

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity Key ○ - Outing RL - Resident Lead DR - Dining Room BP - Back Patio MC - Memory Care		10:00 Brain Games 1 10:30 Claudia's Zumba 11:00 Meditation 1:30 Daily Chronicle 2:00 Balloon Bop 2:30 Bean Bag Toss 3:00 Table Games 6:30 Watch <i>Our Souls at Night</i>	10:00 Brain Games 2 10:30 Seated Movement & Stretching 11:00 Gardening 1:00 Daily Chronicle 1:30 Balloon Bop 3:00 Bingo 4:30 Special Resident Dinner - DR	10:00 Brain Games 3 10:30 Claudia's Zumba 11:00 Deep Breathing Exercise 1:00 Bible Study at the Inn 1:30 Daily Chronicle 2:30 Watercoloring 3:00 Scenic Drive - ○ 6:40 <i>Mariners vs A's</i>	10:00 Fred Meyer - ○ 4 10:30 Seated Thai Chi 11:00 Gardening 1:30 Town Hall with Maddy & Amber 3:00 Karaoke 6:00 Evening News 6:30 Table Games - RL 7:10 <i>Mariners vs A's</i>	9:00 Table Games 5 10:00 Morning News 10:30 Seated Thai Chi 11:00 Meditation 1:30 Daily Chronicle 2:00 Balloon Bop 2:30 Washington Wild Life Documentary 6:00 Puzzle - RL
9:30 Virtual Worship 6 10:00 Morning News 10:30 Seated Yoga 11:00 Meditation 1:30 Zen Coloring 2:30 Daily Chronicle 3:00 Watch <i>The Boy Who Harnessed the Wind</i> 6:00 Card Games - RL	10:00 Dollar Store - ○ 7 10:30 Movement with Marshal 12:00 Labor Day Lunch 1:30 Guitar Gil Musical Performance - DR 3:00 Bingo 6:30 Watch <i>Green Book</i> <i>Labor Day</i>	10:00 Brain Games 8 10:30 Claudia's Zumba 11:00 Meditation 1:30 Cook's Corner & Baking with Kaera 3:00 Silverware Scavenger Hunt 6:30 Watch <i>American Symphony</i>	10:00 Brain Games 9 10:45 PT with Christy 11:15 Gardening 1:00 Daily Chronicle 1:30 Balloon Bop 2:00 Bean Bag Toss 4:00 Seahawks Tail Gate Party/Dinner - DR	10:00 Brain Games 10 10:30 Claudia's Zumba 11:00 Gardening 1:00 Bible Study at the Inn 1:10 <i>Mariners vs. Texas Rangers</i> 1:30 Daily Chronicle 2:30 Autumn Watercoloring 6:00 Evening News	10:00 Fred Meyer - ○ 11 10:30 Seated Movement 11:00 Table Games 1:30 Daily Chronicle 2:00 Old Hollywood Trivia 4:00 Cabaret Performance 5:00 Old Hollywood Themed Dinner - DR 6:30 Evening News	9:00 Table Games 12 10:00 Morning News 10:30 Seated Movement & Stretching 11:00 Gardening 1:30 Scrabble 2:30 Daily Chronicle 3:30 Bingo 6:40 <i>Mariners vs A's</i>
9:30 Virtual Worship 13 10:30 Seated Exercise 11:30 Grandparents Day BBQ & Activities 2:30 Daily Chronicle 3:00 Watch <i>Marty Life is Short</i> 6:00 Card Games - RL <i>Grandparents Day</i>	10:00 Walmart - ○ 14 10:30 Movement with Marshal 11:00 Meditation 1:30 Foam Finger Craft 3:00 Bingo 5:15 Watch <i>Chiefs vs. Broncos</i> 6:30 Evening News	10:00 Brain Games 15 10:30 Comfy Zumba with Claudia 11:00 Meditation 1:30 Cozy Eye Mask Craft 2:30 Popcorn & Watch <i>Back to the Future</i> 6:00 Evening News 6:30 Puzzle - RL	10:00 Hymn & Devotion 16 10:30 Seated Movement & Stretches 11:00 Daily Chronicle 1:30 DIY Pinatas & Somberos 3:00 Bingo 6:00 Evening News 6:30 Table Games - RL	10:00 Brain Games 17 10:30 Claudia's Zumba 11:00 Gardening 1:00 Bible Study at the Inn 1:30 Bubbles & Bubbles 2:00 Snacks from the 1930's! 2:30 Dance Music & Glowsticks!	10:00 Fred Meyer - ○ 18 10:00 Brain Games 10:30 Seated Exercise 11:00 Deep Breathing Exercise 1:30 Daily Chronicle 2:00 Bean Bag Toss 2:30 Balloon Bop 3:30 Creativity Hour - RL	9:00 Table Games 19 10:00 Morning News 10:30 Seated Yoga 11:00 Gardening 1:00 Daily Chronicle 1:30 Scrabble 2:30 Watercoloring 3:30 Bingo 6:00 Puzzle - RL
9:30 Virtual Worship 20 10:00 Morning News 10:30 Seated Yoga 11:00 Deep Breathing Exercise 1:25 <i>Seahawks vs. Arizona Cardinals</i> 1:30 Daily Chronicle 6:30 Table Games - RL	10:00 Costco - ○ 21 10:30 Movement with Marshal 11:00 Meditation 1:00 Popcorn & Watch <i>Circus of Books</i> 3:00 Bingo 6:00 Evening News 6:30 Card Games - RL	10:00 Brain Games 22 10:30 Claudia's Zumba 11:00 Deep Breathing Exercise 1:00 Bible Study at the Inn 1:30 Daily Chronicle 2:00 Autumn Craft 4:30 Diner Night - DR <i>Autumn Begins</i>	10:00 Brain Games 23 10:45 PT with Christy 11:15 Table Games 1:00 Daily Chronicle 1:30 Emmy's Piano Performance - DR 3:00 Bingo 6:00 Evening News 6:30 Watch <i>Will & Harper</i>	10:00 Brain Games 24 10:30 Stronger Together Support Group - IL 10:30 Claudia's Zumba 1:00 Bible Study at the Inn 1:30 Daily Chronicle 2:00 Autumn Coloring 3:00 Dementia Education at the Lodge - MC	10:00 Fred Meyer - ○ 25 10:00 Morning News 10:30 Seated Exercise & Movement 11:00 Meditation 1:30 Comedy Show 2:30 September Resident Happy Hour 5:00 Pizza Movie Night	9:00 Table Games 26 10:30 Seated Thai Chi 11:00 Seated Stretching & Movement 1:30 Scrabble 2:30 Balloon Bop 3:30 Bingo 6:00 Evening News 6:30 Watch <i>Becoming</i>
9:30 Morning News 27 10:30 Exercise Video 11:00 Meditation 1:30 Daily Chronicle 2:30 Worship with the Schaffers 3:00 Watch <i>Eleanor the Great</i> 6:00 Puzzle - RL	10:00 Old Navy - ○ 28 10:30 Movement with Marshal 11:00 Gardening 1:30 Scenic Drive - ○ 3:00 Bingo 6:00 Evening News 6:30 Watch <i>Four Weddings & a Funeral</i>	10:00 Brain Games 29 10:30 Seated Zumba 11:00 Gardening 1:30 Bingo Store! - DR 2:00 Daily Chronicle - RL 3:30 Vitamin D Hour - BP 6:00 Evening News 6:30 Watch <i>Some Things Gotta Give</i>	10:00 Brain Games 30 10:30 Seated Yoga 11:00 Meditation 1:30 Daily Chronicle 2:00 Balloon Bop 3:00 Bingo 6:00 Evening News 6:30 Watch <i>High Planes Drifter</i>	September 2026 Assisted Living		