

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

Sierra Place Senior Living



9:00AM: **Self-Led Exercise** 1
(3rd Floor)

10:00AM: **UNO**
(2nd Floor)

1:00PM: **B-I-N-G-O**
(3rd Floor)

2:00PM: **Blackjack**
(2nd Floor)

May Day

9:00AM: **Video Exercises** 2
(3rd Floor)

10:00AM: **UNO** (3rd Floor)

1:00PM: **Movie Matinee**
'Soul on Fire'

3:00PM: **Dominos**
(2nd Floor)

5:45PM: **Bible Study w/Chris**
(2nd Floor)

9:00AM: **Fitness w/Verna** 3
(3rd Floor)

10:15AM: **Texas Hold Em'**
(2nd Floor)

1:00PM: **B-I-N-G-O** (3rd Floor)

2:30PM: **Manicures** (2nd Floor)

3:00PM: **Church Service**
(3rd Floor)

Pet Therapy

10:00AM: **Blackjack** 4
(2nd Floor)

1:00PM: **Putting Golf Green**
(2nd Floor)

2:00PM: **Book Club**
(2nd Floor)

3:30PM: **Rummikub**
(2nd Floor)

National Star Wars Day

9:00AM: **Fitness w/ Verna** 5
(3rd Floor)

10:00AM: **Catholic Communion**
(2nd Floor)

2:00PM: **Cinco de Mayo Celebration** (3rd Floor)

3:00PM: **Dominos** (2nd Floor)

Cinco de Mayo

10:00AM: **Walk w/Me** 6
(Meet in Exercise Room)

10:30AM: **Ladies of the Church/Fellowship** (3rd Floor)

12:00PM: **Lunch Bunch to La Posada Real**
(Sign up at Front Desk)

1:30PM: **What's in a Word**
(3rd Floor)

9:00AM: **Fitness w/Verna** 7
(3rd Floor)

10:15PM: **Texas Hold Em'**
(2nd Floor)

1:00PM: **Balloon Volleyball**
(3rd Floor)

3:00PM: **Entertainment w/Jim**
(3rd Floor)

9:00AM: **Self-Led Exercise** 8
(3rd Floor)

10:00AM: **UNO**
(2nd Floor)

1:00PM: **B-I-N-G-O**
(3rd Floor)

2:00PM: **Blackjack**
(2nd Floor)

9:00AM: **Video Exercises** 9
(3rd Floor)

10:00AM: **UNO** (3rd Floor)

1:00PM: **Movie Matinee**
'Caramelo'

3:00PM: **Dominos**
(2nd Floor)

5:45PM: **Bible Study w/Chris**
(2nd Floor)

9:00AM: **Fitness w/Verna** 10
(3rd Floor)

10:15AM: **Texas Hold Em'**
(2nd Floor)

1:00PM: **B-I-N-G-O** (3rd Floor)

2:30PM: **Manicures** (2nd Floor)

3:00PM: **Church Service**
(3rd Floor)

Mother's Day
National Seder Monday
Mother's Day

10:00AM: **Blackjack** 11
(2nd Floor)

1:00PM: **Putting Golf Green**
(2nd Floor)

2:00PM: **Book Club**
(2nd Floor)

3:30PM: **Rummikub**
(2nd Floor)

Mother's Day

9:00AM: **Fitness w/ Verna** 12
(3rd Floor)

10:00AM: **Catholic Communion**
(2nd Floor)

2:00PM: **Chef's Chat w/Cody**
(Dining Room)

3:00PM: **Dominos**
(2nd Floor)

10:00AM: **Walk w/Me** 13
(Meet in Exercise Room)

10:30AM: **Ladies of the Church/Fellowship**
(3rd Floor)

1:00PM: **What's in a Word**
(3rd Floor)

2:30PM: **Scrabble Challenge**
(2nd Floor)

9:00AM: **Fitness w/Verna** 14
(3rd Floor)

10:15PM: **Texas Hold Em'**
(2nd Floor)

2:00PM: **Resident Townhall**
(3rd Floor)

3:00PM: **Entertainment w/ Marc Anthony**
(3rd Floor)

9:00AM: **Self-Led Exercise** 15
(3rd Floor)

10:00AM: **UNO**
(2nd Floor)

12:30PM: **BBQ**
Harley's Car Show
(Outside)

9:00AM: **Video Exercises** 16
(3rd Floor)

10:00AM: **UNO** (3rd Floor)

1:00PM: **Movie Matinee**
'My Girl'

3:00PM: **Dominos**
(2nd Floor)

5:45PM: **Bible Study w/Chris**
(2nd Floor)

9:00AM: **Fitness w/Verna** 17
(3rd Floor)

10:15AM: **Texas Hold Em'**
(2nd Floor)

1:00PM: **B-I-N-G-O** (3rd Floor)

2:30PM: **Manicures** (2nd Floor)

3:00PM: **Church Service**
(3rd Floor)

Pet Therapy

10:00AM: **Blackjack** 18
(2nd Floor)

1:00PM: **Putting Golf Green**
(2nd Floor)

2:00PM: **Book Club**
(2nd Floor)

3:30PM: **Rummikub**
(2nd Floor)

National No Dirty Dish Day

9:00AM: **Fitness w/ Verna** 19
(3rd Floor)

10:00AM: **Catholic Communion**
(2nd Floor)

2:00PM: **Karaoke w/Tim**
(3rd Floor)

3:00PM: **Dominos**
(2nd Floor)

10:00AM: **Walk w/Me** 20
(Meet in Exercise Room)

10:30AM: **Ladies of the Church/Fellowship**
(3rd Floor)

1:00PM: **What's in a Word**
(3rd Floor)

2:30PM: **Ice-Cream Social**
(Outside/Gazebo Area)

9:00AM: **Fitness w/Verna** 21
(3rd Floor)

10:15PM: **Texas Hold Em'**
(2nd Floor)

1:00PM: **Balloon Volleyball**
(3rd Floor)

3:00PM: **Entertainment w/Hallie** (3rd Floor)

Shavuot Begins

9:00AM: **Self-Led Exercise** 22
(3rd Floor)

10:00AM: **UNO**
(2nd Floor)

1:00PM: **B-I-N-G-O**
(3rd Floor)

2:00PM: **Blackjack**
(2nd Floor)

9:00AM: **Video Exercises** 23
(3rd Floor)

10:00AM: **UNO** (3rd Floor)

1:00PM: **Movie Matinee**
'Feel My Voice'

3:00PM: **Dominos**
(2nd Floor)

5:45PM: **Bible Study w/Chris**
(2nd Floor)

9:00AM: **Fitness w/Verna** 24
(3rd Floor)

10:15AM: **Texas Hold Em'**
(2nd Floor)

1:00PM: **B-I-N-G-O** (3rd Floor)

2:30PM: **Manicures** (2nd Floor)

3:00PM: **Church Service**
(3rd Floor)

Pet Therapy

10:00AM: **Blackjack** 25
(2nd Floor)

1:00PM: **Putting Golf Green**
(2nd Floor)

2:00PM: **Book Club**
(2nd Floor)

3:00PM: **Sierra Place Store**
(3rd Floor)

Memorial Day

9:00AM: **Fitness w/ Verna** 26
(3rd Floor)

10:00AM: **Catholic Communion**
(2nd Floor)

1:30PM: **It's Craft Time**
(2nd Floor)

3:00PM: **Dominos**
(2nd Floor)

10:00AM: **Walk w/Me** 27
(Meet in Exercise Room)

10:30AM: **Ladies of the Church/Fellowship**
(3rd Floor)

1:00PM: **What's in a Word**
(3rd Floor)

3:00PM: **Birthday Bash**
(3rd Floor)

9:00AM: **Fitness w/Verna** 28
(3rd Floor)

10:15PM: **Texas Hold Em'**
(2nd Floor)

12:30PM: **Senior Center Outing/BINGO**
(Sign up at Front desk)

3:00PM: **Yahtzee** (2nd Floor)

9:00AM: **Self-Led Exercise** 29
(3rd Floor)

10:00AM: **UNO**
(2nd Floor)

1:00PM: **B-I-N-G-O**
(3rd Floor)

2:00PM: **Blackjack**
(2nd Floor)

9:00AM: **Video Exercises** 30
(3rd Floor)

10:00AM: **UNO** (3rd Floor)

1:00PM: **Movie Matinee**
'The Life List'

3:00PM: **Dominos**
(2nd Floor)

5:45PM: **Bible Study w/Chris**
(2nd Floor)

9:00AM: **Fitness w/Verna** 31
(3rd Floor)

10:15AM: **Texas Hold Em'**
(2nd Floor)

1:00PM: **B-I-N-G-O** (3rd Floor)

2:30PM: **Manicures** (2nd Floor)

3:00PM: **Church Service**
(3rd Floor)

Pet Therapy

Staff Birthdays

Eze M. 05/05
Chris F. 05/20
Chemane F. 05/23

Residents Birthdays

Ruth B. 05/01 Claudia A. 05/10
Al T. 05/02 BB H. 05/18
Louise D. 05/03 Mary H. 05/19
Jean H. 05/07 Jerry L. 05/24

People born in May are generally very active and successful in roles requiring movement. Known to be very determined to achieve their goals. Often thrive in social settings, full of life and energy.

