

July Birthdays

Gala H.
Don S.
Aida A.
Gary H.
Joanne M.
Mary w.
Phillys H.
Barbara B.
Bonnie P.
Charles H.
Norma K.



GOOD FRIENDS MAKE GOOD NEIGHBORS

We take pride in knowing how much you enjoy the many benefits of living in our community, and we're glad you have chosen Mountain Glen as your home. From our convenient location to our caring staff members, we like to treat all our residents like part of our family! We want to spread the word about Mountain Glen, and now you can benefit by helping us tell your friends about it! You could receive **\$4,000 credit** toward your rent just by referring to a friend or family member to Mountain Glen if they move in for at least 90 days. To qualify, the name of the person making the referral, and the name of the prospective resident must be turned into the Executive Director or the Community Relations Directors prior to the inquiry or tour. The referred person must be new to Mountain Glen (i.e. not already in our contact list). The referred person must move in and reside at Mountain Glen for a minimum of 90 days before the credit is given. If you have any questions, please call 360-424-7900 or email.

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Book Worm Corner

July is now blasting with sunshine full speed ahead. There are 6 new large print books upstairs. I will be giving myself a break of ordering any new books for the rest of the summer. But if you or your book club would like anything I will for sure do thing for you. I would like to recommend 2 very good books for you great readers, **Dirty Sally- \$14.99 on amazon, They Say He Flies At Night- \$14.99 on amazon Author Amy Matayo.** PLEASE don't judge the title of these books. Please read they fast pace books with both books connected to each other. Both books take place in same town in the same time area. Sally had a rough time growing up, horrible up bringing then a tragic event but at the end some happiness came at the end so worth reading book. They say he flies at night, Walter loves sleeping on his cot outside every night. He is very intriguing gentleman with a very and rare talent. He befriends a young to work in his shop then he teaches her with and young boy on work ethic. Then finds secrets of his very sad life of events and why he sleeps outside every night. The heart break life and only love of his life. These 2 books are so worth the money and time you don't want to put down.

Happy Reading

-Gayle

The Spark Of July

July 2026

Leadership Team

Associate Executive Director

Molly Clark

Wellness Director

Sandi Doyle

Business Office Manager

Yamaris Alaniz

Community Relation Director

Deborah Carr & Robin Stanek

Dining Service Director

Josua Young

Life Enrichment Director

Diana Meraz

Environmental Service Director

Sally Luna

EverFit Director

Jana DiGiulio

Mountain Glen Retirement & Assisted Living Community | 1810 E. Division St. Mount Vernon WA, 98274 | 360.424.7900



The Fourth of July—also known as Independence Day or July 4th—celebrates the birth of American independence from the British Empire. On July 2, 1776, the Continental Congress voted in favor of independence, and two days later delegates from the 13 colonies adopted the Declaration of Independence.

Designated as a federal holiday across the United States in 1938, Independence Day celebrations have existed as far back as the 18th century and even the American Revolution. Festivities range from fireworks, parades and concerts to more casual family gatherings and barbecues.



Fourth of July

Word Search Puzzle



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|-------------|--------------|------------|
| ADAMS | FLAG | LIBERTY |
| AMERICA | FOURTH | MUSIC |
| BARBECUE | FREEDOM | PARADE |
| CELEBRATION | HOLIDAY | PATRIOTIC |
| COLONIES | HOT DOGS | PICNIC |
| CONGRESS | INDEPENDENCE | REVOLUTION |
| FAMILY | JEFFERSON | STATES |
| FIREWORKS | JULY | SUMMER |

June Memories



Congratulations To Our High School Graduates!

We are Proud to celebrate the achievement of our team. Members who are graduating from high school this year. Their hard work, dedication, and perseverance have brought them to this important milestone, and we honored to have them as part of the Mountain Glen Retirement Living family.

As they begin the next chapter of their journey, whether pursuing higher education, career opportunities, or new adventures, we wish them continued success and happiness. Their commitment, positive attitude, and compassionate service have made a meaningful difference in the lives of our residents and coworkers.

Father's Day Celebration



CONGRATULATIONS TO PAULA CHRISTOPHER, BARB LANE AND JEAN TURNER, THE WINNERS OF OUR ACTIVITIES SURVEY RAFFLE.



REMINDER BULLETIN BOARD IN LAUNDRY ROOM BY BISTRO.