

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Activity Key</b> RL- Resident Lead O- Outing MC- Memory Care IL- Independent Living BP- Back Patio DR- Dining Room WC – World Cup	10:00 Dollar Store – O <b>1</b> 10:00 Daily Chronicle 10:30 Seated Exercise 11:00 Gardening 1:00 Water Coloring 1:30 Guitar Gil – DR 3:00 Bingo with Brendan 6:00 Table Games 6:40 Mariners vs. Mets	9:30 Morning News <b>2</b> 10:00 Brain Games 10:30 Claudia's Zumba 11:00 Gardening 1:00 Bible Study – IL 1:30 Vitamin D Hour – BP 2:30 Summer Coloring 3:30 Popsicles 6:40 Mariners vs. Mets	10:00 Brain Games <b>3</b> 10:30 Yoga & Stretching 11:00 Meditation 12:40 Mariners vs. Mets 1:30 Vitamin D Hour – BP 3:00 Bingo with Brendan 4:30 Special Dinner 6:00 Evening News	9:30 Morning News <b>4</b> 10:00 Daily Chronicle 10:30 Claudia's Zumba 11:00 Gardening 1:00 Bible Study – IL 1:30 Balloon Bop 2:00 Gatorball Bowling 3:00 Music with Melissa & Larry – DR	10:00 Fred Meyer – O <b>5</b> 10:00 Brain Games 10:30 Seated Thai Chi 11:00 Gardening 1:30 Resident Town Hall 3:00 Donut & Ice Cream Social 3:40 Mariners vs. Tigers 6:00 Movie of Choice	9:15 Table Games – DR <b>6</b> 10:10 Mariners vs. Tigers 10:30 Seated Yoga 11:00 Gardening 1:00 Yahtzee 2:00 Scrabble 3:30 Bingo with Brendan 6:00 Puzzle – RL
9:30 Daily Chronicle <b>7</b> 10:00 Virtual Worship 10:30 Zen Meditation 10:40 Mariners vs. Tigers 11:00 Gardening 1:30 Balloon Bop 2:30 Vitamin D Hour – BP 3:30 Comedy Show of Choice	9:30 Morning News <b>8</b> 10:00 Walmart – O 10:00 Daily Chronicle 10:30 Exercise with Marshal 11:00 Gardening 1:30 Comedy Show of Choice 3:00 Bingo with Brendan 3:35 Mariners vs. Orioles 6:00 Table Games – RL	9:30 Morning News <b>9</b> 10:00 Brain Games 10:30 Claudia's Zumba 11:00 Gardening 1:00 Bible Study – IL 1:30 Daily Chronicle 2:00 Kaera's Corner 3:00 Vitamin D Hour – BP 3:35 Mariners vs. Orioles	10:00 Brain Games <b>10</b> 10:45 PT with Christy 11:15 Deep Breathing Exercise 1:00 Vitamin D Hour – BP 2:00 Snacks & Iced Tea 3:00 Bingo with Brendan 3:35 Mariners vs. Orioles 6:00 Evening News	9:30 Morning News <b>11</b> 10:00 Brain Games 10:30 Claudia's Zumba 1:00 Bible Study – IL 1:30 Snow Cones 2:00 Vitamin D Hour – BP 3:00 Creative Hour 4:05 Mariners vs. Orioles 6:00 Puzzle – RL	10:00 Fred Meyer – O <b>12</b> 10:00 Brain Games 10:30 Seated Stretching 11:00 Gardening 1:30 Daily Chronicle 2:00 Cabaret Performance 3:00 Vitamin D Hour – BP 3:45 Mariners vs. Nationals 6:00 USA vs. Paraguay -WC	9:15 Table Games – DR <b>13</b> 10:30 Seated Thai Chi 11:00 Gardening 1:05 Mariners vs. Nationals 1:30 Scrabble 2:30 Summer Coloring 3:30 Bingo with Brendan 6:00 Evening News 6:30 Movie of Choice
9:30 Virtual Worship <b>14</b> 10:30 Seated Exercise 10:35 Mariners vs. Nationals 11:00 Gardening 1:00 Comedy Show of Choice 3:00 Creativity Hour – RL 6:00 Evening News  Flag Day (U.S.)	9:30 Morning News <b>15</b> 10:00 TJ Maxx – O 10:30 Exercise with Marshal 11:00 Meditation 1:00 Gardening 1:30 Creamsicles 3:00 Bingo with Brendan 6:30 Movie of Choice	10:00 Brain Games <b>16</b> 10:30 Claudia's Zumba 12:00 Men's Lunch 1:00 Bible Study – IL 1:30 Summer Woodcraft 2:30 June Trivia 3:30 Vitamin D Hour – BP 6:00 Evening News 6:30 Movie of Choice	9:30 Morning News <b>17</b> 10:00 Hymn & Devotion 10:30 Exercise Video 11:00 Gardening 1:30 Bingo Store – DR 3:30 Vitamin D Hour – BP 6:00 Table Games – RL 6:40 Mariners vs. Orioles	10:00 Brain Games <b>18</b> 10:30 Claudia's Zumba 11:00 Meditation 1:00 Bible Study – IL 1:10 Mariners vs. Orioles 2:00 Kent Mayor Visit – IL 2:00 Vitamin D Hour – BP 3:00 Music with Melissa & Larry – DR	10:00 Fred Meyer – O <b>19</b> 10:00 Brain Games 10:30 Balloon Bop 1:30 Juneteenth Trivia & History 3:00 Karaoke 4:30 Juneteenth Dinner 7:10 Mariners vs. Red Sox  Juneteenth	9:15 Table Games – DR <b>20</b> 10:30 Seated Thai Chi 11:00 Meditation 1:00 Father's Day BBQ – DR 1:30 Scrabble 2:30 Gardening 3:30 Bingo with Brendan 6:00 Evening News 7:10 Mariners vs. Red Sox
9:30 Virtual Worship <b>21</b> 10:00 Morning News 10:30 Deep Breathing Exercise 11:00 Seated Yoga 1:10 Mariners vs. Red Sox 1:30 Movie of Choice 3:30 Summer Coloring  Father's Day Summer Begins	9:30 Morning News <b>22</b> 10:00 Target – O 10:30 Exercise with Marshal 11:00 Meditation 1:00 Gardening 1:30 Creativity Hour – RL 3:00 Bingo with Brendan 6:30 Movie of Choice	9:30 Morning News <b>23</b> 10:00 Brain Games 10:30 Claudia's Zumba 11:00 Gardening 1:00 Bible Study – IL 1:30 Ocean's Trivia 3:40 Mariners vs. Pirates 4:30 Sock Hop – DR 6:00 Puzzle – RL	10:00 Brain Games <b>24</b> 10:45 PT with Christy 11:15 Meditation 1:00 Gardening 1:30 Summer Baking with Kaera 3:00 Bingo with Brendan 3:40 Mariners vs. Pirates 6:00 Evening News	9:35 Mariners vs. Pirates <b>25</b> 10:00 Brain Games 10:30 Support Group – IL 10:30 Claudia's Zumba 11:00 Gardening 1:00 Bible Study – IL 1:30 Jokes with Brendan 2:30 Monthly Birthday Social 3:00 Dementia Ed – MC	10:00 Fred Meyer – O <b>26</b> 10:00 Brain Games 10:30 Seated Thai Chi 11:00 Gardening 1:30 Summer Craft 3:00 Karaoke 4:10 Mariners vs. Guardians 5:00 Pizza Movie Night 6:30 Evening News	9:15 Table Games <b>27</b> 10:30 Seated Stretches 11:00 Meditation 1:00 Gardening 1:30 Scrabble 3:30 Bingo with Brendan 4:10 Mariners vs. Guardians 6:00 Evening News
10:00 Virtual Worship <b>28</b> 10:30 Seated Yoga 10:40 Mariners vs. Guardians 2:30 Worship with the Schaffer's - DR 3:00 Comedy Show of Choice 6:00 Card Games – RL	10:00 Costco – O <b>29</b> 10:00 Morning News 10:30 Exercise with Marshal 11:00 Gardening 1:00 Movie of Choice 3:00 Bingo with Brendan 6:00 Puzzle – RL 6:40 Mariners vs. Angels	10:00 Brain Games <b>30</b> 10:30 Claudia's Zumba 11:00 Gardening 1:00 Bible Study – IL 1:00 Ice Cream Party 2:30 Karaoke 3:00 Creativity Hour – RL 6:00 Evening News 6:40 Mariners vs. Angels	<h1>June 2026</h1> <p>Happy Birthday! 6/1 Fred A. 6/3 Betty C. 6/12 Greg N. 6/28 Mathie J.</p>			