

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

May 2026

May 2026				1 9:30 Exercise 10:00 Finish the Phrase 1:00 May Day Flowers 2:00 Banana Split Social 3:30 Sit and Be Fit 6:00 Leave it to Beaver May Day	2 9:30 Exercise 10:00 Garden Walk/Chat 1:00 Noodleball 2:00 Singalong 6:00 Family Feud	
3 9:30 Exercise 10:00 Spiritual Eldercare 1:00 Creative Coloring 2:00 Crossword Corner 6:00 Dean Martin Show	4 9:30 Exercise 10:00 Scenic Drive 10:30 Musical Stretch w/Del 1:00 Armchair Travels 2:00 Coffee Cart 3:30 Before Dinner Stretch 6:00 Leave it to Beaver	5 9:30 Exercise 10:00 Cinco De Mayo History 1:00 Spiritual Hour 2:00 Salsa+Guac+Chips 3:30 Before Dinner Stretch 6:00 Johnny Carson Cinco de Mayo	6 9:30 Exercise 10:00 Finish The Phrase 10:30 Musical Stretch w/Del 1:00 Bingo 2:00 "Oklahoma!" 6:00 Price Is Right	7 9:30 Exercise 10:00 Rock Painting 1:00 Seed Planting 2:30 Chair Zumba 3:00 Singalong 6:00 Ed Sullivan Show	8 9:30 Exercise 10:00 Finish the Phrase 1:00 Hat Making 2:00 Mother's Day Tea 3:30 Sit and Be Fit	9 9:30 Exercise 10:00 Garden Walk/Chat 1:00 Noodleball 2:00 Singalong 6:00 Price is Right
10 9:30 Exercise 10:00 Spiritual Eldercare 1:00 Puzzle Time 2:00 Gerry's Birthday Party 6:00 Johnny Carson Mother's Day National Skilled Nursing Care Week	11 9:30 Exercise 10:00 Scenic Drive and Picnic 10:30 Musical Stretch w/Del 1:00 Armchair Travels 2:00 Coffee Cart 3:30 Before Dinner Stretch 6:00 Ed Sullivan Show	12 9:30 Exercise 10:30 Noodle Ball 1:00 Spiritual Hour 2:00 Pattern Cards 3:30 Sit and Be Fit 6:00 Family Feud	13 9:30 Exercise 10:00 Trivia Time 10:30 Musical Stretch w/Del 1:00 Bingo 2:00 "Heartbreak Kid" 6:00 Jeopardy	14 9:30 Exercise 10:00 Creative Coloring 1:00 Cookie Decorating 2:30 Chair Zumba 3:00 Singalong 6:00 Carol Burnett Show	15 9:30 Exercise 10:00 Finish the Phrase 1:00 Canvas Painting 2:00 Paul Eddy Music 3:30 Sit and Be Fit	16 9:30 Exercise 10:00 Garden Walk/Chat 1:00 Noodleball 2:00 Singalong 6:00 Price is Right Armed Forces Day
17 9:30 Exercise 10:00 Spiritual Eldercare 1:00 Tile Patterns 2:00 Crossword Corner 6:00 Dean Martin Show	18 9:30 Exercise 10:00 Wilco Outing for Flowers! 10:30 Musical Stretch w/Del 1:00 Armchair Travels 2:00 Coffee Cart 3:30 Before Dinner Stretch 6:00 Leave it to Beaver Victoria Day (Canada)	19 9:30 Exercise 10:30 Finish The Phrase 1:00 Spiritual Hour 2:00 Flower Planting 3:30 Sit and Be Fit 6:00 Carol Burnett Show	20 9:30 Exercise 10:00 Guess the Items 10:30 Musical Stretch w/Del 1:00 Bingo 2:00"His Girl Friday" 6:00 Johnny Carson	21 9:30 Exercise 10:00 Puzzle Corner 1:00 Door Hangers 2:30 Chair Zumba 3:00 Singalong 6:00 Price is Right Shavuot Begins	22 9:30 Exercise 10:00 Finish the Phrase 1:00 Flower Pot Painting 2:00 Simeon Rose Music 3:30 Sit and Be Fit	23 9:30 Exercise 10:00 Garden Walk/Chat 1:00 Noodleball 2:00 Singalong 6:00 Price is Right
24 9:30 Exercise 10:00 Spiritual Eldercare 1:00 Puzzle Time 2:00 Creative Coloring 6:00 Johnny Carson Show	25 9:30 Exercise 10:00 Scenic Drive And Picnic 10:30 Musical Stretch w/Del 1:00 Armchair Travels 2:00 Coffee Cart 3:30 Before Dinner Stretch 6:00 Carol Burnett Show Memorial Day	26 9:30 Exercise 10:30 Noodle Ball 1:00 Spiritual Hour 2:00 Resident Council 3:30 Sit and Be Fit 6:00 Family Feud	27 9:30 Exercise 10:00 Trivia Time 10:30 Musical Stretch w/Del 1:00 Bingo 2:00 "Charade" 6:00 Jeopardy	28 9:30 Exercise 10:00 Creative Coloring 1:00 Garden Stone Painting 2:30 Chair Zumba 3:00 Singalong 6:00 Carol Burnett Show	29 9:30 Exercise 10:00 Finish the Phrase 1:00 Flag Art 2:00 Cookies and Milk Social 3:30 Sit and Be Fit	30 9:30 Exercise 10:00 Garden Walk/Chat 1:00 Noodleball 2:00 Singalong 6:00 Price is Right
31 9:30 Exercise 10:00 Spiritual Eldercare 1:00 Tile Patterns 2:00 Bean Bag Bucket Toss 6:00 Dean Martin Show	Janet T. 5/03 Marilyn B. 5/03 Aliccann S. 5/08 Gerry W. 5/10 Ruth L. 5/10 Allen S. 5/18 Marian L. 5/24 Barb M. 5/24 Happy Birthday Judi W. 5/26 Judith E. 5/27 Ginny W. 5/28 Richard B. 5/29 Dagmar C. 5/30					

