

Sunday

Monday

Tuesday

Wednesday

Thursday




Friday

Saturday



# May 2026

## Ashley Gardens

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>8:00 ZEN MUSIC</b> 9:00 ~SPIRITUAL ELDERCARE &amp; DAILY DEVOTIONAL LITERATURE DAILY CHRONICLES 10:00 BRAIN PUZZLES 11:00 ART 1:00 BOARD GAMES 2:00-3:00 SNACK SOCIAL 3:00 SUNDAY MATINEE &amp; 1:1s</p> <p><b>6:00 NAMASTE: AROMATHERAPY</b></p>	<p><b>8:00 ZEN MUSIC</b> 9:00 DAILY CHRONICLES 10:00 THE PRICE IS RIGHT 11:00 SING ALONG w/ SUZY Q 12:00<sup>A</sup> RESIDENT COUNCIL &amp; ACTIVITY COMMITTEE LUNCHEON 1:00 CARDS &amp; DOMINOS 2:00 SNACK &amp; HYDRATE 3:00 ART PAGES</p> <p><b>6:00 WHEEL OF FORTUNE</b></p>	<p><b>CINCO DE MAYO</b> 10:00 DAILY CHRONICLE 10:30<sup>AB/12:30</sup><sup>CD</sup> GARDEN PLANNING 1:00<sup>AB/3:00</sup><sup>CD</sup> TRAVELOUGE DESTINATION: MEXICO CITY 2:00 BOTANAS 3:00<sup>CD</sup> EVERFIT w/ LENA 3:30<sup>AB</sup> CHAIR YOGA &amp; HUMOR 5:00 ¡VIVA LA FIESTA! <small>Cinco de Mayo</small></p>	<p><b>NURSES WEEK – THANK YOU:)</b> 8:00 ZEN MUSIC 9:00 DAILY CHRONICLES 10:00 SORTING/FOLDING 10:30<sup>B</sup> GENTLE STRETCH 1:00 SCENIC DRIVE 2:00-3:00 REFUEL &amp; HYDRATE 3:00<sup>B</sup> AEROBICS with LENA</p> <p>6:00 AROMATHERAPY &amp; PIANO CLASSICAL PLAYLIST</p>	<p><b>NURSES WEEK – THANK YOU:)</b> 8:00 ZEN MUSIC 9:00 DAILY CHRONICLES 10:00 SORTING/FOLDING 12:30 HAIR &amp; MAKEUP FOR SHOW 2:00 MOTHER'S DAY TEA &amp; FASHION SHOW @THE WILLOWS 3:00<sup>C</sup> EVERFIT ZUMBA w/ JUNKO</p> <p>5:30 NATIONAL PARKS: SCENIC SENSORY FILM</p>	<p><b>MAY DAY</b> 8:00 ZEN MUSIC 9:00 DAILY CHRONICLES 9:30 DEXTERITY VIDEO w/ STAFF 10:00 FAMILY FEUD 1:00 WORD MINING 2:00-3:00 REFUEL &amp; HYDRATE 3:00 BOARD GAMES 4:00 TABLE SETTING 6:00 FRIDAY NIGHT MOVIE <small>May Day</small></p>	<p><b>KENTUCKY DERBY DAY</b> 8:00 ZEN MUSIC 9:00 DAILY CHRONICLES 10:00 LIVE MUSIC! w/ STACIE 11:00 WALKING CLUB (RL) 1:00 ADULT COLORING 2:00 REFRESHMENT &amp; SOCIAL HOUR w/ LINDIMOO 3:00 BRAIN GAMES 3:57 KENTUCKY DERBY 6:00 WESTERNS</p>
<p><b>NURSES WEEK – THANK YOU:)</b> 10:30 HAPPY MOTHER'S DAY! 10:30 LIVE MUSIC! w/ STACIE 12:00 MOTHER'S DAY MEAL w/ FRIENDS &amp; FAMILY 1:30<sup>B</sup> WII BOWLING 2:30<sup>CD</sup> FLOWER ARTS &amp; CRAFTS 3:00 SUNDAY MATINEE &amp; 1:1s <small>Mother's Day National Skilled Nursing Care Week</small></p>	<p><b>8:00 ZEN MUSIC</b> 9:00 DAILY CHRONICLES 10:00 SCENIC DRIVE (A/B) 11:00 SING ALONG w/ SUZY Q 12:00<sup>B</sup> RESIDENT COUNCIL &amp; ACTIVITY COMMITTEE LUNCHEON 1:00 SCENIC DRIVE (C/D) 2:00 SNACK &amp; HYDRATE 3:00<sup>B</sup> PAINTING CLASS</p> <p><b>6:00 WHEEL OF FORTUNE</b></p>	<p><b>NURSES WEEK – THANK YOU:)</b> 8:00 ZEN MUSIC 9:00 DAILY CHRONICLES 10:15<sup>AB</sup> NAMASTE – HAND SPA DOMINOS &amp; CARDS (RL) 1:00<sup>CD</sup> NAMASTE HAND SPA ADULT COLORING (RL) 2:00 SOCIAL HOUR &amp; SNACK 3:00<sup>CD</sup> EVERFIT ZUMBA w/ JUNKO 3:30<sup>AB</sup> CHAIR YOGA &amp; HUMOR 6:00 EARTH ~ ATTENBOROUGH</p>	<p><b>8:00 ZEN MUSIC</b> 9:00 DAILY CHRONICLES 10:30 THERAPY DOGS 12:00<sup>A</sup> GARDEN LUNCH 1:00 JIGSAW PUZZLES 1:00<sup>CD</sup> GOOGLE EARTH: YOUR HOMETOWN (LR GROUP) 2:00-3:00 SNACK AND HYDRATE 3:00<sup>A</sup> AEROBICS w/ LENA 3:30<sup>C/4:00</sup><sup>D</sup> DEXTERITY &amp; STRETCH 6:00 CHOPIN</p>	<p><b>8:00 ZEN MUSIC</b> 9:00 DAILY CHRONICLES 10:00 SORTING/FOLDING 10:15<sup>AB/11:00</sup><sup>CD</sup> BEAN BAG TOSS 1:00 GAMES: JENGA, DOMINOS, 21 2:00-3:00 REFUEL &amp; HYDRATE 3:00 EVERFIT ZUMBA w/ JUNKO 3:00<sup>AB/3:45</sup><sup>CD</sup> GARDEN STROLL 4:00 TABLE SETTING</p> <p>6:00 SENSORY SCENES</p>	<p><b>8:00 ZEN MUSIC</b> 9:00 DAILY CHRONICLES 9:30 DEXTERITY VIDEO w/ STAFF 10:00 FAMILY FEUD 1:00 WORD MINING 2:00-3:00 REFUEL &amp; HYDRATE 3:00 BOARD GAMES 4:00 TABLE SETTING</p> <p>6:00 FRIDAY NIGHT MOVIE</p>	<p><b>ARMED FORCES DAY THANK YOU VETERANS</b>  10:00 THE PRICE IS RIGHT 1:00 PATRIOTIC ART 2:00 REFRESHMENTS 3:00 PATRIOTIC SING ALONG 6:00 MOVIE: SOLDIER LOVE STORY <small>Armed Forces Day</small></p>
<p><b>8:00 ZEN MUSIC</b> 9:00 ~SPIRITUAL ELDERCARE 10:00 ART 10:00<sup>AB</sup> GARDEN CLUB – PLANTING TOMATOS &amp; OUTDOOR WALKING 1:00 SUNDAY MATINEE 1:00<sup>CD</sup> GARDEN CLUB – PLANTING FLOWERS &amp; OUTDOOR WALKING 2:00 REFUEL &amp; 50's SOCIAL HOUR 3:00 WOODSHOP 6:00 NAMASTE: AROMATHERAPY</p>	<p><b>8:00 ZEN MUSIC</b> 9:00 DAILY CHRONICLES 10:00 SCENIC DRIVE (A/B) 11:00 SING ALONG w/ SUZY Q 12:00<sup>C/12:30</sup><sup>D</sup> RESIDENT COUNCIL &amp; ACTIVITY COMMITTEE LUNCHEON 1:00 SCENIC DRIVE (C/D) 2:00 SNACK &amp; HYDRATE 3:00<sup>C</sup> PAINTING CLASS 6:00 WHEEL OF FORTUNE <small>Victoria Day (Canada)</small></p>	<p><b>8:00 ZEN MUSIC</b> 9:00 DAILY CHRONICLES 10:15<sup>AB</sup> NAMASTE – HAND SPA DOMINOS &amp; CARDS (RL) 1:15<sup>CD</sup> LIVE MUSIC! w/ MICHAEL CRAIN 2:00 SOCIAL HOUR &amp; SNACK 3:00<sup>CD</sup> EVERFIT w/ CAROL 3:30<sup>AB</sup> CHAIR YOGA &amp; HUMOR 6:00 EARTH ~ ATTENBOROUGH</p>	<p><b>8:00 ZEN MUSIC</b> 9:00 DAILY CHRONICLES 10:30 THERAPY DOGS 12:00<sup>B</sup> GARDEN LUNCH 1:00 JIGSAW PUZZLES 1:00<sup>AB</sup> GOOGLE EARTH: YOUR HOMETOWN (LR GROUP) 2:00-3:00 SNACK AND HYDRATE 3:00<sup>A</sup> AEROBICS w/ LENA 3:30<sup>C/4:00</sup><sup>D</sup> DEXTERITY &amp; STRETCH 6:00 HAUSER CONCERTO</p>	<p><b>8:00 ZEN MUSIC</b> 9:00 DAILY CHRONICLES 10:00 SORTING/FOLDING 10:15<sup>AB/11:00</sup><sup>CD</sup> BEAN BAG TOSS 1:15 LIVE MUSIC! w/ TOM PETRALIA 2:00-3:00 REFUEL &amp; HYDRATE 3:00<sup>C</sup> EVERFIT ZUMBA w/ JUNKO 3:00<sup>AB/3:45</sup><sup>CD</sup> GARDEN STROLL</p> <p>6:00 SENSORY SCENES <small>Shavuot Begins</small></p>	<p><b>8:00 ZEN MUSIC</b> 9:00 DAILY CHRONICLES 9:30 DEXTERITY VIDEO w/ STAFF 10:00 FAMILY FEUD 1:00 WORD MINING 2:00-3:00 REFUEL &amp; HYDRATE 3:00 BOARD GAMES 4:00 TABLE SETTING</p> <p>6:00 FRIDAY NIGHT MOVIE</p>	<p><b>8:00 ZEN MUSIC</b> 9:00 DAILY CHRONICLES 10:00 THE PRICE IS RIGHT 11:00 WALKING CLUB (RL) 1:00 ADULT COLORING 2:00 REFRESHMENT &amp; SOCIAL HOUR w/ LINDIMOO 3:00 BRAIN GAMES 4:00 TABLE SETTING</p> <p>6:00 WESTERNS</p>
<p><b>8:00 ZEN MUSIC</b> 9:00 ~SPIRITUAL ELDERCARE 10:00 VETERAN'S COFFEE &amp; CHAT 10:00<sup>AB</sup> GARDEN CLUB – PLANTING FLOWERS &amp; OUTDOOR WALKING 1:00 SUNDAY MATINEE 1:00<sup>CD</sup> GARDEN CLUB – PLANTING FLOWERS &amp; OUTDOOR WALKING 2:00 REFUEL &amp; 60's SOCIAL HOUR 3:00 WOODSHOP 6:00 NAMASTE: AROMATHERAPY</p>	<p> <b>WE HONOR OUR VETERANS TODAY THANK YOU FOR YOUR SERVICE</b> "Land of the free, because of the brave." 12:00 MEMORIAL DAY BBQ: FAMILY &amp; FRIENDS ARE WELCOMED guests welcome: contact life enrichment WendyR@cascadeliving.com Memorial Day</p>	<p><b>8:00 ZEN MUSIC</b> 9:00 DAILY CHRONICLES 10:00 DOMINOS &amp; CARDS (RL) 10:15<sup>CD</sup> NAMASTE – HAND SPA 1:30<sup>AB</sup> MAY BIRTHDAYS PARTY featuring LIVE MUSIC! w/ JOEY DEAN 3:00<sup>CD</sup> EVERFIT w/ CAROL 3:30<sup>AB</sup> CHAIR YOGA &amp; HUMOR 6:00 EARTH ~ ATTENBOROUGH</p>	<p><b>8:00 ZEN MUSIC</b> 9:00 DAILY CHRONICLES 10:30 THERAPY DOGS 12:00<sup>CD</sup> GARDEN LUNCH 1:00 JIGSAW PUZZLES 1:00<sup>CD</sup> GOOGLE EARTH: YOUR HOMETOWN (LR GROUP) 2:00-3:00 SNACK AND HYDRATE 3:00<sup>A</sup> AEROBICS w/ LENA 3:30<sup>C/4:00</sup><sup>D</sup> DEXTERITY &amp; STRETCH 6:00 PAVAROTTI</p>	<p><b>8:00 ZEN MUSIC</b> 9:00 DAILY CHRONICLES 10:00 SORTING/FOLDING 10:15<sup>AB/11:00</sup><sup>CD</sup> BEAN BAG TOSS 1:00 GAMES: JENGA, DOMINOS, 21 2:00-3:00 REFUEL &amp; HYDRATE 3:00 EVERFIT ZUMBA w/ JUNKO 3:00<sup>AB/3:45</sup><sup>CD</sup> GARDEN STROLL 4:00 TABLE SETTING</p> <p>6:00 SENSORY SCENES</p>	<p><b>8:00 ZEN MUSIC</b> 9:00 DAILY CHRONICLES 9:30 DEXTERITY VIDEO w/ STAFF 10:00 FAMILY FEUD 1:00 WORD MINING 2:00-3:00 REFUEL &amp; HYDRATE 3:00 BOARD GAMES 4:00 TABLE SETTING</p> <p>6:00 FRIDAY NIGHT MOVIE</p>	<p><b>8:00 ZEN MUSIC</b> 9:00 DAILY CHRONICLES 10:00 THE PRICE IS RIGHT 11:00 WALKING CLUB (RL) 1:00 ADULT COLORING 2:00 REFRESHMENT &amp; SOCIAL HOUR w/ LINDIMOO 3:00 BRAIN GAMES 4:00 TABLE SETTING</p> <p>6:00 WESTERNS</p>
<p><b>8:00 ZEN MUSIC</b> 9:00 ~SPIRITUAL ELDERCARE 10:00 ART 10:00<sup>AB</sup> GARDEN CLUB – PLANTING HERBS &amp; OUTDOOR WALKING 1:00 SUNDAY MATINEE 1:00<sup>CD</sup> GARDEN CLUB – PLANTING HERBS &amp; OUTDOOR WALKING 2:00 REFUEL &amp; 70's SOCIAL HOUR 3:00 WOODSHOP 6:00 NAMASTE: AROMATHERAPY</p>	<p style="text-align: center;"><i>Live Life in Full Bloom!</i></p> 					

BUNCO  
BLACKJACK  
BALLOON TOSS  
BEACH BALL TOSS  
SCENIC DRIVE 2?  
Happy hour  
Checkers  
Daily delight  
Hula bean bag toss  
C'mon lets singh  
Root beer floats  
Shuffleboard?

Resident council  
Activity Meeting  
**ROOT BEER FLOATS SOCIAL**  
**JOURNALING:**

TUESDAY 5

*Breakfast Special*  
Chef's Choice Omelet

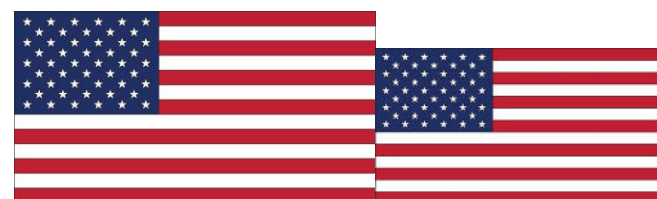
*Lunch*

Navy Bean Soup  
**Grilled Ham and  
Cheese Sandwich**  
or  
**BLT Turkey Salad**  
Watermelon  
Fresh Mixed  
Vegetable Salad  
Creamy Cake Bar



*Dinner*

Green Salad  
**Shrimp Taco**  
or  
**Carnitas Taco**  
Refried Beans  
Guacamole  
Churro



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<h1>May 2026</h1>						9am Coffee & Chat 10:15am Cornhole (DR) 1pm Flower Basket Craft 2pm Painting w/Friends (AA) 3pm May Day Happy Hour 6pm Puzzles (AA) May Day	2 Daily Chronicles 10am Wii Games (FL) 1:30pm Movie (TBA) 3pm Bingo w/ Silvia 6pm Residents Choice
3 Morning Worship (TV) 1pm Baseball TV (FL) 3pm Bingo w/Silvia (CR) Independent Activities in Activity Area	9am Coffee & Chat (AA) 10am Wheel of Fortune (CR) <b>11am Activity Meeting (DR)</b> 1pm Zumba (DR) 2pm Prize Bingo (CR) 3pm Book Club (AA) 6pm Puzzles (AA)	4 9am Fitness Focus (AA) 10am ASL (AA) 10am Manicures (AA) 1pm Zumba (DR) 2pm Tour of Mexico 3pm Cinco de Mayo Social 6pm Checkers (AA) Cinco de Mayo	5 9am Coffee & Chat (AA) 10am Wheel of Fortune (CR) 11am Lunch@Pond (BT) 1pm Zumba (DR) <b>2pm Resident Council Mtg.</b> 3pm Salsa Making (CR) 6pm Church Group	6 9am Fitness Focus (AA) 10am Corsage Making (AA) 10:30am Randy Barns (DR) <b>11:30am Toast to Mom</b> <b>Mother's Day Lunch</b> 2pm Prize Bingo 6pm Inside Horseshoes	7 9am Coffee & Chat (AA) 10:15am Cornhole (DR) <b>1pm Walmart (BT)</b> 2pm Painting w/Friends (AA) 3pm Chips & Salsa Social 6pm Puzzles (AA)	8 Daily Chronicles 10am Wii Games (FL) 1:30pm Movie (TBA) 3pm Bingo w/ Silvia 6pm Residents Choice	
10 Morning Worship (TV) 1pm Baseball TV (FL) <b>Happy Mother's Day</b> Mother's Day National Skilled Nursing Care Week	9am Coffee & Chat (AA) 10am Wheel of Fortune (CR) 11:15 Trivia (DR) 1pm Zumba (DR) 2pm Prize Bingo (CR) 3pm Book Club (AA) 6pm Puzzles (AA)	11 9am Fitness Focus 10am ASL (AA) 10am Spa Hands-(CR) 11:15am Game Time (DR) 1pm Zumba (DR) 2pm Milk Shakes & W. in W. 3pm Afternoon Walk w/LED	12 9am Fitness Focus (AA) 10am Wheel of Fortune (CR) 10am Catholic Comm. 1pm Zumba (DR) 2pm Wed. Movie (TBA) 6pm Church Group	13 9am Fitness Focus (AA) 10am Yearbook Club <b>10am Perfect Look (BT)</b> 1pm Music and Movement 1:30pm Prize Bingo (DR) 2:30pm Tye Dye Craft (CR) 6pm Ax Throwing (DR)	14 9am Coffee & Chat (AA) 10:15am Cornhole (DR) <b>1pm Bi-Mart (BT)</b> 2pm Painting w/ Friends 3:30pm Scio Lamb Show Car Show. (Sack Dinner) 6pm Puzzles	15 Daily Chronicles 10am Wii Games (FL) 1:30pm Movie (TBA) 3pm Bingo w/ Silvia 6pm Residents Choice Armed Forces Day	
17 Morning Worship (TV) 1pm Baseball TV (FL) 3pm Bingo w/Silvia (CR) Independent Activities in Activity Area	9am Coffee & Chat (AA) 10am Wheel of Fortune (CR) 11:15am Trivia (DR) 1pm Zumba (DR) 2pm Prize Bingo (CR) 3pm Book Club (AA) 6pm Puzzles (AA) Victoria Day (Canada)	18 9am Fitness Focus 10am ASL (AA) 10am Manicures (CR) 11:15am Game Time (DR) 1pm Zumba (DR) 2pm Ice Cream/ W.in W. 3pm Afternoon Walk w/LED	19 9am Coffee & Chat (AA) 10am Wheel of Fortune 11:15am Trivia (DR) 1pm Zumba 2pm Men's Club Drive 3pm Balloon Ball 6pm Church Group	20 9am Fitness Focus (AA) 10am Garden Shopping (BT) 10:30am Kitchen Crew 1pm Music and Movement 1:30pm Prize Bingo (DR) 2:30pm Bird House Craft 6pm Ax Throwing (DR) Shavuot Begins	21 9am Coffee & Chat (AA) 10:15am Cornhole (DR) <b>1pm Grocery Outlet (BT)</b> 2pm Painting w/ Friends 3pm Happy Hour 6pm Puzzles	22 Daily Chronicles 10am Wii Games (FL) 1:30pm Movie (TBA) 3pm Bingo w/ Silvia 6pm Residents Choice	
24 Morning Worship (TV) 1pm Baseball TV (FL) 3pm Bingo w/Silvia (CR) Independent Activities in Activity Area	9am Coffee & Chat (AA) 10am Wheel of Fortune (CR) 11:15am Trivia (DR) 1pm Zumba (DR) 2pm Prize Bingo (CR) 3pm Book Club (AA) 6pm Puzzles (AA) Memorial Day	25 9am Fitness Focus 10am ASL (AA) 10am Spa Hands-(CR) 11:15am Game Time (DR) 1pm Zumba (DR) 2pm Floats/ W in W 3pm Afternoon Walk w/LED	26 9am Coffee & Chat (AA) 10am Wheel of Fortune 11:15am Trivia (DR) 1pm Zumba 2pm Woman's Club Drive 3pm Balloon Ball 6pm Church Group	27 9am Fitness Focus (AA) 10am Yearbook Club 10am Kitchen Crew 1pm Music & Movement 1:30pm Rock Painting <b>3pm Town Hall w/Alma</b> 6pm Ax Throwing (DR)	28 9am Coffee & Chat (AA) 10:15am Cornhole <b>1pm Dollar Tree (BT)</b> 2pm Painting w/ Friends 3pm Happy Hour & Karaoke 6pm Puzzles	29 Daily Chronicles 10am Wii Games (FL) 1:30pm Movie (TBA) 3pm Bingo w/ Silvia 6pm Residents Choice	
31 Morning Worship (TV) 9am Coffee & Chat (DR) Garden Time Independent Activities in Activity Area	<b>Bus Trip (BT)- Please Sign up at Front Desk</b> <b>Coca Cola Room (CR)</b> <b>Activity Area (AA)</b> <b>Dining Room (DR)</b> <b>Back Patio (BP)</b> <b>Activities are subject to change.</b>		<b>Front Lobby (FL)</b> <b>Resident Lead (RL)</b>  <b>Every Second Wednesday of the Month: Legion Hall Post 58, Joins us for Lunch.</b>				

CINCO DE MAYO Cascades of Stayton, 2201 N. 3<sup>rd</sup> Ave., Stayton, Or, 97383 Phone: 503-769-3200

[https://music.youtube.com/watch?v=q2\\_c2\\_WfJFg&si=9d1x7oPRIEOsBvDq](https://music.youtube.com/watch?v=q2_c2_WfJFg&si=9d1x7oPRIEOsBvDq)

SHUFFLEBOARD  
WATERCOLOR PAINTING