watch for in April...

- *Easter Celebration*
- *Sing-along*
- *National Caramel Popcorn Day*
- *National Scrabble Day*
- *National Look-Alike Day*
- *National Gummi Bear Day*
- *Chef's Chat*
- *Lunch Outing for Mexican Food*
- *Karaoke w/Tim*
- *Senior Center Outing*
- *Birthday Bash*
- *Planting w/Gentiva*
- *Canvas Painting*
- *Shopping Outing*
- *Walking Group w/Scavenger Hunt*
- *Donut Social*

April Horoscopes and Birthdays

In astrology, those born between April 1–19 are Rams of Aries. As the first sign of the zodiac, Arians charge out of the gate with energy, confidence, power, and zeal. As pioneers, Arians are unafraid of the unknown. As eternal optimists, no odds are ever considered insurmountable. Those born between April 20–30 are Bulls of Taurus. Bulls show a steady persistence in endeavors both professional and personal,

and after working hard, are not shy about rewarding themselves for a job well done.

Residents Birthdays:

- Karen T. 04/08
- Georgette B. 04/24
- Barbara A. 04/25

Staff Birthdays:

- Ted R. 04/10
- Chanttel G. 04/12
- Shiela F. 04/24
- Jeanelle J. 04/30

Saint Patrick's Day Party

Celebrating Saint Patrick's Day with friends is like a four-leaf clover—hard to find, lucky to have.



Who needs luck when you have friends like these!



Sierra Place Newsletter

April 2026

Our Leaders

Executive Director

Patrick Ward

Business Office Manger

Jennifer Ireland

Wellness Director

MaryAnne Means

Community Relations Director

Chemane Fine

Dining Director

Cody Strain

Life Enrichment Director

Kelly Goss

Plant Operations

Christian Vella

Shuttle Driver

Sylvia Haro

Concierges

Jenny Hill
Sue Treadway

Sierra Place Senior Living

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Rolling into Spring

April 3 marks World Marbles Day, a lighthearted celebration of one of the world's oldest and most satisfying games. Long before screens and controllers, a small pouch of marbles and a patch of dirt were enough to fill an afternoon.

Marbles have been played in some form for thousands of years. Archaeologists have uncovered stone and clay marbles at ancient sites, and by the 1800s, glass marbles—often handmade—became popular in Europe and the United States. Each one had its own personality: cat's-eyes, swirls, shooters, and cloudy "alley agates." Some were meant for play, while others were carefully traded or saved as prized collectibles.

The game itself was simple but never dull. Players crouched low, flicking a shooter marble with a practiced thumb, aiming to knock opponents' marbles out of a circle or hole. It required strategy, steady hands, and just enough daring to risk losing your best marble on a bold shot. Skill mattered, but luck always had a say, which kept things exciting.

World Marbles Day is a good excuse to revisit that sense of play. Even if you never played by official rules, you might remember the feel of cool glass in your palm or the clink marbles made when they collided. Today, marbles are still collected for their craftsmanship, with modern artists creating intricate designs that are as much art as toy. The word *marble* even rolls into the kitchen. Think of marbled rye bread, marbled pound cake, or a perfectly marbled steak—proof that swirling patterns are just as appealing on the plate as they are in a game.

As spring arrives and days grow longer, World Marbles Day offers a reminder that fun doesn't have to be complicated. Sometimes it's as simple as a small glass sphere, good aim, and the pleasure of watching something roll just where you hoped it would.



Employee of the month...

January-Employee of the month

Andrew Carlson

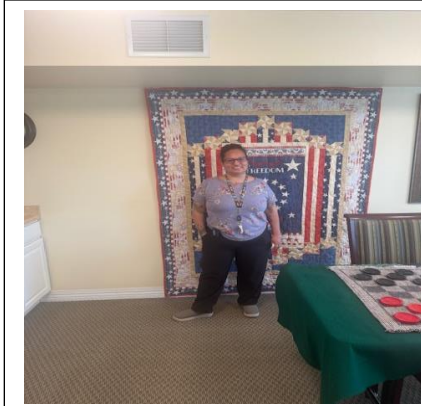


Andrew is a problem solver. He Shows up ready to work, being available for urgent, and last-minute requests. He has no problem taking ownership of tasks to be done. What a team player! He is always there for coworkers and residents.

“Thank-you!”

February- Employee of the Month

Sandy Martinez



Sandy’s dedication changes lives. Your compassion and patience and dedication does not go unnoticed. You are appreciated more than words can say.

“Thank-You!”

Making a Difference Every Day.

A Perfect Pairing

Is there a more perfect sandwich than peanut butter and jelly? In celebration of one of the best food combinations of all time, April 2 is Peanut Butter and Jelly Day.

If you’re looking to expand your PB&J horizons, do what Elvis did and swap the jelly for fresh fruit. Bananas, strawberries, or even pomegranates fit the bill. More adventurous types opt for grilling their sandwiches, while others ditch the bread and slather pancakes with PB&J.



The average American child eats about 1,500 PB&J sandwiches before adulthood.

When it comes to food combinations, PB&J certainly tops the list. But is this humble sandwich tastier than bacon and eggs? Macaroni and cheese? Spaghetti and meatballs? A burger and fries? Cookies and milk? Dietician Katherine Brooking offers some insight into PB&J’s allure. “Humans have an innate predilection for salt, sweet, and fat,” she says. Add the creamy texture of peanut butter, and this sandwich becomes “one of the hardest foods to eat in moderation.”



After his death, Jumbo’s skeleton was displayed at the American Museum of Natural History.

Barnum’s Biggest Star

On April 9, 1882, renowned showman P. T. Barnum arrived in New York City with the largest spectacle ever to grace his traveling circus. Jumbo the African elephant, weighing 6.5 tons and standing over 11 feet tall, stepped from the British steamship *HMS Assyrian Monarch*. The massive but gentle beast instantly endeared himself to audiences. Thanks to Jumbo’s many stunts, such as promenading across the

Brooklyn Bridge, Barnum’s circus earned the nickname “The Greatest Show on Earth.” You could say Jumbo was the first international animal superstar.

The name *Jumbo* was a cross between two Swahili words: *jumbe* meaning “chief,” and *jambo* meaning “hello.” We can thank Jumbo the elephant for adding the word *jumbo* to our vocabulary.

We would like to recognize our Amazing Associates at Sierra Place

Our Wellness Staff

Melanie Bothem
Marilyn Cable-Muscott
Samantha Diaz
Chris Flores
Sheila Frank
Chanttel Galloway
Rosalyn Hines
Jeanelle Jones
Core Ketchem

Daisy Lopez-Ahumada
Sandy Martinez
Ally Metoxen
Hailie Olson

Ted Ravenhorst
Quedisjha Sotob
Michael Sheldrew
Clauda Suhrie

Kitchen Staff

William Dickens
Cassandra Hradecky
Joyce Laubert
Eze Meza
Bert Nelson
Don Sullivan
Debi Thompson
Jacob Bohlenber

House Keeping/Maintenance

Andrew Carlson
Teri Harsh

Shuttle Driver/Life Enrichment

Sylvia Haro



Concierges

Jenny Hill
Susanne Treadway

AMAZING

Our staff deserves specific heartfelt recognition that highlights their dedication and compassion. They go the “extra mile” to create a welcoming, supportive environment and, most importantly, show that they genuinely care, not just work.