

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
 <u>September Birthdays</u> 9/7 John W. 9/15 Majorie H. 9/28 Barbara F.				9:00 Daily Chronicles 1 9:15 Music & Movement 10:00 B/P & Weight Clinic 11:00 Aromatherapy 1:00 Memory Joggers 1:30 BINGO! 3:00 Afternoon Walk 6:00 Caregiver's Choice		9:15 A visit w/ Yuki 2 9:45 Daily Chronicles 10:00 Sit and Stretch 11:00 Aromatherapy 1:00 Namaste Nail Care 2:00 Music Appreciation 3:00 Sunshine Visits 6:00 Table Games		9:00 Daily Chronicles 3 9:15 Staying Strong w/Alan 10:30 Catholic Communion 11:00 Aromatherapy 1:00 Reminiscing the 1940s 1:30 BINGO! 3:00 Puzzles 6:00 Family Feud		9:00 Daily Chronicles 4 9:30 Balloon Noodle 10:15 Gardening Club 11:00 Aromatherapy 1:30 Chair Yoga w/ Jenn 2:00 Afternoon Movie 6:00 Caregiver's Choice		9:00 Daily Chronicles 5 9:15 Morning Walk 10:00 Conversation Ball 11:00 Aromatherapy 1:00 Getting to Know U 2:00 The Encore Band 3:30 Finish the Phrase 6:00 Evening Movie	
9:00 Daily Chronicles 6 9:15 Morning Stretch 10:00 Sunday Services 11:00 Aromatherapy 1:00 Afternoon Walk 2:00 Music Appreciation 3:00 Memory Boxes 6:00 Evening Movie		9:00 Daily Chronicles 7 9:30 Music & Movement 10:00 Reminiscing the 1950s 11:00 Aromatherapy 1:00 Namaste Nail Care 2:30 BINGO! 3:30 Hand Massages 6:00 Family Feud Labor Day		9:00 Daily Chronicles 8 9:15 Music & Movement 10:00 Balloon Volleyball 11:00 Aromatherapy 1:30 Artistic Expressions 3:00 Card Games 6:00 Caregiver's Choice		9:15 A visit w/ Yuki 9 9:45 Daily Chronicles 10:00 Balloon Noodle 11:00 Aromatherapy 1:00 Sunshine Visits 2:00 Jacques & Vince Show 3:00 Afternoon TV 6:00 Evening Movie		9:00 Daily Chronicles 10 9:15 Staying Strong w/Alan 10:30 Catholic Communion 11:00 Aromatherapy 1:00 Memory Joggers 1:30 BINGO! 3:00 Color Me Happy 6:00 Animal Documentary		9:00 Daily Chronicles 11 9:30 Balloon Volleyball 10:15 Gardening Club 11:00 Aromatherapy 1:30 Chair Yoga w/ Jenn 2:30 September Birthday Party w/ McCollum Duo 6:00 Caregiver's Choice		9:00 Daily Chronicles 12 9:15 Morning Walk 10:00 Beanbag Toss 11:00 Aromatherapy 1:00 Colors Game 2:00 Music w/ Paul V. 3:30 Jokes and Riddles 6:00 Evening Movie	
9:00 Daily Chronicles 13 9:15 Morning Stretch 10:00 Sunday Services 11:00 Aromatherapy 1:00 Memory Joggers 2:00 Color Me Calm 3:00 Hand Massages 4:30- 6:30 COS Family Luau Grandparents Day		9:00 Daily Chronicles 14 9:30 Staying Strong w/ Alan 10:00 Morning Stroll 11:00 Aromatherapy 1:30 Cardio w/Jenn 2:30 BINGO! 3:30 Conversation Starters Disney Day- Wear your favorite Disney shirt or hat		9:00 Daily Chronicles 15 9:15 Music & Movement 10:00 Balloon Noodle 11:00 Aromatherapy 1:00 Finish the Phrase 1:30 No Bake Club 3:00 Afternoon Walk Twin Day- Wear a matching shirt with resident or coworker.		9:15 A visit w/ Yuki 16 9:45 Daily Chronicles 10:00 Balloon Volleyball 11:00 Aromatherapy 1:00 Namaste Nail Care 2:00 Music w/ John Rand 3:00 Sunshine Visits Western Day- Wear your favorite western shirt or hat		9:00 Daily Chronicles 17 9:15 Staying Strong w/Alan 10:30 Catholic Communion 11:00 Aromatherapy 1:00 Reminiscing the 1960s 1:30 BINGO! 3:00 Puzzles Sports Day- Wear your favorite team jersey, shirt or hat		9:00 Daily Chronicles 18 9:30 Balloon Noodle 10:15 Gardening Club 11:00 Aromatherapy 1:30 Chair Yoga w/ Jenn 2:00 Afternoon Movie Funky Friday- Wear a weird color or a funky, printed shirt or hat		9:00 Daily Chronicles 19 9:15 Morning Walk 10:00 Conversation Ball 11:00 Aromatherapy 1:00 Getting to Know U 2:00 Bingo! 3:30 Finish the Phrase Silly Sock Day- Wear a pair of silly socks	
9:00 Daily Chronicles 20 9:15 Morning Stretch 10:00 Sunday Services 11:00 Aromatherapy 1:00 Afternoon Walk 2:00 Music Appreciation 3:00 Memory Boxes 6:00 Evening Movie		9:00 Daily Chronicles 21 9:30 Staying Strong w/ Alan 10:00 Reminiscing the 1970s 11:00 Aromatherapy 1:30 Cardio w/ Jenn 2:30 BINGO! 3:30 Hand Massages 6:00 Family Feud		9:00 Daily Chronicles 22 9:15 Music & Movement 10:00 Balloon Volleyball 11:00 Aromatherapy 1:30 Artistic Expressions 3:00 Card Games 6:00 Caregiver's Choice Autumn Begins		9:15 A visit w/ Yuki 23 9:45 Daily Chronicles 10:00 Balloon Noodle 11:00 Aromatherapy 1:00 Sunshine Visits 2:00 Music w/ John Palmore 3:00 Puzzles 6:00 Evening Movie		9:00 Daily Chronicles 24 9:15 Staying Strong w/Alan 10:30 Catholic Communion 11:00 Aromatherapy 1:00 Color Me Happy 1:30 BINGO! 3:00 Color Me Happy 6:00 Animal Documentary		9:00 Daily Chronicles 25 9:30 Balloon Volleyball 10:15 Gardening Club 11:00 Aromatherapy 1:30 Chair Yoga w/ Jenn 2:00 Music Appreciation 6:00 Caregiver's Choice		9:00 Daily Chronicles 26 9:15 Morning Stretch 10:00 Conversation Starters 11:00 Aromatherapy 1:00 Colors Game 2:00 Bluegrass Association 3:30 Namaste Nail Care 6:00 Evening Movie	
9:00 Daily Chronicles 27 9:15 Morning Stretch 10:00 Sunday Services 11:00 Aromatherapy 1:00 Trivia Time 2:00 Color Me Calm 3:00 Hand Massages 6:00 Evening Movie		9:00 Daily Chronicles 28 9:30 Staying Strong W/Alan 10:00 Morning Stroll 11:00 Aromatherapy 1:30 Cardio w/Jenn 2:30 BINGO! 3:30 Conversation Starters 6:00 Animal Documentary		9:00 Daily Chronicles 29 9:15 Music & Movement 10:00 Balloon Noodle 11:00 Aromatherapy 1:00 Finish the Phrase 1:30 No Bake Club 3:00 Afternoon Walk 6:00 Caregiver's Choice		9:15 A visit w/ Yuki 30 9:45 Daily Chronicles 10:00 Sit and Stretch 11:00 Aromatherapy 1:00 Namaste Nail Care 2:00 High Desert Harpers 3:00 Sunshine Visits 6:00 Table Games		The Lodge September 2026					