

August 2026

August Resident of Month

Our Resident of the Month is Claudia D.! Claudia is known for her friendly smile and welcoming spirit. She is quick to meet new residents and always makes friends during activities and outings. Congratulations from all of us at Cascades of Stayton!



July Employee of the Month

From all of us at Cascades of Stayton, congratulations, Rose! Over the past 10 years, Rose has built meaningful connections with our residents through laughter, compassion, and many memorable moments together.



Kitchen Krew

We're reviving cooking time, now named the Kitchen Krew! This is a wonderful opportunity for everyone to come together, share recipes, and explore new culinary creations. Let's get cooking or baking! The month of August will be Hawaiian Food.

Creative Writing

Every Monday at 3pm, come join our creative writing time. Write with us, help build our story, or relax and enjoy the words. We'll share the finished story with our community.



Chef's Chat

Chef's Chat happens every first Thursday of the month at 3pm. Stop by and talk with Belinda about dining services.



Hawaiian Day

Celebrate with us on August 20! We'll enjoy a Hawaiian lunch, Hawaiian drinks, and a special dancer performance at 2:30. Come dressed in your best Hawaiian attire.



MORE ABOUT US

August Birthday's

Happy Birthday to you, Happy Birthday to you, Happy Birthday Dear.....



Dennis G.

Aug. 10th

Happy Birthday to you!



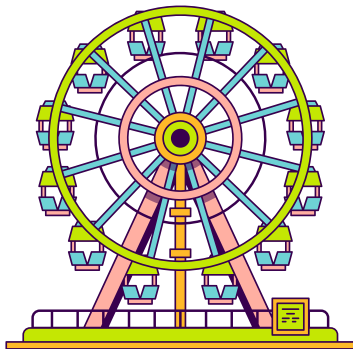
Plan Ahead

August 5th the Bus will be going out to eat at “THE YARD” in Salem. There is common sitting area and several food trucks you can choose what you want to eat. Average meal is \$20.

August 20th, We are having a “Luau” Themed Lunch. Everyone is invited to join us. Then at 2:30pm we will have a Hawaiian Dancer come and dance and show us how to dance. Come and enjoy some Hawaiian drinks with us.

Coming in September 4th Cascades of Stayton is planning on going to the “Oregon State Fair.” Sack Lunch will be provided. More details will be available later in the month,

Just wanted to give everyone a chance to plan if they would like to attend any of these events.



OUR STAFF

**Alma Quesada- Executive Director
Piper Freres- Business Office Manager
George Curtis-Plant Operations Director
Scott Skinner- RN
Stephanie Salazar-Wellness Director
Belinda Vanzandt-Dining Service Director
Kara Childress-Life Enrichment Director**



Activity Meeting

Everyone is encouraged and welcome to come to our Activity Meeting. This is a fun time to get together and share ideas of places and things all the residents would like to do. Local movie night? Have a favorite restaurant you would like to enjoy? Come and share your ideas with us. See calendar for date and time.