



Parkland Village is a retirement community located in McMinnville, Oregon. We offer 50 assisted living apartment and 22 independent cottages. Situated in the center of the Willamette Valley, McMinnville is a warm-hearted city of approximately 33,000 residents, located close enough to the bustle of Portland and Salem without feeling overwhelmed by it. Nestled in the heart of Oregon wine country, we are a hub for those who appreciate the relaxed charm of a small town paired with great taste.

- Jessica Deleon**
Executive Director
- Justine Hutchinson**
Community Relations Director
- Wade Douthitt**
Plant Operations Director
- Erica Smalley**
Wellness Director
- Heidi Allison**
Oversight RN
- Alisha Fuentes-Walker**
Resident Services Director
- Faith Ellis**
Life Enrichment Director
- Oksana Plaster**
Business Office Manager
- Ruby Lay**
Concierge
- Rosemarie Taylor**
Activities Assistant/ Bus Driver



Parkland Village

Cascade Living Group | 3121 NE Cumulus Ave. McMinnville, OR 97128 | 503-434-1499 |



Celebrating August

Root Beer Float Day
August 6th

Purple Heart Day
August 7th

**Oregon International
Air Show**
August 14th–16th

**Parkland's Annual
Luau**
August 26th

Women's Equality Day
August 26th

**Scam & Fraud
Protection Presentation**
from Sam Parra
August 31st

Sunny Days & Summer Smarts

August is the perfect time to enjoy sunshine, fresh summer produce, and all the beauty the season has to offer. While spending time outdoors can lift your spirits and help your body produce vitamin D to support healthy bones and muscles, it's important to enjoy the sun safely. Try to head outside during the cooler morning hours, when possible, wear a wide-brimmed hat and sunglasses, apply sunscreen if you'll be outdoors for an extended time, and remember to take breaks in the shade. When temperatures rise, staying hydrated is just as important as staying cool—and hydration doesn't only come from your water glass! Many delicious summer fruits and vegetables are packed with water and can help keep you refreshed. Watermelon (92% water), cucumbers (96% water), strawberries (91% water), tomatoes, oranges, and crisp lettuce are all tasty ways to add hydration to your day. Pair these colorful foods with regular sips of water, even before you feel thirsty, to help your body stay energized during the summer heat. This August, make the most of the season by enjoying a little sunshine, filling your plate with nature's most refreshing foods, and taking simple steps to stay cool and comfortable. Here's to a happy, healthy, and hydrated summer!

You're Invited!

LUAU Party

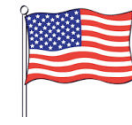
Wednesday
August 26, 2026

11:30am - 12:30pm
Family/Friends Lunch
Main Dining Room

Menu:
Kahlua Pork,
Huli Huli Chicken,
Macaroni Salad and more

1pm - 3pm
Luau Party in Parking Lot

Performers:
Paradise of Samoa Dancers



Calling All Veterans!



We want to recognize and celebrate the brave men and women in our community who have served in the United States Armed Forces. If you would like to be featured on our Veteran Wall of Honor, please contact the Life Enrichment Director, Faith.

Please provide the following:

- Full Name (and rank if preferred)
- Branch of Service
- Years of Service
- High quality photo (Military uniform is preferred, but any photo is welcome. We will scan and return the original photos.)



Join us for a
Happy Hour Q&A with our Executive Director, Jessica!

Wednesday, August 5th @ 3pm

Main Living Room

- New ownership questions
- New payment method questions



8/13- Kathy K.

8/15- Eddy H.

8/23- Dennis G.

8/24- Jerry B.

Celebrating National Caregiver Week



In June we celebrated National Caregiver Appreciation Week. A time to honor the tireless dedication and incredible people who bring comfort, strength, and joy to our community every day. Caregiving is a labor of love, and our community is a warmer, brighter place because of their dedication.

If you would like to leave a note of thanks for a specific staff member, please take a moment to fill out a **Kudo slips** near the mailbox area. We read these Kudos every month at our Staff Meeting.

Parkland's August Outings

- 8/3 Scenic Drive
- 8/5 Albertsons
- 8/10 Walmart
- 8/12 Public Library
- 8/17 Alpaca Farm in Amity
- 8/19 Safeway
- 8/24 Winco or Walmart
- 8/31 Scenic Drive

All activities are subject to change

Please sign up for outings prior to event day with Life Enrichment

Mealtimes Reminders:

Breakfast

7:30am-8:30am

Lunch

11:30am-12:30pm

Dinner

4:30pm-5:30pm