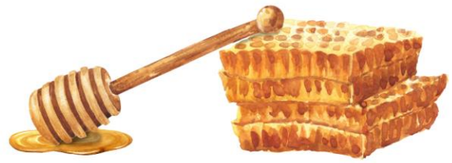
The Inn at Arbor Village



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Zumba with Claudia 10:00 Card Games 1:00 Bible Study 2:30 Manicures 3:30 Walk in the Park 3:45 Mariners vs. Red Sox 6:00 Evening News	**2** 9:30 Seated Tai Chi 10:00 Card Games 1:30 Walking Group 1:10 Mariners vs Red Sox 2:30 September Trivia 3:30 Watercolor 5:00 Special Dinner	**3** 9:30 Zumba with Claudia 10:00 Card Games 1:00 Bible Study 2:30 Autumn Coloring 3:30 Guitar Gil 6:40 Mariners vs. Athletics	**4** 9:00 Morning Stretches 10:00 Fred Meyer 11:30 Lunch Outing Wild Wheat Bakery & Café 1:30 Walking Group 2:30 Bingo 3:30 Trivia 5:45 Rumikub 7:10 Mariners vs Athletics	**5** 9:00 Coffee & Conversation 10:00 Card Games 1:30 Seated Tai Chi 2:30 Bingo 3:30 Social Hour 6:00 Watch Remarkably Bright Creatures 6:40 Athletics vs Mariners
6 9:30 Virtual Worship 10:00 Game of Choice 1:10 Athletics vs Mariners 1:30 Seated Exercise 2:30 Reminiscing: 'What was school like when you were young'? 3:30 Bingo 5:45 Rumikub	**7** 9:30 Exercise with Marshal 10:00 Dollar Store 10:00 Card Games 12:00 Labor Day Lunch 2:30 Mexican Train 3:30 Stroll in the park 3:30 *Guitar Gil AV* 6:00 Evening News Labor Day	**8** 7:30 Men's Breakfast 9:30 Zumba with Claudia 10:00 Card Games 1:00 Bible Study 2:30 Blood Pressure Check 3:30 Trivia 6:40 Rangers vs Mariners	**9** 9:30 Seated Exercise 10:00 Card Games 1:10 Rangers vs Mariners 1:30 Walking Group 2:30 Trivia 4:00 Seahawks Tail Gate Party /Dinner 7:30 Jeopardy	**10** 9:30 Zumba with Claudia 10:00 Card Games 11:00 Resident Council 1:00 Bible Study 1:10 Mariners vs. Rangers 2:00 Happy Hour Social 3:30 Hang Man 5:45 Board Games	**11** 9:00 Morning Stretches 10:00 Fred Meyer 1:30 Walking Group 2:00 Old Hollywood Trivia 4:00 Cabaret 5:00 Old Hollywood Themed Dinner 6:40 Mariners vs Athletics Rosh Hashanah Begins	**12** 9:00 Word Search Challenge 10:00 Card Games 1:30 Seated Yoga 2:30 Bingo 3:30 Root Beer Floats 6:00 Watch Seaspiacy 6:40 Mariners vs Athletics
13 9:30 Virtual Worship 10:00 Card Games 11:30 Grandparent's Day BBQ 1:05 Mariners vs Athletics 2:30 Adult Coloring 3:30 Bingo 6:00 Board Games Grandparents Day	**14** 9:30 Exercise with Marshal 10:00 Walmart 10:00 Card Games 1:30 Stroll in the Park 2:30 Brain Games 3:30 Board Games 5:15 Watch Chiefs vs. Bronco	**15** 9:30 Zumba with Claudia 9:30 Roka Foot Care 10:00 Card Games 1:00 Bible Study 2:30 Apple Tasting 3:30 Movie & Popcorn 6:38 Mariners vs Angels	**16** 9:30 Seated Tai Chi 12:00 Mexican Food 1:30 Walking Group 2:00 Cooks Corner 3:30 Baking with Carmen 6:38 Mariners vs Angeles	**17** 9:30 Zumba with Claudia 10:00 Card Games 11:00 Round Table Conversation 1:00 Bible Study 2:30 Reminiscing: favorite vacations 7:30 Jeopardy	**18** 9:00 Morning Stretches 10:00 Fred Meyer 1:30 Walking Group 2:30 Talks on the Patio 3:30 Birthday Party 5:10 Mariners vs Rockies 6:00 Board Games	**19** 9:00 Coffee & Conversation 10:00 Card Games 1:30 Seated Exercise 2:30 Bingo 3:30 Hot Chocolate 5:10 Mariners vs Rockies 5:45 Bean Bag Toss Oktoberfest Begins
20 9:00 Coffee & Conversation 9:30 Virtual Worship 10:00 Card Games 12:10 Mariners vs Rockies 1:30 Seated Exercise 2:30 3:30 Dominos 6:00 Watch Shark Whisperer Yom Kippur Begins	**21** 9:30 Exercise with Marshal 10:00 Costco 10:00 Card Games 1:30 Nature Walk 2:30 Treats on the Patio 3:30 Hang Man 5:45 Rumikub	**22** 9:30 Zumba with Claudia 10:00 Card Games 1:00 Bible Study 2:00 Goodwill (Maple Valley) 3:30 Social Hour 5:00 Diner Night 6:40 Astros vs Mariners Autumn Begins	**23** 7:30 Ladies Breakfast 9:30 Seated Exercise 10:00 Card Games 1:30 Walking Group 1:30 *Emmy's on Piano AV* 2:30 Visit a country with snacks 7:10 Astros vs Mariners	**24** 9:30 Zumba with Claudia 10:00 Card Games 10:30 Stronger Together 1:00 Bible Study 2:00 Fall Leaf Craft 3:30 Dominos 6:00 Evening News 6:40 Angels vs Mariners	**25** 9:00 Morning Stretches 10:00 Fred Meyer 10:00 Card Games 12:00 Lunch Outing Resident Choice 1:30 Walking Group 2:30 Dominoes 7:10 Angels vs Mariners Sukkot Begins	**26** 9:00 Word search Challenge 10:00 Card Games 1:30 Seated Yoga 2:30 Bingo 3:30 Ice Cream Social 6:00 Watch Soul on Fire 6:40 Angels vs Mariners
27 9:30 Virtual Worship 10:00 Card Games 12:10 Angels vs Mariners 1:30 Seated Exercise 2:30 *Worship with the Shaffers AV* 3:30 Bingo 5:45 Rumikub	**28** 9:30 Exercise with Marshal 10:00 Old Navy 10:00 Card Games 1:00 The Outlet Collection 2:30 Walking Group 3:30 Mexican Train 5:45 Bean Bag Toss	**29** 9:30 Seated Exercise 10:00 Card Games 1:00 Bible Study 3:30 Wine & Cheese Tasting 4:30 Bean Bag Toss 6:00 Rumikub	**30** 9:30 Seated Exercise 10:00 Card Games 1:30 Walking Group 2:30 Ice Cream Social 3:30 Dominoes 5:45 Watch Free Fall a Reckoning for Boeing			

September 2026

Birthdays
Karen 9/10
Dorothy 9/16

24205 116th Ave, SE, Kent WA 98030