

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

Sierra Del Sol Senior Living

<p>9:00 Fresh Air and Fellowship Walk 10:00 Sunday Morning Scenic Bus Ride 10:30 Virtual Church Service 1:00 Matinee Movie: All of Me 1:30 Resident Activity Planning Meeting 2:00 Wii Bowling 3:00 Smoothie Sundays 6:00 Honoring Heros Movie: The Longest Day</p>	<p>9:00 Walkers Club w/ Maryanna 9:30 Communion with Deacon Dennis 10:00 Rosary Group 10:30 Daily Chronicles Tea, Frappes & Coffee in the Bistro 1:30 Crafts w/ Maryanna: Mexican Paper Star 3:00 Yoga w/ Myrlene from AAFC 3:30 Prize Ticket Store 6:00 Nilgiris A Shared Wilderness</p>	<p>9:00 Low Impact Cardio 9:30 La Estrella Bakery at El Mercado 10:30 Concert in the Theater: Neil Diamond Greatest Hits Live 1:30 Prize Ticket Bingo 3:00 Palomas, Agua Fresca, Guac, Salsa & Chips Do You Know the History of Cinco De Mayo? 5:00 Dominos</p>	<p>9:30 What's Cooking with Maryanna: Mini Chimichangas 11:00 Yoga w/ Myrlene from AAFC 1:30 Flower Arranging 2:00 Sip & Refresh Beverages 2:30 Come and Support this Good Time Band, Jaime's Gang! 5:00 Puzzles in the Living Room 6:00 Classic Movie: Viva Las Vegas</p>	<p>8:30 Shopping at Fry's 9:30 Balance w/ Rosanda 10:30 Moods * New Game 1:00 Afternoon Rummikub For Beginners 2:00 Resident Led Bible Study 3:00 Social: Fruit Raspados 6:00 Comedy Movie: My Big Fat Greek Wedding 6:30 Resident Ran Uno!</p>	<p>9:00 Low Impact Cardio w/ Rosanda 9:30 Farkle 10:30 Prize Bingo 1:30 Sing Along w/ Mary Ann 3:00 Resistance Training w/ Myrlene From AAFC 6:00 Tough Guy Movie: Angel Has Fallen</p>	<p>9:00 Walkers Club w/ Rosanda 9:30 Bunco 10:30 Design Your Kentucky Derby Hats 1:30 Afternoon Stretch w/ Katie 2:00 Pick Your Pony! 3:00 Mint Julips, Cheese & Fruit 4:00 152nd Kentucky Derby 6:00 Saturday Night Movie: Secretariat</p>
<p>9:00 Fresh Air and Fellowship Walk 10:00 Wii Bowling 10:30 Virtual Church Service 11:00 Mother's Day Lunch Buffet 1:00 Matinee Movie: Nonnas 2:00 Church Service w/ Faith Community Church 3:00 Ice Cream SundaeSundays 6:00 Honoring Heros Movie: Lone Survivor</p>	<p>9:00 Walkers Club w/ Maryanna 9:30 Communion with Deacon Dennis 10:00 Rosary Group 10:30 Daily Chronicles Tea, Frappes & Coffee in the Bistro 1:30 Crafts w/ Maryanna Making Hand Creams 3:00 Yoga w/ Myrlene from AAFC 6:00 Secrets of the Bees</p>	<p>9:00 Low Impact Cardio 9:30 Deseret Industries Thrift Store 10:30 Prize Ticket Bingo 1:30 Beading w/ Sue 2:30 Balloon Volleyball 3:00 Concert in the Theater: James Taylor: Live at the Beacon Theater 3:00 New Resident Activities Meet & Greet 5:00 Dominos 6:00 Resident Movie Pick</p>	<p>9:30 What's Cooking with Maryanna: Apple Empanadas 10:30 Pet Therapy Visit w/ Gigi & Dolly The Rainbow Poodle 11:00 Yoga w/ Myrlene from AAFC 1:30 Pima County Library Book Mobile 1:30 Flower Arranging 2:00 Sip & Refresh Beverages 2:30 Tony Bruce * New Performer 5:00 Puzzles in the Living Room 6:00 Classic Movie: Grease</p>	<p>9:30 Balance w/ Rosanda 10:30 Brain Games 1:00 Afternoon Rummikub For Beginners 2:00 Resident Led Bible Study 3:00 Social: Mini Sliders w/ Grilled Pineapple 6:00 Comedy Movie: Harry & the Hendersons 6:30 Resident Ran Uno!</p>	<p>9:00 Low Impact Cardio w/ Rosanda 9:30 Farkle 10:30 Prize Bingo 1:30 Balloon Volleyball 3:00 Resistance Training w/ Myrlene From AFCC 5:00 Mindful Meditations on YouTube 6:00 Tough Guy Movie: The Grey Man</p>	<p>8:30 Shopping at Dollar Store 10:30 Bunco 1:30 Afternoon Stretch w/ Katie 2:00 Short Game of Crazy 8's 3:00 Group Book Club: Secrets from the Vinyl Café by Stuart McLean 6:00 Saturday Night Movie: The Finest Hour</p>
<p>9:00 Fresh Air and Fellowship Walk 10:00 Sunday Morning Scenic Bus Ride 10:30 Virtual Church Service 1:00 Matinee Movie: Mrs. Doubtfire 1:30 You Be the Judge 2:00 Wii Bowling 3:00 Smoothie Sundays 6:00 Honoring Heros Movie: Hacksaw Ridge</p>	<p>9:00 Walkers Club w/ Maryanna 9:30 Communion with Deacon Dennis 10:00 Rosary Group 10:30 Daily Chronicles Tea, Frappes & Coffee in the Bistro 1:30 Crafts w/ Maryanna Sunflower Clothspin Wreath 3:30 Prize Ticket Store 3:00 Yoga w/ Myrlene from AAFC 6:00 Ghost Elephants</p>	<p>9:00 Low Impact Cardio 9:30 Group Word Search 10:30 Lunch at El Charros 11:00 Concert in the Theater: John Denver BBC Concert 1:30 Prize Ticket Bingo 3:00 Senior Citizens Day w/ Aegis Ice Cream Sundae Bar 5:00 Dominos 6:00 Resident Movie Pick</p>	<p>9:30 What's Cooking with Maryanna: Mango Salsa and Guacamole 11:00 Yoga w/ Myrlene from AAFC 1:30 Flower Arranging 2:00 Town Hall Meeting 2:30 Country Western w/ Tommy P 5:00 Puzzles in the Living Room 6:00 Classic Movie: Sabrina</p>	<p>9:30 Balance w/ Rosanda 10:30 Battle of the Sexes * New Game 1:00 Afternoon Rummikub For Beginners 2:00 Resident Led Bible Study 3:00 Social: Strawberries & Cream Milkshakes 6:00 Comedy Movie: Thelma 6:30 Resident Ran Uno!</p>	<p>9:00 Low Impact Cardio w/ Rosanda 9:30 Farkle 10:30 Prize Bingo 1:30 Balloon Volleyball 3:00 Resistance Training w/ Myrlene From AAFC 5:00 Mindful Meditations on YouTube 6:00 Tough Guy Movie: Nobody</p>	<p>9:00 Walkers Club w/ Rosanda 9:30 Bunco 11:00 Bean Bag Toss 1:30 Afternoon Stretch w/ Katie 2:00 Finish the Sentence 3:00 Wine & Trivia Happy Hour 6:00 Saturday Night Movie: The Meddler</p>
<p>9:00 Fresh Air and Fellowship Walk 10:00 Wii Bowling 10:30 Virtual Church Service 11:00 Great Lakes Exploration Travelogue 1:00 Movie Matinee: Gold 2:00 Church Service w/ Faith Community Church 3:00 Ice Cream Sundae Sundays 6:00 Honoring Heros Movie: We Were Soldiers</p>	<p>9:00 Walkers Club w/ Maryanna 10:00 Rosary Group 10:00 Food Meeting w/ Chef Arine 10:30 Daily Chronicles Tea, Frappes & Coffee in the Bistro 11:00 Memorial Day BBQ 1:30 Craft w/ Maryanna: Succulent Stone Art 3:00 Sharing Memories of Loved Ones Who Served 6:00 The Flag Makers</p>	<p>9:00 Low Impact Cardio 9:30 Agua Caliente Picnic 9:30 Group Word Search 10:30 Concert in the Theater: Elvis Presley in Las Vegas 1:30 Prize Ticket Bingo 3:00 Phase 10 5:00 Dominos 6:00 Resident Movie Pick</p>	<p>9:30 What's Cooking with Maryanna: Tres Leches Cake 10:30 Pet Therapy Visit w/ Gigi & Lilith the Cat 11:00 Yoga w/ Myrlene from AAFC 1:30 Flower Arranging 2:00 Sip & Refresh Beverages 2:30 Feel Good Music w/ 5/7 Adkins & Anderson 5:00 Puzzles in the Living Room 6:00 Classic Movie: Casablanca</p>	<p>8:30 Shopping at Walmart 9:30 Balance w/ Rosanda 11:30 Summertime Pizza Party 1:00 Afternoon Rummikub For Beginners 2:00 Resident Led Bible Study 3:00 Social: Backyard Game Day w/ Iced Tea & Watermelon 6:00 Comedy Movie: Kindergarten Cop 6:30 Resident Ran Uno!</p>	<p>9:00 Low Impact Cardio w/ Rosanda 9:30 Farkle 10:30 Prize Bingo 1:30 Balloon Volleyball 3:00 Resistance Training w/ Myrlene From AAFC 5:00 Mindful Meditations on YouTube 6:00 Tough Guy Movie: Nobody 2</p>	<p>9:00 Walkers Club w/ Rosanda 9:30 Bunco 11:00 Drumming for Fitness 1:30 Afternoon Stretch w/ Katie 2:00 AtoZ The Masters of the Desert History Talk w/ Keri 3:00 Root Beer Tast Testing! Barges vs A&W 6:00 Saturday Night Movie: Mafia Mamma</p>
<p>9:00 Fresh Air and Fellowship Walk 10:00 Sunday Morning Scenic Bus Ride 10:30 Virtual Church Service 1:00 Matinee Movie: The Lady on the Van 1:30 You Be the Judge 2:00 Wii Bowling 3:00 Smoothie Sundays 6:00 Honoring Heros Movie: Good</p>						



"May is the month of beauty, where we can appreciate the world around us." - Unknown

