

# June

# 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
	9:15 Ever-Fit (DW)	9:15 Zumba Gold (DW)	9:15 Ever-Fit (DW)	9:15 Ever-Fit (DW)	9:15 Ever-Fit (DW)	
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
9:15 Ever-Fit (DW)	9:15 Ever-Fit (DW)	9:15 Zumba Gold (DW)	9:15 Ever-Fit (DW) 1:00 Walking Group (Lobby)	9:15 Zumba Gold (DW)	9:15 Ever-Fit (DW)	9:15 Ever-Fit (DW)
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
9:15 Ever-Fit (DW)	9:15 Ever-Fit (DW)	9:15 Zumba Gold (DW)	9:15 Ever-Fit (DW)	9:15 Ever-Fit (DW)	9:15 Ever-Fit (DW)	9:15 Ever-Fit (DW)
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
9:15 Ever-Fit (DW)	9:15 Ever-Fit (DW)	9:15 Zumba Gold (DW)	9:15 Ever-Fit (DW)	9:15 Zumba Gold (DW)	9:15 Ever-Fit (DW)	9:15 Ever-Fit (DW)
<b>28</b>	<b>29</b>	<b>30</b>				
9:15 Ever-Fit (DW)	9:15 Ever-Fit (DW)	9:15 Ever-Fit (DW)				





# Cascade Living Group

*The Difference Between Living and Living Well*