



900 W. Alpine Way
Shelton, WA 98584

Phone: (360) 426-2600
Fax: (360) 427-3299

www.AlpineWayLiving.com



www.facebook.com/alpinewayliving

June Resident Birthdays

6/4 Nancy D.
6/11 Virginia S.
6/16 Debra B.
6/18 Lee K.
6/23 Vince H.
6/27 Don S.
6/28 Max K.

June Staff Birthdays

6/2 Amber L.
6/3 Laura S.
6/4 Rebecca S.
6/13 Megan B.
6/13 Faith W.
6/14 Yolanda M.
6/25 Robin B.

Alpine Way

June 2026

Alpine Way | 900 W. Alpine Way, Shelton WA, 98584 | 360-426-2600 |



Meet Our Team!

Executive Director

Trudy Hunter
TrudyH@Cascadeliving.com

Wellness Director

Laura Stevens
LauraS@cascadeliving.com

Assistant Wellness Director

Savannah Thomas
SavannahT@Cascadeliving.com

Marketing Director

Cyndy Armitage
CyndyA@cascadeliving.com

Business Office Manager

Maria Poulos
MariaP@cascadeliving.com

Life Enrichment Director

Kimberly Butcher
KimberlyB@cascadeliving.com

Environmental Director

Travis Wagner
TravisW@cascadeliving.com

Plant Operations Director

Rod Davis
RodD@cascadeliving.com

Dining Services Director

Donna Jorgenson
DonnaJ@cascadeliving.com

Notes from the Far Pacific

A cruise through the South Pacific has long occupied a special place in the travel imagination—part adventure tale, part musical refrain, part postcard fantasy. Sailing between Tahiti, Bora Bora, and Fiji feels like stepping into a lineage of seafaring lore shaped by Polynesian navigators, European explorers, and generations of travelers drawn by warm water and distant horizons.

Tahiti is often the gateway, where volcanic peaks rise sharply from the sea and harbors hum with modern cruise traffic layered atop ancient maritime traditions. Bora Bora, with its famously luminous lagoon, has become shorthand for paradise—yet its geography tells a deeper story of coral reefs, protected anchorages, and strategic island chains that once guided ocean crossings by the stars. Farther west, Fiji offers a different rhythm: a scattering of islands where sailing routes weave between village shores and where boats remain central to daily life as well as tourism.

These destinations are dreamlike not just for their scenery but for their place in cultural memory. The South Pacific has been mythologized in literature and film, most famously in *South Pacific*, whose songs cemented the region as a symbol of romance, distance, and moral reckoning. Long before cruise itineraries, mariners swapped stories of trade winds, hidden reefs, and weeks-long passages that turned the ocean itself into a proving ground.

That maritime heritage feels especially timely during National Fishing and Boating Week, observed June 6–14, 2026, when attention turns to life on the water and the skills that make ocean travel possible. A South Pacific cruise underscores those fundamentals—navigation, seamanship, respect for weather—while wrapping them in modern comfort. As the summer solstice approaches on June 21, daylight is shorter in the southern hemisphere, but tropical warmth keeps the islands inviting and the waters endlessly navigable.

In the end, cruising Tahiti, Bora Bora, and Fiji isn't just about escape. It's about tracing old sea lanes, revisiting familiar songs and stories, and seeing why the South Pacific continues to anchor the idea of a true journey.

Thank you for an amazing Cinco de Mayo Fiesta last month!



June is Wedding Month

"Walk Down Memory Lane"
We would like to invite everyone to share their wedding photos with us!

Do you have an old wedding dress or veil? We would love to include those in our display too.

We will be displaying them in the lobby for the month of June.

Other activities in honor of this are:
- Guessing Game with the wedding photos
- Wedding Day Reminiscing
- Flower Arranging of bouquets

If you would like to participate, please bring your wedding photo to the Front Desk or Life Enrichment to make a copy.

SHOW & TELL CRAFTS & TREASURES

DO YOU HAVE A CRAFT OR TREASURE THAT YOU WOULD LIKE TO SHARE WITH OTHER RESIDENTS?

WE WANT TO SEE IT AND HEAR THE STORY BEHIND THE OBJECT

PLEASE SIGN UP AT THE FRONT DESK

MAY 23 2:00PM
Cedar Dining Room

CERTIFIED NURSING ASSISTANT WEEK

JUNE 11TH - JUNE 17TH

Join us on Tuesday June 9th to make Thank You Cards for our CNAs!

SUNDAY JUNE 21ST

FATHER'S DAY CLASSIC CAR SHOW

ALPINE WAY PRESENTS **SPIRIT WEEK** WEEK OF JUNE 11 - JUNE 17

THURSDAY	PIRATE DAY	DRESS LIKE A PIRATE DAY!
FRIDAY	DISNEY DAY	BRING YOUR DISNEY LOOKS!
SATURDAY	TIE DYE DAY	WEAR YOUR FAVORITE TIE DYE SHIRT!
SUNDAY	WACKY PATTERN DAY	WEAR ALL YOUR WACKY PATTERNS, STRIPES & POLKA DOTS!
MONDAY	80'S DAY	DRESS LIKE YOU'RE FROM THE 80'S!
TUESDAY	HAWAIIAN SHIRT DAY	WEAR YOUR FAVORITE HAWAIIAN SHIRT!
WEDNESDAY	PINK DAY	WEAR YOUR FAVORITE PINK CLOTHES!

WE HOPE YOU CAN PARTICIPATE IN THIS FUN SUMMER SPIRIT WEEK-ALL DAYS ARE OPTIONAL

ALPINE WAY PRESENTS

TRIVIA

Friday June 26th @ 3pm
in the Dogwood

GET THERE EARLY, PLAY WILL BEGIN AT 3

TEST YOUR KNOWLEDGE & WIN PRIZES!