

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 2026			9:00: Daily Chronicles 9:15: Shopping with John 10:30: Exercise with Paz (L) 12:15: Swimming at Waterford Grand 1:30: Discussion Group- Advice to your youth (L) 2:30: Mystery Drive 3:30: Fourth of July themed Happy Hour (O) Canada Day	8:30: Mindful Melodies and Puzzles 9:00: Daily Chronicles 10:00: Catholic Communion 11:00: Exercise with Paz (L) 1:30: Crafting with Savannah- Popsicle Stick Fireworks 3:30: Lifelong Learning- A day in the life, Colonial Connecticut	8:30: Mindful Melodies and Puzzles 9:00: Daily Chronicles 10:30: Outside Walks with Savannah (O) 11:00: Oldies and Gospel (L) 12-2pm- Fourth of July Extravaganza ! (L and O) 6:00: Resident Choice Movie Night	9:00: Puzzle Group 10:00: Daily Chronicles 10:30: Exercise w/ Shanie 1:00: Threshold Singers (L) 2:00: Bingo w/ Shanie Independence Day (U.S.)
9:00: Puzzle Groups 10:00: Daily Chronicles 10:30: Chair Exercise w/ Shanie 2:00: Music and Socializing (L) 4:00: Methodist Church Service- YouTube	8:30: Mindful Melodies and Puzzles 9:00: Daily Chronicles 10:30: Outside walks with Savannah (O) 11:30: Picnic in the Park- Owen Rose Gardens 1:30: Mystery Bingo (D) 3:30: Fishing for Points Game (L) 6:00: Resident Choice Movie Night	8:30: Mindful Melodies and Puzzles 9:00: Daily Chronicles 10:00: Chair Exercise with Savannah (L) 1:30: BINGO (D) 3:30: Music with Mr. E (L) 6:00: Resident Led Book Club	9:00: Daily Chronicles 9:15: Shopping with John 10:30: Outside walks with Savannah 12:15: Swimming at Waterford Grand 1:30: Manicures with Savannah (L) 2:30: Mystery Drive 3:30: Happy Hour in the Gazebo (O) Sign-up deadline for the baseball game!	8:30: Mindful Melodies and Puzzles 9:00: Daily Chronicles 10:00: Catholic Communion 10:30: Chair Exercise with Savannah (L) 1:30: Tie Dying (D) 3:30: Tie Dying Continued (D) 6:00: Resident Choice Movie Night	8:30: Mindful Melodies and Puzzles 9:00: Daily Chronicles 10:30: Outside Walks with Savannah (O) 1:30: BINGO (D) 3:30: Beanbag Baseball (L) 6:00: Outing to the Drifters Baseball Game (\$) SIGN UP REQUIRED	9:00: Puzzle Group 10:00: Daily Chronicles 10:30: Exercise w/ Shanie 2:00: Bingo w/ Shanie
9:00: Puzzle Groups 10:00: Daily Chronicles 10:30: Cardio Drumming with Octopus Rhythm Works 2:00: Music and Socializing (L) 4:00: Methodist Church Service- YouTube	8:30: Mindful Melodies and Puzzles 9:00: Daily Chronicles 11:00: Exercise with Paz (L) 1:30: Mystery Bingo (D) 3:30: August Event Planning Meeting 6:00: Resident Led Book Club	8:30: Mindful Melodies and Puzzles 9:00: Daily Chronicles 10:00: Chair Exercise with Savannah (L) 11:00: Oldies and Gospel (L) 1:30: BINGO (D) 3:30: Cookbook Project (L) 6:00: Resident Choice Movie Night Bastille Day	9:00: Daily Chronicles 9:15: Shopping with John 10:30: Exercise with Paz (L) 12:15: Swimming at Waterford Grand 1:30: Creative Corner with Daniela (L) 2:30: Ice Cream Outing to Handels Ice Cream Shop (\$) 3:30: Gardening Group (O)	8:30: Mindful Melodies and Puzzles 9:00: Daily Chronicles 10:00: Catholic Communion 11:00: Exercise with Paz (L) 1:30: Spring Valley Walker and Wheelchair wash! (OF) 3:30: Mocktail Happy Hour (L) 6:00: Resident Choice Movie Night	8:30: Mindful Melodies and Puzzles 9:00: Daily Chronicles 10:00: Exercise with Paz (L) 11:30: Lunch Outing to Sweet Cheeks Winery (\$) 1:30: BINGO (D) 3:30: Junk Journaling with Savannah (L) 6:00: Resident Choice Movie Night	9:00: Puzzle Group 10:00: Daily Chronicles 10:30: Exercise w/ Shanie 1:00: Threshold Singers (L) 2:00: Bingo w/ Shanie
9:00: Puzzle Groups 10:00: Daily Chronicles 10:30: Chair Exercise w/ Shanie 2:00: Music and Socializing (L) 4:00: Methodist Church Service- YouTube	8:30: Mindful Melodies and Puzzles 9:00: Daily Chronicles 11:00: Exercise with Paz (L) 1:30: BINGO (D) 3:30: Travelogue with Savannah- Ye Olde Williamsburg (L) 6:00: Resident Led Book Club	8:30: Mindful Melodies and Puzzles 9:00: Daily Chronicles 10:00: Chair Exercise with Savannah (L) 1:30: BINGO (D) 3:00: Cascade Monthly Health Talk- Heat Stroke Prevention (L) 6:00: Resident Choice Movie Night	9:00: Daily Chronicles 9:15: Shopping with John 10:30: Exercise with Paz (L) 12:15: Swimming at Waterford Grand 1:30: Human Slots (L) Bring your Bingo Bucks! 2:30: Mystery Drive 3:30: Ice Cream Cart Social (L)	8:30: Mindful Melodies and Puzzles 9:00: Daily Chronicles 10:00: Catholic Communion 11:00: Exercise with Paz (L) 1:30: Resident Council Meeting (L) 3:30: Japan Travel Presentation with Pani (L) 6:00: Resident Choice Movie Night	8:30: Mindful Melodies and Puzzles 9:00: Daily Chronicles 9:30: Trip to the Butterfly Pavilion 1:30: Resident Led Card Games 3:30: Armchair Travels with Rick Steves 6:00: Resident Choice Movie Night	9:00: Puzzle Group 10:00: Daily Chronicles 10:30: Exercise w/ Shanie 2:00: Bingo w/ Shanie
9:00: Puzzle Groups 10:00: Daily Chronicles 10:30: Chair Exercise w/ Shanie 2:00: Music and Socializing (L) 4:00: Methodist Church Service- YouTube Happy Birthday, Lois!	8:30: Mindful Melodies and Puzzles 9:00: Daily Chronicles 11:00: Exercise with Paz (L) 1:30: Outing to Euphoria Chocolates (\$) 3:30: Crafting with Savannah- Surfboard Door Decor Happy Birthday, Elva!	8:30: Mindful Melodies and Puzzles 9:00: Daily Chronicles 10:00: Chair Exercise with Savannah (L) 11:00: Oldies and Gospel (L) 1:30: Chef's Council Meeting with Heather (D) 3:30: Lifelong Learning- Tech Day- Bring phones, computers, and tablets to the lounge if you have any questions!	9:00: Daily Chronicles 9:15: Shopping with John 10:30: Exercise with Paz (L) 12:15: Transportation to Hair and Nail Appointments 1:30: Manicure Touch Ups (L) 3:30: Ice Cream Cart Social (L) Happy Birthday, Bev!	8:30: Mindful Melodies and Puzzles 9:00: Daily Chronicles 10:00: Catholic Communion 11:00: Exercise with Paz (L) 1:30: Billiards (L) 3:30: Baking with Savannah- Chocolate Chip Cookies 5:00: Friends and Family Dinner- BBQ	8:30: Mindful Melodies and Puzzles 9:00: Daily Chronicles 10:30: Resident Store (L) 1:30: BINGO (D) 3:30: July Birthdays Party (L) 6:00: Resident Led Book Club	