

Sunday

Monday

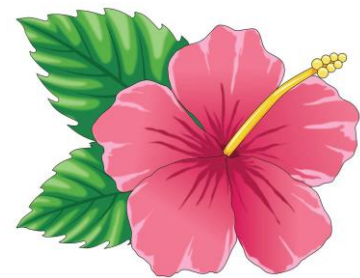
Tuesday

Wednesday

Thursday

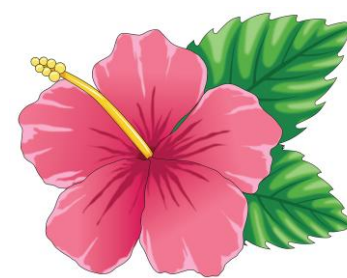
Friday

Saturday



August 2026

Sierra del Sol Senior Living



9:00 Weekend Walkers Club 10:00 Sunday Morning Scenic Bus Ride 10:30 Virtual Church Service 1:00 Sunday Matinee: The Sheep Detectives 1:30 Resident Activity Brainstorming 2:00 Wii Bowling 3:00 Beat the Heat w/Homemade Ice Cream Sandwiches 6:00 Dog Days of Summer Movie: Jaws	2	9:00 15 Min Stretch & Meditation 9:30 Communion with Deacon Dennis 10:00 The Rosary Circle 10:00 Balloon Noodle Ball 10:30 Bistro Coffee Buzz Monday & Daily Chronicles 1:30 Loree's Craft Corner: Bird Houses 3:00 Chair Yoga w/ J.P from Angelic 6:00 Netflix Remake Little House on The Prairie E1	3	9:00 The Mini Time Machine Museum 9:00 Low Impact Cardio 9:30 Word Hunt Showdown 10:30 Concert in the Theater: Harry Belafonte 1:30 Prize Bingo 3:00 August Trivia Challenge 5:30 Dominos 6:00 People's Choice Cinema	4	9:30 Culinary Creations with Maryanna: Double Chocolate Chip Cookie 11:00 Resistance Training w/ Myrlene from AAFC 1:30 Floral Designing 2:00 Beat the Heat Hydration Social 2:30 Littlest Big Band 5:30 The Activity Room Puzzle Club 6:00 Silver Screen Classics: Singing in the Rain	5	8:30 Shopping at Fry's 9:00 Balance w/ Rosanda 10:00 Mystery Bag Challenge Pt2 11:00 Pass the Pigs 1:00 Rummikub For All 2:00 Resident Led Bible Study 3:00 Social: Cool Off w/ Root Beer Floats 5:30 Resident Ran UNO! 6:00 Tough Guy Movie: The Longest Yard	6	9:00 Low Impact Pulse w/ Rosanda 9:30 Farkle Friday Frenzy 10:30 Prize Bingo 1:30 Sing Along w/ Mary Ann 2:30 Yoga w/ Myrlene From AAFC 3:00 Pokeno 5:30 Resident Led Card Games 6:00 Funny Film Feature and Popcorn: Wrongfully Accused	7	9:00 Weekend Walkers Club 9:30 Mexican Train Dominoes 11:00 Bean Bag Toss Social 1:30 Afternoon Stretch w/ Loree 2:00 Rummikub 3:00 Group Book Club w/ Loree Three Bags Full- A Humorous Mystery 5:30 Music Reminiscing w/ Ann 6:00 The Saturday Feature: Agatha Christie's Evil Under the Sun	8
9:00 Weekend Walkers Club 10:00 Pokeno 10:30 Virtual Church Service 10:30 Wii Bowling 1:00 Sunday Matinee: Shall We Dance? 2:00 Church Service w/ Faith Community Church 3:00 Sunday Tropical Smoothie 6:00 Dog Days of Summer Movie: Dirty Dancing	9	9:00 15 Min Stretch & Meditation 9:30 Communion with Deacon Dennis 10:00 The Rosary Circle 10:00 Balloon Noodle Ball 10:30 Buzz Bistro Coffee Monday & Daily Chronicles 1:30 Maryanna's Craft Corner: Vintage Magnets 3:00 Yoga w/ Myrlene from AAFC 6:00 Netflix Remake Little House on	10	9:00 Impact Cardio Low 9:30 Group Crossword Clash 10:30 Lunch at Olive Garden 11:00 Concert in the Theater: Olivia Newton John 1:30 Prize Bingo 3:00 Polishes and Pampered Hands 5:30 Dominos 6:00 People's Choice Cinema	11	9:30 Culinary Creations with Maryanna: Creamy Beef Noodle Bake 10:30 Pet Therapy Visit w/ Lillith the Cat 11:00 Resistance Training w/ Myrlene from AAFC 1:30 Pima Library Book Mobile 1:30 Floral Designing 2:00 Beat the Heat Hydration Social 2:30 Sing Along w/ Linda Updike 5:30 The Activity Room Puzzle Club 6:00 Silver Screen Classics: West Side Story	12	9:00 Balance w/ Rosanda 10:00 Taste of Hawaii 10:30 Hawaii Island Escape Travelogue 1:00 Rummikub For All 2:00 Resident Led Bible Study 2:30 Pan Y Gracia Sour Dough Tasting 5:30 Resident Ran UNO! 6:00 Tough Guy Movie: The Davinci Code	13	9:00 Low Impact Pulse w/ Rosanda 9:30 Farkle Friday Frenzy 10:30 Prize Bingo 1:30 Balloon Volleyball 2:30 Yoga w/ Myrlene From AAFC 3:00 National Smores Day w/ Loree 5:30 Resident Led Card Games 6:00 Funny Film Feature and Popcorn: Police Academy	14	9:00 Weekend Walkers Club 9:30 21 or Bust Card Game! 11:00 Pass the Prop Improv Social 1:30 Afternoon Stretch w/ Loree 2:00 Rummikub 3:00 Wine & Trivia Happy Hour 6:00 The Saturday Feature: Bedtime Stories	15
9:00 Weekend Walkers Club 10:00 Sunday Morning Scenic Bus Ride 10:30 Virtual Church Service 1:00 Sunday Matinee: Love & Mercy 2:00 Wii Bowling 3:00 Hot Fudge Sundae Funday 6:00 Dog Days of Summer Movie: National Lampoon Vacation	16	9:00 15 Min Stretch & Meditation 9:30 Communion with Deacon Dennis 10:00 The Rosary Circle 10:00 Balloon Noodle Ball 10:00 Food Meeting w/ Chef Arine 10:30 Bistro Coffee Buzz Monday & Daily Chronicles 1:30 Plinko! W/ Sergio from Emblem 3:00 Yoga w/ Myrlene from AAFC 6:00 Netflix Remake Little House on The Prairie E3	17	8:30 Desert Diamond Casino 9:00 Low Impact Cardio 9:30 Group Word Match 10:30 Concert in the Theater: Tom Jones 1:30 Prize Bingo 3:00 Shuffleboard 5:30 Dominos 6:00 People's Choice Cinema	18	9:30 Culinary Creations with Maryanna: Carrot Cake Cupcakes 11:00 Resistance Training w/ Myrlene from AAFC 1:30 Floral Designing 2:00 Resident Townhall Meeting 2:30 Manny Herrera 5:30 The Activity Room Puzzle Club 6:00 Silver Screen Classics: Road to Bali	19	8:30 Shopping at Dollar Store 9:00 Balance w/ Rosanda 10:00 Bead & Design Studio w/ Sue 11:00 Pass the Pigs 1:30 Tie Dying Coffee Mugs w/ Philip 2:00 Resident Led Bible Study 3:00 The Great Taste Test: Name vs Store Brand 5:30 Resident Ran UNO! 6:00 Tough Guy Movie: Man of Steel	20	9:00 Low Impact Pulse w/ Rosanda 9:30 Farkle Friday Frenzy 10:30 Prize Bingo 1:30 Balloon Volleyball 2:30 Yoga w/ Myrlene From AAFC 3:00 Cheers to You! Happy Senior Citizens Day! 5:30 Resident Led Card Games 6:00 Funny Film Feature and Popcorn: Rat Race	21	9:00 Weekend Walkers Club 9:30 Mexican Train Dominoes 11:00 Bean Bag Toss Social 1:30 Afternoon Stretch w/ Loree 2:00 AtoZ w/ AZ Historian Keri 3:00 Group Book Club w/ Loree Three Bags Full- A Humorous Mystery 5:30 Music Reminiscing w/ Ann 6:00 The Saturday Feature: Pirates of the Caribbean	22
9:00 Weekend Walkers Club 10:00 Pokeno 10:30 Virtual Church Service 10:30 Wii Bowling 1:00 Sunday Matinee: Midnight Cowboy 2:00 Church Service w/ Faith Community 3:00 Sunday Smoothie Guess the Hidden Ingredient 6:00 Dog Days of Summer Movie: To Catch A Thief	23	9:00 15 Min Stretch & Meditation 9:30 Communion with Deacon Dennis 10:00 Balloon Noodle Ball 10:00 The Rosary Circle 10:30 Bistro Coffee Buzz Monday & Daily Chronicles 1:30 Loree's Craft Corner: Mason Jar Suncatchers 3:00 Yoga w/ Myrlene from AAFC 6:00 Netflix Remake Little House on The Prairie E4	24	9:00 Low Impact Cardio 9:30 Cinemark Movie Theaters 10:00 The Jumble Letter Mystery 10:30 Concert in the Theater: Jimmy Buffet 1:30 Prize Bingo 3:00 Rummy Card Game w/ Char 5:30 Dominos 6:00 People's Choice Cinema	25	9:30 Culinary Creations with Maryanna: Ultimate Summer Salad 10:30 Pet Therapy Visit w/ Dolly the Poodle and Diamond the Lionhead Bunny 11:00 Move & Stretch w/ Rosanda 1:30 Floral Designing 2:00 Beat the Heat Hydration Social 2:30 Decades Trivia Name that Tune 5:30 The Activity Room Puzzle Club 6:00 Silver Screen Classics: The Graduate	26	8:30 Shopping at Walmart 9:00 Balance w/ Rosanda 10:00 Health Talk w/ Marianne w/ Bayada 11:00 Jeopardy Showdown 1:00 Rummikub For All 2:00 Resident Led Bible Study 3:00 Dirty Soda Social 4:00 Sierra Del Sol Luau 5:00 Siva Maia Polynesian Dancers 6:00 Tough Guy Movie: The Wrecking Crew	27	9:00 Low Impact Pulse w/ Rosanda 9:30 Farkle Friday Frenzy 10:30 Prize Bingo 1:30 Balloon Volleyball 2:30 Yoga w/ Myrlene From AAFC 3:00 Pokeno 5:30 Resident Led Card Games 6:00 Funny Film Feature and Popcorn: Bad News Bears	28	9:00 Weekend Walkers Club 9:30 21 or Bust Card Game! 11:00 Flying Axes Social 1:30 Afternoon Stretch w/ Loree 2:00 Rummikub 3:00 Wine & Trivia Happy Hour 6:00 The Saturday Feature: The Music Never Stopped	29
9:00 Weekend Walkers Club 10:00 Sunday Morning Scenic Bus Ride 10:30 Virtual Church Service 1:00 Sunday Matinee: The Coal Miners Daughter 2:00 Wii Bowling 3:00 Strawberry Sundae Funday 6:00 Dog Days of Summer Movie: Stand by Me	30	9:00 15 Min Stretch & Meditation 9:30 Communion with Deacon Dennis 10:00 Balloon Noodle Ball 10:00 The Rosary Circle 10:30 Bistro Coffee Buzz Monday & Daily Chronicles 1:30 Maryanna's Craft Corner: Clay Petals & Decoupage 3:00 Yoga w/ Myrlene from AAFC 6:00 Netflix Remake Little House On The Prairie E5	31	  									

Schedule is Subject to change. For the most updated information please see Activity Daily. Sierra Del Sol Senior Living 8151 E Speedway Tucson AZ 85710