

Sunday

Monday

Tuesday


Wednesday

Thursday

Friday

Saturday

# May 2026

					<p>9:00am-Light &amp; Lively (AR) 10:00am-Flyswatter Volleyball (AR) 10:00am-Pet Therapy "Dory" (L) 2:00pm-Happy Hour (LV) 5:00pm- Movie (TR)</p> <p>May Day</p>	<p>9:00am-Light &amp; Lively (AR) 9:30am-Coffee &amp; News (LV) 10:00am-Cornhole (AR) 10:00am-Residents Only Meeting (AR) 1:00pm-BINGO (AR) 2:00pm-Movie (AR) 3:00pm-Trivia (AR)</p>
<p>9:00am-Light &amp; Lively (AR) 10:00am-Tv Church Services (TR) 1:00pm-Sunday Matinee (TR) 1:00pm-Card Games (B) 1:30pm-Bring Your Own Crafts (AR) 3:00pm-Flyswatter Volleyball (AR)</p>	<p>9:00am- Light &amp; Lively (AR) 9:30am-Bus Grocery Store "Safeway" 10:00am-Senior Life Champions (AR) 1:00pm-Bunco(B) 2:00pm-Flyswatter Volleyball (AR) 3:30pm-Music &amp; Movement (LV) 5:00pm-Movie</p>	<p>9:00am-Light &amp; Lively (AR) 10:00am-Bible Study w/Andy (TR) 10:00am-Cornhole (AR) 1:30pm-Cinco De Mayo Celebration (AR) &amp; (LV) 1:00pm-Card Games (B) 2:30pm-Bring Your Own Crafts (AR) 2:30pm-Card &amp; Board Games (AR) 3:30pm- Music &amp; Movement (LV) 5:00pm-Movie</p> <p>Cinco de Mayo</p>	<p>9:00am-Light &amp; Lively (AR) 10:00am- Dining Roon Service Meeting w/Josh (ILDR) 10:00am-Bible Study w/ Judy (LV) 10:00am-Manicures (AR) 12:30pm- Sherry's Designs 1:00pm-Pinochle (B) 2:00pm- David Lee Howard (LV) 3:00pm-Documentary (TR) 5:00pm-Movie (TR)</p>	<p>9:00am-Light &amp; Lively (AR) 10:00am- Veteran Coffee Hour (AR) 10:00am-Polla's Java Social (B) 1:00pm-BINGO (AR) 2:30pm-Bring Your Own Crafts (AR) 3:30pm-Music &amp; Movement (LV) 5:00pm-Movie (TR)</p>	<p>9:00am-Light &amp; Lively (AR) 10:00am-Flyswatter Volleyball (AR) 10:30am-Bus Outing "Skagitj Casino" 2:00pm-Happy Hour (LV) 5:00pm- Movie (TR)</p> <p><b>Give Away Table (LV)</b></p>	<p>9:00am-Light &amp; Lively (AR) 9:30am-Coffee &amp; News (LV) 10:00am-Cornhole (AR) 10:00am- Marcia Fort Eden Calming Stress Class (AR) 1:00pm-BINGO (AR) 2:00pm-Movie (AR) 3:00pm-Trivia (AR)</p>
<p>9:00am-Light &amp; Lively (AR) 10:00am-Tv Church Services (TR) 1:00pm-Sunday Matinee (TR) 1:00pm-Card Games (B) 1:30pm-Bring Your Own Crafts (AR) 1:30pm-Taste &amp; Tell (AR) 3:00pm-Flyswatter Volleyball (AR)</p> <p>Mother's Day National Skilled Nursing Care Week</p>	<p>9:00am- Light &amp; Lively (AR) 9:30am-Bus Grocery Store" Haggen's" 10:00am-Senior Life Champions (AR) 10:00am-Book Club (B) 1:00pm-Bunco(B) 2:00pm-Flyswatter Volleyball (AR) 3:30pm-Music &amp; Movement (LV) 5:00pm-Movie</p>	<p>9:00am-Light &amp; Lively (AR) 9:30am- MT Vernon Library (L) 10:00am-Bible Study w/Andy (TR) 10:00am-Cornhole (AR) 1:00pm-BINGO (AR) 1:00pm-Card Games (B) 2:00pm-Sing Along (LV) 2:30pm-Bring Your Own Crafts (AR) 2:30pm-Card &amp; Board Games (AR) 3:30pm- Music &amp; Movement (LV) 5:00pm-Movie</p>	<p>9:00am-Light &amp; Lively (AR) 10:00am-Bible Study w/ Judy (LV) 10:00am-Manicures (AR) 12:30pm- Sherry's Designs 1:00pm-Pinochle (B) 2:00pm-Sweet Sensations (LV) 2:00pm-Lori "Accordion" (LV) 3:00pm-Documentary (TR) 5:00pm-Movie (TR)</p>	<p>9:00am-Light &amp; Lively (AR) 10:00am- AL &amp; IL Town Hall (LV) 10:00am- Veteran Coffee Hour (AR) 1:00pm-BINGO (AR) 2:30pm-Bring Your Own Crafts (AR) 3:30pm- Free Hearing Aid Cleaning (AR) 3:30pm-Music &amp; Movement (LV) 5:00pm-Movie (TR)</p>	<p>9:00am-Light &amp; Lively (AR) 10:00am-Flyswatter Volleyball (AR) 10:00am-Pet Therapy "Dory" (L) 10:30am-Bus Outing "Mi Mexico" 2:00pm-Happy Hour (LV) 5:00pm- Movie (TR)</p>	<p>9:00am-Light &amp; Lively (AR) 9:30am-Coffee &amp; News (LV) 10:00am-Cornhole (AR) 1:00pm-BINGO (AR) 2:00pm-Movie (AR) 3:00pm-Trivia (AR)</p>  <p>Armed Forces Day</p>
<p>9:00am-Light &amp; Lively (AR) 10:00am-Tv Church Services (TR) 1:00pm-Sunday Matinee (TR) 1:00pm-Card Games (B) 1:30pm-Bring Your Own Crafts (AR) 3:00pm-Flyswatter Volleyball (AR)</p>	<p>9:00am- Light &amp; Lively (AR) 9:30am-Bus Grocery Store "Walmart" 10:00am-Senior Life Champions (AR) 1:00pm-Bunco(B) 2:00pm-Flyswatter Volleyball (AR) 3:30pm-Music &amp; Movement (LV) 5:00pm-Movie</p> <p>Victoria Day (Canada)</p>	<p>9:00am-Light &amp; Lively (AR) 10:00am-Bible Study w/Andy (TR) 10:00am-Cornhole (AR) 1:00pm-BINGO (AR) 1:00pm-Card Games (B) 2:30pm-Bring Your Own Crafts (AR) 2:30pm-Card &amp; Board Games (AR) 3:30pm- Music &amp; Movement (LV) 5:00pm-Movie</p>	<p>9:00am-Light &amp; Lively (AR) 10:00am-Bible Study w/ Judy (LV) 10:00am-Manicures (AR) 12:30pm- Sherry's Designs 1:00pm-Pinochle (B) 2:00pm-Sweet Sensations (LV) 2:00pm-Stan Wing (LV) 3:00pm-Documentary (TR) 5:00pm-Movie (TR)</p>	<p>9:00am-Light &amp; Lively (AR) 10:00am- Veteran Coffee Hour (AR) 1:00pm-BINGO (AR) 2:30pm-Bring Your Own Crafts (AR) 3:30pm-Music &amp; Movement (LV) 5:00pm-Movie (TR)</p> <p>Shavuot Begins</p>	<p>9:00am-Light &amp; Lively (AR) 10:00am-Flyswatter Volleyball (AR) 9:45am-Bus Outing "Tour Samish Island/ Lunch Longhorn Bar" 2:00pm-Happy Hour (LV) 2:30pm-Mary Whiton (LV) 5:00pm- Movie (TR)</p> <p><b>Give Away Table (LV)</b></p>	<p>9:00am-Light &amp; Lively (AR) 9:30am-Coffee &amp; News (LV) 10:00am-Cornhole (AR) 1:00pm-BINGO (AR) 2:00pm-Movie (AR) 3:00pm-Trivia (AR)</p>
<p>9:00am-Light &amp; Lively (AR) 10:00am-Tv Church Services (TR) 1:00pm-Mother's Day Social (AR) 1:00pm-Sunday Matinee (TR) 1:00pm-Card Games (B) 1:30pm-Bring Your Own Crafts (AR) 1:30pm-Taste &amp; Tell (AR) 3:00pm-Flyswatter Volleyball (AR)</p>	<p>9:00am- Light &amp; Lively (AR) 9:30am-Bus Grocery Store "Fred Myers" 10:00am-Senior Life Champions (AR) 10:00am-Book Club (B) 1:00pm-Bunco(B) 2:00pm-Flyswatter Volleyball (AR) 3:30pm-Music &amp; Movement (LV) 5:00pm-Movie</p> <p>Memorial Day</p>	<p>9:00am-Light &amp; Lively (AR) 10:00am-Bible Study w/Andy (TR) 10:00am-Cornhole (AR) 1:00pm-BINGO (AR) 1:00pm-Card Games (B) 2:30pm-Bring Your Own Crafts (AR) 2:30pm-Card &amp; Board Games (AR) 3:30pm- Music &amp; Movement (LV) 5:00pm-Movie</p>	<p>9:00am-Light &amp; Lively (AR) 10:00am-Bible Study w/ Judy (LV) 10:00am-Manicures (AR) 12:30pm- Sherry's Designs 1:00pm-Pinochle (B) 2:00pm-Birthday Bash (LV) 2:00pm-Esquires (LV) 3:00pm-Documentary (TR) 5:00pm-Movie (TR)</p>	<p>9:00am- Veteran Breakfast (AR) 9:00am-Foot Care w/Carrie (Salon) 1:00pm-BINGO (AR) 2:30pm-Bring Your Own Crafts (AR) 3:30pm- Music &amp; Movement (LV) 5:00pm-Movie (TR)</p>	<p>9:00am-Light &amp; Lively (AR) 10:00am-Pet Therapy "Dory" (L) 10:00am-Flyswatter Volleyball (AR) 10:30am-Bus Outing "Four Seasons" 2:00pm-Happy Hour (LV) 2:30pm-WAOTFA (LV) 5:00pm- Movie (TR)</p>	<p>9:00am-Light &amp; Lively (AR) 9:30am-Coffee &amp; News (LV) 10:00am-Cornhole (AR) 1:00pm-BINGO (AR) 2:00pm-Movie (AR) 3:00pm-Trivia (AR)</p>
<p>9:00am-Light &amp; Lively (AR) 10:00am-Tv Church Services (TR) 1:00pm-Sunday Matinee (TR) 1:00pm-Card Games (B) 1:30pm-Bring Your Own Crafts (AR) 3:00pm-Flyswatter Volleyball (AR)</p>	<p align="center"><b>Mountain Glen Retirement &amp; Assisted Living Community</b>  <b>1810 E Division St Mount Vernon WA 98274</b>  <b>(360)424-7900</b></p> <p>(AR)-Activity Room (L)-Lobby (LV)-Living Room (B)-Bistro (TR)-Theater Room (L2)-2<sup>nd</sup> Floor Library (ILDR)-Independent Dining Hall (ALDR)-Assisted Living Dining Hall</p>					