

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

# May 2026

Arbor Village Assisted Living

						10:00 Fred Meyer – <b>O</b> <b>1</b> 10:30 Yoga & Stretching 1:30 <i>DIY</i> Kentucky Derby Hats! 3:30 MayDay Coloring 6:00 Evening News	<b>2</b> 9:15 Table Games 10:30 Seated Pilates 1:00 Scrabble 1:30 Kentucky Derby Games – <b>DR</b> 4:00 Watch the Races
<b>3</b> 10:00 Virtual Worship 10:30 Seated Movement & Stretches 1:00 Listen to 50's Music 2:30 Gatorball Bowling 3:00 Creativity Hour	<b>4</b> 10:00 Dollar Store – <b>O</b> 10:30 Movement with Marshal 1:00 Meet Our Directors 1:30 Guitar Gil – <b>DR</b> 3:00 Bingo with Brendan	<b>5</b> 10:00 Brain Games 10:30 Claudia's Zumba 1:00 Bible Study – <b>IL</b> 1:30 Daily Chronicle 3:00 Vitamin D Hour – <b>BP</b> 6:00 Puzzle	<b>6</b> 10:00 Morning News 10:30 Seated Stretches & Movement 1:00 Walking Group 3:00 Bingo with Brendan 4:30 Special Dinner	<b>7</b> 10:00 Brain Games 10:30 Claudia's Zumba 1:00 Bible Study – <b>IL</b> 1:30 Vitamin D Hour – <b>BP</b> 3:00 Melissa & Larry Music Performance – <b>DR</b>	<b>8</b> 10:00 Fred Meyer – <b>O</b> 10:30 Seated Thai Chi 1:00 Town Hall with Amber & Maddy 2:00 Cabaret – <b>DR</b> 3:00 Vitamin D Hour – <b>BP</b>	<b>9</b> 9:15 Table Games 11:00 Mother's Day Brunch – <b>DR</b> 1:30 Student Violin Performance 3:30 Bingo with Brendan	
<b>10</b> 10:00 Virtual Worship 10:30 Exercise Video 1:00 Bean Bag Toss 2:00 Mother's Day Art 3:30 Listen to 60's Music <small>Mother's Day National Skilled Nursing Care Week</small>	<b>11</b> 10:00 Walmart – <b>O</b> 10:30 Movement with Marshal 1:00 Meet Our Directors 3:00 Bingo with Brendan 7:00 Orchestra of Flight	<b>12</b> 10:00 Brain Games 10:30 Claudia's Zumba 1:00 Bible Study – <b>IL</b> 1:30 Bird Door Decor 3:30 Vitamin D Hour – <b>BP</b> 6:00 Evening News	<b>13</b> 10:00 Coffee & Chat 10:45 PT with Christy 1:00 Walking Group 1:30 Gardening Club 3:00 Bingo with Brendan 6:00 Movie of Choice	<b>14</b> 10:00 Brain Games 10:30 Claudia's Zumba 1:00 Bible Study – <b>IL</b> 1:30 Balloon Bop 2:30 Vitamin D Hour – <b>BP</b> 3:30 Mandala Coloring	<b>15</b> 10:00 Fred Meyer – <b>O</b> 10:00 Brain Games 10:30 Seated Yoga 1:30 Jokes with Brendan 2:30 Pizza Social Hour 6:00 Puzzle – <b>RL</b>	<b>16</b> 9:15 Table Games 10:30 Seated Thai Chi 1:30 Preakness Derby Party – <b>DR</b> 3:30 Bingo with Brendan 6:00 Movie of Choice	
<b>17</b> 10:00 Virtual Worship 10:30 Seated Stretching 1:00 Travelogue: <i>The Great Lakes</i> 2:30 Balloon Bop 6:00 Card Games – <b>RL</b>	<b>18</b> 10:00 Value Village – <b>O</b> 10:30 Movement with Marshal 1:00 Meet Our Directors 3:00 Bingo with Brendan 6:00 Movie of Choice <small>Victoria Day (Canada)</small>	<b>19</b> 10:00 Coffee & Chat 10:30 Claudia's Zumba 1:00 Bible Study – <b>IL</b> 1:30 Vitamin D Hour – <b>BP</b> 2:30 Italian Sodas 4:30 Diner Night – <b>DR</b>	<b>20</b> 10:00 Hymn & Devotion 10:30 Seated Stretches 1:00 Walking Group 2:00 Daily Chronicle 3:00 Bingo with Brendan 6:00 Movie of Choice	<b>21</b> 10:00 Brain Games 10:30 Claudia's Zumba 1:30 Feed the Hummingbirds – <b>BP</b> 3:00 Scrabble 6:00 Evening News <small>Shavuot Begins</small>	<b>22</b> 10:00 Fred Meyer – <b>O</b> 10:30 Morning Walk 11:00 Meditation 1:30 <i>Turtle Day</i> Craft 3:30 Root Beer Floats 6:00 Card Games – <b>RL</b>	<b>23</b> 9:15 Table Games 10:30 Seated Stretching 1:30 Scrabble 2:30 Balloon Bop 3:30 Bingo with Brendan 6:00 Movie of Choice	
<b>24</b> 9:30 Virtual Worship 10:30 Exercise Video 11:00 Meditation 1:00 SICA Piano Music 3:00 Vitamin D Hour – <b>BP</b> 6:00 Evening News	<b>25</b> 10:00 Morning News 10:30 Movement with Marshal 1:00 Memorial Day BBQ 3:30 Bingo with Brendan 6:00 Movie of Choice <small>Memorial Day</small>	<b>26</b> 10:00 Brain Games 10:30 Claudia's Zumba 1:00 Bible Study – <b>IL</b> 1:30 Daily Chronicle 2:00 Kaera's Baking 6:00 Puzzle – <b>RL</b>	<b>27</b> 10:00 Coffee & Chat 10:45 PT with Christy 1:00 Vitamin D Hour – <b>BP</b> 1:30 Grape Popsicles 2:30 Gardening Club 3:00 Bingo with Brendan	<b>28</b> 10:30 Claudia's Zumba 10:30 <i>Stronger Together</i> Support Group – <b>IL</b> 1:30 Kaera's Corner 2:30 Gardening Club 3:00 Dementia Education at the Lodge – <b>MC</b>	<b>29</b> 10:00 Fred Meyer – <b>O</b> 10:30 Seated Yoga 1:30 Shirley Temple Social – <b>BP</b> 3:00 Gardening Club 5:00 Pizza Movie Night	<b>30</b> 9:15 Table Games 10:30 Seated Thai Chi 1:30 Scrabble 2:30 Gardening Club 3:30 Bingo with Brendan 6:00 Evening News	
<b>31</b> 9:30 Morning News 10:30 Morning Walk 1:30 Scrabble 2:30 Worship with the Schaffers 6:00 Movie of Choice	<b>Birthdays</b> Dianne A. - May 3 <sup>rd</sup> Curtis O. - May 6 <sup>th</sup> Sally R. - May 8 <sup>th</sup> Cheryl M. - May 24 <sup>th</sup> Jerry R. - May 25 <sup>th</sup>					<b>Activity Key</b> <b>IL</b> – Independent Living <b>MC</b> – Memory Care <b>BP</b> – Back Patio <b>DR</b> – Dining Room <b>RL</b> – Resident Lead <b>O</b> – Outing	