

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 Seated Stretching (L) 11:00 Manicures (sign up) 1:30 Movie and a snack (DR) 3:00 Afternoon Walk Outside 6:00 Reading for Relaxation	2 10:00 Cooking Club (AR) 11:00 Tech Support (AR) 2:00 Garden Club 3:00 Lemonade on the Porch 6:00 Current Events Discussion (L)	3 10:00 Color Therapy (AR) 2:00 AAFC Seated Exercise (L) 2:30 Root Beer Floats and Blood Pressure Checks (L) 3:30 BINGO (DR) 6:00 Reading for Relaxation	4 10:00 Seated Exercise (L) 11:00 Sudoku (AR) 1:30 Travel Documentary – Spain (L) 3:00 Resident Led Walking 6:00 Domino's	5 9:30 Interactive Game Board Games (L) 10:30 Garden Club 1:30 Movie and a snack (DR) 300 Happy Hour 6:00 Puzzle Club (LB)	6 10:00 Steel Feathers Exercise (L) 2:30 BINGO with Brenda 4:00 Puzzle Group (LB) 6:00 Travel Documentary – Resident Choice (L)
7 9:30 Christian Church (LR) 11:00 Catholic Church (LR) 12:30 Catholic Communion (L) 2:30 BINGO with Brenda 6:00 Movie Resident Choice (L)	8 10:00 Seated Stretching (L) 11:00 Coffee/Conversation 1:30 Father's Day Cards 3:00 Afternoon Walk Outside 6:00 Reading for Relaxation	9 10:00 Cooking Club (AR) 11:00 Tech Support (AR) 2:00 Garden Club 3:00 Lemonade on the Porch 6:00 Current Events Discussion (L)	10 10:00 Color Therapy (AR) 2:00AAFC Seated Exercise (L) 2:30 Resident Council (DR) 3:30 BINGO (DR) 6:00 Reading for Relaxation	11 10:00 Seated Exercise (L) 11:00 Sudoku (AR) 1:30 Travel Documentary – Italy (L) 3:00 Resident Led Walking 6:00 Domino's	12 9:30 Interactive Game Board Games (L) 10:30 Garden Club 1:30 Movie and a snack (DR) 300 Happy Hour 6:00 Puzzle Club (LB)	13 10:00 Steel Feathers Exercise (L) 2:30 BINGO with Brenda 4:00 Puzzle Group (LB) 6:00 Travel Documentary – Resident Choice (L)
14 9:30 Christian Church (LR) 11:00 Catholic Church (LR) 12:30 Catholic Communion (L) 2:30 BINGO with Brenda 6:00 Movie Resident Choice (L) Flag Day (U.S.)	15 10:00 Seated Stretching (L) 11:00 Manicures (sign up) 2:00 Music with Ron (L) 3:00 Afternoon Walk Outside 6:00 Reading for Relaxation	16 10:00 Cooking Club (AR) 11:00 Tech Support (AR) 2:00 Garden Club 3:00 Lemonade on the Porch 6:00 Current Events Discussion (L)	17 10:00 Color Therapy (AR) 2pm AAFC Seated Exercise (L) 2:30 Chef's Corner 3:30 BINGO (DR) 6:00 Reading for Relaxation	18 10:00 Seated Exercise (L) 11:00 Sudoku (AR) 1:30 Travel Documentary – Canada (L) 3:00 Resident Led Walking 6:00 Domino's	19 9:30 Interactive Game Board Games (L) 10:30 Garden Club 1:30 Movie and a snack (DR) 300 Happy Hour 6:00 Puzzle Club (LB) Juneteenth	20 10:00 Steel Feathers Exercise (L) 2:30 BINGO with Brenda 4:00 Puzzle Group (LB) 6:00 Travel Documentary – Resident Choice (L)
21 9:30 Christian Church (LR) 11:00 Catholic Church (LR) 12:30 Catholic Communion (L) 2:30 BINGO with Brenda 6:00 Movie Resident Choice (L) Father's Day Summer Begins	22 10:00 Seated Stretching (L) 11:00 Manicures (sign up) 1:30 Movie and a snack (DR) 3:00 Afternoon Walk Outside 6:00 Reading for Relaxation	23 10:00 Cooking Club (AR) 11:00 Tech Support (AR) 2:00 Garden Club 3:00 Lemonade on the Porch 6:00 Current Events Discussion (L)	24 10:00 Color Therapy (AR) 2pm AAFC Seated Exercise (L) 2:30 Caesar the No Drama Llama 3:30 BINGO (DR) 6:00 Reading for Relaxation	25 10:00 Seated Exercise (L) 11:00 Sudoku (AR) 1:30 Travel Documentary – Italy (L) 3:00 Resident Led Walking 6:00 Domino's	26 9:30 Interactive Game Board Games (L) 10:30 Garden Club 1:30 Movie and a snack (DR) 300 Happy Hour 6:00 Puzzle Club (LB)	27 10:00 Steel Feathers Exercise (L) 2:30 BINGO with Brenda 4:00 Puzzle Group (LB) 6:00 Travel Documentary – Resident Choice (L)
28 9:30 Christian Church (LR) 11:00 Catholic Church (LR) 12:30 Catholic Communion (L) 2:30 BINGO with Brenda 6:00 Movie Resident Choice (L)	29 10:00 Seated Stretching (L) 11:00 Manicures (sign up) 1:30 Movie and a snack (DR) 3:00 Afternoon Walk Outside 6:00 Reading for Relaxation	30 10:00 Cooking Club (AR) 11:00 Tech Support (AR) 2:00 Garden Club 3:00 Lemonade on the Porch 6:00 Current Events Discussion (L)				