



**May 2026  
April**

## Employee of the Month

Employee of the Month: Becca W.  
For more than 10 years, Becca has shared her skill, kindness, and steady dedication with our community. Congratulations!

**Resident of the  
Month**



Celebrating our Resident of the Month, Eileen S. She is a bright part of Painting with Friends, sharing weekly art time with her daughter Christie. Visit the activity area on Fridays to see her wonderful drawings.

Congratulations from Cascades of Stayton.

## Scio Car Show

Cascades of Stayton will be joining the Scio Lamb and Wool Fair's car show on May 15th. The bus is set to leave at **\*\*3:30 PM\*\***. Kindly sign up ahead of time. We will be dining at the Fair, or you may opt for a sack dinner from our kitchen. Bus will return by 6:30pm.

## Chef's Chat

Chef's chat will be held the first Thursday of the month at 3pm with Belinda the Dining Service Director. Everyone is encouraged to join. This meeting will be held in the dining room.



## Tye Dying

Join our tie-dye activity! Bring anything you'd like to brighten up and enjoy a burst of color. See the calendar for details.



## Kitchen Krew

We're reviving cooking time, now named the Kitchen Krew! This is a wonderful opportunity for everyone to come together, share recipes, and explore new culinary creations. Let's get cooking or baking!

## Happy Hour and Karaoke

Make a list of your favorite songs and sing out loud. Pick an old favorite or try something new. It's sure to bring plenty of smiles and laughs. See the calendar for the time and date.



---

# ***MORE ABOUT US***

---

## **May Birthday's**

Happy Birthday to you, Happy Birthday to you, Happy Birthday Dear.....



Vicki T. May 17<sup>th</sup>  
Alan F. May 25<sup>th</sup>

Happy Birthday to you!



## **New Activities**

As the weather is getting warmer, we will be heading out to some fairs and picnics. Watch the calendar and newsletters for times and dates.

## **Year Book**

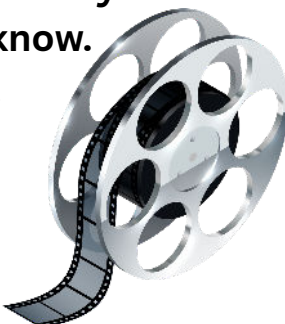
The Yearbook is a community project that will be on display in the Front Lobby. Residents can design a page of their own, and it will feature moments from our activities.

## **New Shopping Days**

Our shopping days will be on Friday afternoons. However, Some days may change. Please make sure you sign up at the Front Desk, just ask for the Activity Book. At the beginning of each month the bus trip sign-up sheets will be in the book. If the list is already full, please add your name to the waiting list. If there is somewhere else you would like to go shopping. Please come the the Activity Meetings and let us know.

Have a movie suggestion for the Saturday movie? Please let the Front Desk know.

All suggestions are welcome.



## **OUR STAFF**

Alma Quesada- Executive Director  
Piper Freres- Business Office Manager  
George Curtis-Planet Operations Director  
Scott Skinner- RN  
Stephanie Barrett-Wellness Director  
Belinda Vanzandt-Dining Service Director  
Kara Childress-Life Enrichment Director

## **Garden Club**

One the calendar is garden club meeting. Let us get a jump start on planning the garden. We will be going shopping for plants for the garden. Please see the calendar for time and date.

Spring is just around the corner.



Cascades of Stayton, 2201 N. 3<sup>rd</sup> Ave., Stayton Or. 97383  
Phone # 503-769-3200