

August 2026

Garden's Gazette

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Soak up the sunshine and squeeze the fun out of August. In celebration of Sunflower Day ([Aug. 1](#)), the last of the Dog Days ([Aug. 11](#)), the Total Solar Eclipse ([Aug. 12](#)), Creamsicle Day ([Aug. 14](#)), Lemonade Day ([Aug. 20](#)), we're brightening August with citrusy delights and sun-kissed vibes

Welcome Our New Wellness Director!

Lynn has dedicated many years to nursing, beginning her career in the hospital before gaining experience in home health, hospice, and skilled nursing. Nearly **19 years ago**, she discovered her passion for **assisted living and memory care**, where she found a true connection with residents and their families—and she's been making a difference ever since.

Lynn was inspired to become a nurse by her sister-in-law, and her compassion and dedication shine through in everything she does. When she's not caring for others, she enjoys spending quality time with her family and exploring the great outdoors on hiking adventures.

We are thrilled to have Lynn join our Ashley Gardens family. If you see her around the community, please don't hesitate to say hello and give her a warm welcome! We know she will be a wonderful addition to our team.



Creamsicle Social!

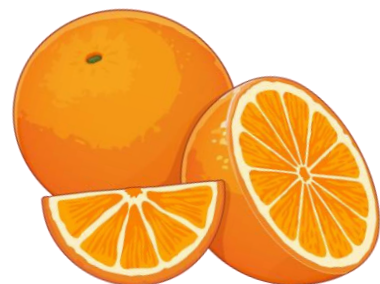
Creamsicle Social – Friday, August 14th

Summer is sweeter with a creamsicle in hand! Families are invited to join us on the patio as we celebrate **National Creamsicle Day** with our residents. We'll be enjoying delicious frozen treats, sunshine, laughter, and great company while making sweet summer memories together.

C/D House: 1:30 PM

A/B House: 2:30 PM

We hope you'll stop by and share a smile (and a creamsicle!) with your loved one. Please RSVP with Kim, LED, so we can be sure to have plenty of treats for everyone!



August Birthday Party!

August Birthday Celebration – Thursday, August 7th

It's time to celebrate our wonderful August birthdays! Families are invited to join us for an afternoon filled with birthday cheer, delicious cake and ice cream, and plenty of smiles as we honor all of our residents celebrating birthdays this month.

C/D House: 1:30 PM
A/B House: 2:30 PM

As we welcome several new families to our community, we'd like to share that we celebrate all resident birthdays together with one special birthday party each month. This gives everyone the chance to be recognized and celebrated together!

If you would like to celebrate your loved one's birthday on their actual birthday, you are always welcome to bring **store-bought** sweet treats to share with the other residents in their house. We love helping make birthdays extra special.

We can't wait to celebrate with you and make this month's birthday party one to remember!

August Birthdays!

Melissa J(staff).....8/1

Raquel(staff).....8/5

Joycylene(Staff).....8/15

Arthur(resident).....8/25

Royce(resident).....8/29



Picnic at Northern State Park!

Pack your picnic spirit and join us for a fun outdoor adventure! We are excited to be taking our residents on a picnic outing to **Northern State Park in Sedro-Woolley on Wednesday, August 29th**. We will be departing at **10:30 AM** for a day filled with fresh air, beautiful scenery, and time spent making wonderful memories together.

Due to limited seating on our bus, we will be **rotating residents for each outing** to ensure everyone has the opportunity to enjoy these special adventures. If you would like to join your loved one on this picnic, please let **LED Kim** know so we can make sure they are scheduled for this trip.

We are also happy to offer **free sack lunches for any family members joining us!** Please **RSVP with Kim** so we can have everything prepared and ready for you and your loved one.

We can't wait to enjoy a beautiful day together outdoors!

Summer Luau Party!

Grab your leis and your summer spirit because we are celebrating with a fun-filled Summer Luau Party on **Friday, August 21st at 12:00 PM!**

Families are invited to join us for a tropical afternoon filled with **luau-themed food, fun games, and plenty of summer smiles**. We can't wait to spend time together, enjoy some laughter, and create wonderful memories with our residents, families, and friends.

Come celebrate the season with us — we look forward to seeing you there!

RSVP with LED Kim!

