Cascades of Bend
A Residential & Memory Care Community

Management Team

Crystal Brokaw - Executive Director

Misty Nicholas-Liceaga– Associate Executive Director

Julie Gibbons RN– Community Wellness Director

Angela Frazier- Associate Wellness Director

Jennie Johnson– Resident Care Coordinator

Casey Watson-Resident Care Coordinator

Kari Hutchison- Director Of Sales And Marketing

Lisa Davis- Community Relations Director

Kelly Graves– Senior Life Enrichment Director

KC Munford- Dining Services Director

Steven Hurt- Plant Operations Director

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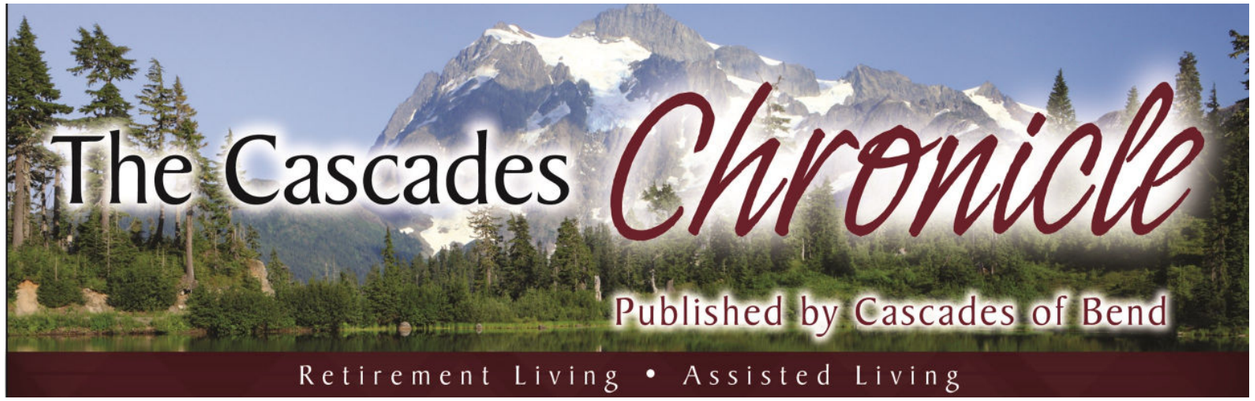

Celebrating August

International Clown Week
August 1–7

Homemade Pie Day
August 5

International Lefthander's Day
August 13

Root Beer Float Day
August 6

International Geo-caching Day
August 20

Senior Citizens Day
August 21

Women's Equality Day
August 26

The Gold Rush

On August 16, 1896, prospector George Carmack and his family were looking for gold along Rabbit Creek, a tributary of the Klondike River in Canada's Yukon Territory. Gold was discovered in vast quantities, and Carmack immediately filed claims to mine the land. Word of the find quickly spread, and by the end of August, the length of the entire creek had been claimed by gold miners. Not even winter could stop the miners,
and prospectors raced by dog sled to the Klondike and the newly renamed Bonanza Creek.

It wasn't until July of 1897 that the first shipments of Klondike gold arrived in the cities of Seattle and San Francisco. The gold shipments were valued at $1.13 million. (That's over one billion of today's dollars!) Word of the gold spread like wildfire, and soon prospectors from all over the world were flooding the West Coast and preparing for the journey north. A great economic boom hit cities like Seattle and San Francisco, which birthed outfitting and supply industries for the prospectors.

It is estimated that 100,000 people attempted the trip into the Klondike between the summers of 1897 and 1898. Many gold-seekers had no experience whatsoever in mining or prospecting. Mass resignations occurred across the country as people left their livelihoods behind to search for riches. Even Seattle's mayor left his post to try his luck. Of the 100,000 aspiring gold miners, only 30,000 eventually made it to the Klondike.

Travel to the Yukon proved treacherous thanks to mountainous terrain and unpredictable weather. The Canadian government issued strict food and equipment requirements for prospectors in an attempt to prevent death from exposure and starvation. Of the 30,000 who made it to the Yukon, only 4,000 struck gold. And of these 4,000, only a few hundred became rich. By the summer of 1898, the word *Klondike* was spoken with scorn. As rumors of gold found in other northern locales spread, the Klondike was abandoned, and the gold rush was over.

Word Mining Fun!

Carousel Horse Mining

See how many words you can make with the letters in:

CAROUSEL HORSE

Use each letter only once. Give yourself two points for five-letter words, three points for six-letter words, and five points for words that have seven or more letters.

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Smooth Sale-ing

Highway 127 runs from Addison, Michigan, to Gadsden, Alabama, and, at almost 700 miles long, it hosts the World's Longest Yard Sale from August 5–8. The 127 Yard Sale, as it is known by locals, was invented in 1987 by a Tennessee city official named Mike Walker. In an effort to encourage drivers to avoid interstate travel, take local scenic routes, and thereby support local businesses, Walker suggested that local residents line their front yards with goods for sale. Each year, thousands of motorists drive the route, perusing the wares for sale and catching the unique attractions found in the six participating states. Route 127 doesn't just offer the world's longest yard sale but it also provides the backdrop of what may be America's strangest (and most profitable) road trip.

Quote Of The Month

" Life is a journey to be experienced, not a problem to be solved"

~ Winnie the Pooh

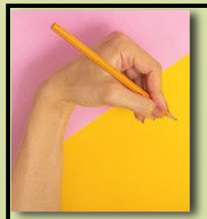
Resident Birthday's

Sue B. 8/12
Jerry H. 8/12
Bill C. 8/13
John N. 8/15
Kevan H. 8/17
Helen L. 8/20
Carolyn W 8/28
Judith M. 8/30

August Horoscopes & Famous Birthdays

In astrology, those born August 1–22 are Leo's Lions. These "kings of the jungle" are natural-born leaders, full of creativity, confidence, and charisma. Leos use their generosity and sense of humor to unite different groups into a common cause. Those born August 23–31 are Virgo's Virgins. Virgos pay attention to details and like to keep things organized. Their deep sense of humanity and love of others makes them defenders of justice, goodness, and purity.

Jason Momoa (actor) – August 1, 1979
Barack Obama (president) – August 4, 1961
Whitney Houston (singer) – August 9, 1963
Viola Davis (actress) – August 11, 1965
Magic Johnson (athlete) – August 14, 1959
Angela Bassett (actress) – August 16, 1958
Kobe Bryant (athlete) – August 23, 1978
Kenny Rogers (Musician) – August 21, 1938
Buddy Hackett (comedian) – August 31, 1924



Feeling Left Out

It may be fitting that International Lefthanders Day falls on Friday, August 13. Like many superstitions associated with Friday the 13th, left-handedness was once believed to be a source of evil. The Devil himself is thought to be left-handed, and in the Middle Ages, lefthanded people were thought to practice witchcraft. Luckily, modern science has put such unsettling notions to rest. There are really no great differences between right- and left-handers in personality, health, or thinking. For the 10% of the population that is left-handed, things might be more inconvenient—after all, the majority of the world is right-handed, so many products and designs cater to right-handed people.