

May

2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					9:15 Ever-Fit (DW)	9:15 Ever-Fit (DW)
3	4	5	6	7	8	9
	9:15 Ever-Fit (DW)	9:15 Zumba Gold (DW)	9:15 Ever-Fit (DW) 1:00 Walking Group (Lobby)	9:15 Ever-Fit (DW)	9:15 Ever-Fit (DW)	9:15 Ever-Fit (DW)
10	11	12	13	14	15	16
	9:15 Ever-Fit (DW)	9:15 Zumba Gold (DW)	9:15 Ever-Fit (DW)	9:15 Zumba Gold (DW)	9:15 Ever-Fit (DW)	9:15 Ever-Fit (DW)
17	18	19	20	21	22	23
	9:15 Ever-Fit (DW)	9:15 Zumba Gold (DW)	9:15 Ever-Fit (DW) 1:00 Walking Group (Lobby)	9:15 Ever-Fit (DW)	9:15 Ever-Fit (DW)	9:15 Ever-Fit (DW)
24	25	26	27	28	29	30/31
	9:15 Ever-Fit (DW)	9:15 Zumba Gold (DW)	9:15 Ever-Fit (DW)	9:15 Zumba Gold (DW)	9:15 Ever-Fit (DW)	9:15 Ever-Fit (DW)

The Difference Between Living and Living Well



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