

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JULY 2026			9:00 Be Balanced (AR) 1 1:00 Chair Exercise With Del & AAFC (AR) 2:30 Dice: 10,000 (L) 6:00 Resident Run Games (L)	9:00 Be Balanced (AR) 2 10:00 Chair Yoga With Jill (AR) 1:00 Music & Movement With Del & AAFC (AR) 4:00 4th of July Friends And Family (FD) 6:00 Tile Rummy (L)	9:00 Be Balanced (AR) 3 10:00 Wii Bowling (L) 11:30 Lunch Outing Dairy Queen 2:00 Rummikub (L) 6:00 Resident Run Games (L)	9:00 Be Balanced (AR) 4 10:00 Wii Bowling (L) 1:00 Noodle Ball (LR) 2:00 Baking Club (AR) 6:00 Rummikub (L) 10:00 4th of July Firesworks Off The Top Of Pilot Butte (CY)
9:00 Be Balanced (AR) 5 10:30 Wii Bowling (L) 1:00 Tile Rummy (L) 2:00 Bingo (AR) 2:30 Bible Study With Ken (LR) 6:00 Resident Run Games (L)	9:00 Be Balanced (AR) 6 10:00 Vet to Vet Conversation (AR) 10:30 Wii Bowling (L) 1:00 Sit & Stretch With Del & AAFC (AR) 2:00 Movie Mondays (LR) 6:00 Resident Run Games (L)	9:00 Be Balanced (AR) 7 9:30 Bi-Mart Shopping 10:00 Chair Yoga W/Jill (AR) 1:00 Spiritual Hour With Ken (LR) 2:00 South Side Shopping 6:00 Resident Choice Game (L)	9:00 Be Balanced (AR) 8 10:30 Wii Bowling 1:00 Chair Exercise With Del & AAFC (AR) 2:30 Uno Card Game (L) 6:00 Resident Run Games (L)	9:00 Be Balanced (AR) 9 10:00 Chair Yoga W/Jill (AR) 1:00 Music & Movement With Del & AAFC (AR) 1:30 Wildfire Prepairedness Presentation (LR) 6:00 Tile Rummy (L)	9:00 Be Balanced (AR) 10 10:00 Wii Bowling (L) 1:00 Corn Hole (AR) 2:45 Happy Hour With Paul Eddy (L) 6:00 Resident Run Games (L)	9:00 Be Balanced (AR) 11 10:00 Wii Bowling (L) 1:00 Noodle Ball (LR) 2:00 Baking Club (AR) 6:00 Rummikub (L)
9:00 Be Balanced (AR) 12 10:30 Wii Bowling (L) 2:00 Bingo (AR) 2:30 Bible Study With Ken (LR) 6:00 Resident Run Games (L)	9:00 Be Balanced (AR) 13 10:30 Wii Bowling 1:00 Sit & Stretch With Del & AAFC (AR) 1:30 Rummikub (L) 2:00 Movie Mondays (LR) 6:00 Resident Run Games (L)	9:00 Be Balanced (AR) 14 9:30 Safeway Shopping 10:00 Chair Yoga W/Jill (AR) 1:00 Spiritual Hour With Ken 2:00 North Side Shopping 6:00 Resident Choice Game (L)	9:00 Be Balanced (AR) 15 10:30 Wii Bowling 1:00 Chair Exercise With Del & AAFC (AR) 2:00 Telescope Guy (LR) 6:00 Resident Run Games (L)	9:00 Be Balanced (AR) 16 10:00 Chair Yoga W/Jill (AR) 10:30 Wii Bowling (L) 1:00 Music & Movement With Del & AAFC (AR) 2:30 Ceramic Craft (AR) 6:00 Tile Rummy (L)	9:00 Be Balanced (AR) 17 10:00 Wii Bowling (L) 11:30 Lunch Outing To Double Happiness 2:30 Wheel of Fortune Word Game (L) 6:00 Resident Run Games (L)	9:00 Be Balanced (AR) 18 10:00 Wii Bowling (L) 1:00 Noodle Ball (LR) 2:00 Baking Club (AR) 6:00 Rummikub (L)
9:00 Be Balanced (AR) 19 10:30 Wii Bowling (L) 2:00 Bingo (AR) 2:30 Bible Study With Ken (LR) 6:00 Resident Run Games (L)	9:00 Be Balanced (AR) 20 10:30 Wii Bowling 1:00 Sit & Stretch With Del & AAFC (AR) 1:30 Rummikub (L) 2:00 Movie Mondays (LR) 6:00 Resident Run Games (L)	9:00 Be Balanced (AR) 21 9:30 Wal-Mart Shopping 10:00 Chair Yoga W/Jill (AR) 1:00 Spiritual Hour With Ken (LR) 2:00 South Side Shopping 6:00 Resident Choice Game (L)	9:00 Be Balanced (AR) 22 10:30 Wii Bowling 1:00 Chair Exercise With Del & AAFC (AR) 2:30 Dice: 10,000 (L) 6:00 Resident Run Games (L)	9:00 Be Balanced (AR) 23 10:00 Chair Yoga W/Jill (AR) 10:30 Wii Bowling (L) 1:00 Music & Movement With Del & AAFC (AR) 6:00 Tile Rummy (L)	9:00 Be Balanced (AR) 24 10:00 Wii Bowling (L) 11:00 Alpaca Farm Outing 2:30 Ice Cream Social (L) 6:00 Resident Run Games (L)	9:00 Be Balanced (AR) 25 10:00 Wii Bowling (L) 1:00 Noodle Ball (LR) 2:00 Baking Club (AR) 6:00 Rummikub (L)
9:00 Be Balanced (AR) 26 10:30 Wii Bowling (L) 2:00 Bingo (AR) 2:30 Bible Study With Ken (LR) 6:00 Resident Run Games (L)	9:00 Be Balanced (AR) 27 10:30 Wii Bowling 1:00 Sit & Stretch With Del & AAFC (AR) 1:30 Rummikub (L) 2:00 Movie Mondays (LR) 6:00 Resident Run Games (L)	9:00 Be Balanced (AR) 28 9:30 Costco Shopping 10:00 Chair Yoga W/Jill (AR) 1:00 Resident Council (LR) 2:00 North Side Shopping 2:00 Spiritual Hour With Ken (LR) 6:00 Resident Choice Game (L)	9:00 Be Balanced (AR) 29 10:30 Wii Bowling (L) 1:00 Chair Exercise With Del & AAFC (AR) 2:30 Uno (L) 6:00 Resident Run Games (L)	9:00 Be Balanced (AR) 30 10:00 Chair Yoga W/Jill (AR) 10:30 Wii Bowling (L) 1:00 Music & Movement With Del & AAFC (AR) 2:30 Mosaic Feather Craft (AR) 6:00 Tile Rummy (L)	9:00 Be Balanced (AR) 31 10:00 Wii Bowling (L) 11:30 Lunch Outing To Baldy's BBQ 2:30 Rootbeer Float Social And Trivia (L) 6:00 Resident Run Games (L)	AR = Activity Room L = Loft LR = Living Room FD = Fireside Dining PD = Pines Dining CY = Court Yard FR = Fitness Room