

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:45AM Daily Chronicles (AR) 1 11:00AM Name that Tune (AR) 1:30PM Tech Support 2:30PM Read Along Book Club: "Anne of Avonlea" (AR) 4:00PM Gentle Movement (AR) 6:00PM After Dinner Movie (L)	Medical Transportation Day 2 10:30AM Coffee & Conversation 10:45AM Daily Chronicle (AR) 11:00AM Total Body Fitness w/ Kathy (AR) 1:30PM One on One Visit 2:30PM History Channel: President William Howard Taft 6:00PM Movie Hour	Medical Transportation Day 3 10:45AM Daily Chronicles (AR) 1:30PM Food Committee Meeting (DR) 2:00PM Daily Bread w/ Shirley 3:00PM Garbage Card Game 6:00PM Comedy Central	10:00AM Trip to Fred Meyers 4 (Sign up Required) 10:45AM Daily Chronicles (AR) 11:00AM Easy Movement w/ Kathy (AR) 2:00 Balloon Toss (DR) 3:30PM Wheel of Fortune (DR) 6:00PM Movie Night (FR)	10:45AM Daily Chronicle (AR) 5 1:30PM September trivia (DR) 2:30PM BINGO (DR) 4:00PM Seated Cardio (AR) 6:00PM Saturday Night Movie
9AM-10AM Online Church 6 10:45AM Daily Chronicle (AR) 2:00PM BINGO (DR) 4:00PM Garbage Card Game (DR) 6:00PM Movie Night (FR)	10:45AM Daily Chronicle (AR) 7 11:00AM Catch Phrase (AR) 1:30PM Movie Matinee: "High Plains Drifter" (FR) 6:00PM Monday Movie (FR) *Independent activities are available in the Activity Room Labor Day	10:45AM Daily Chronicles (AR) 8 11:00AM Crossword Connections (AR) 1:30PM One on One Visit 2:30PM Read Along Book Club: "Anne of Avonlea" (AR) 4:00PM Strength & Stretch (AR) 6:00PM Resident Choice Movie Night (FR)	Medical Transportation Day 9 10:30AM Good Morning Chat 10:45AM Daily Chronicle (AR) 11:00AM Move Your Body w/ Catherine (AR) 11:00AM Picture Day w/ Stephanie (DR) 2:30PM Crafter's Corner: DIY Flower Tealight Holder (DR) 6:00PM Evening Movie	Medical Transportation Day 10 10:45AM Daily Chronicles (AR) 1:30PM One on One Visit 2:00PM Daily Bread w/ Shirley 3:30PM Resident Meeting (DR) 4:00PM Balloon Toss (DR) 6:00PM Netflix Movie Night	10:00AM Shopping @ Hobby Lobby (FL) 11 (Sign up Required) 10:45AM Daily Chronicles (AR) 11:00AM Gentle Yoga w/ Kathy 2:30PM Documentary: Voices & Heros of the 9/11 Flights (DR) 4:00PM Music & Manicures (AR) 6:00PM Friday Night Movie Rosh Hashanah Begins	10:45AM Daily Chronicle (AR) 12 11:00AM Sole Support Parkinson's Walk (Sign up Required) 6:00PM Saturday Night Movie *Independent activities are available in the Activity Room
9AM-10AM Online Church 13 10:45AM Daily Chronicle (AR) 2:00PM BINGO (DR) 4:00PM Name that Tune (AR) 6:00PM Sunday Night Movie Grandparents Day	10:45AM Daily Chronicle (AR) 14 11:00AM Catch Phrase (AR) 1:30PM Movie Matinee: "Something's Gotta Give" (FR) 6:00PM Monday Movie (FR) *Independent activities are available in the Activity Room	10:45AM Daily Chronicles (AR) 15 11:00AM Crossword Collab (AR) 1:30PM One on One Visit 2:30PM Read Along Book Club: "Anne of Avonlea" (AR) 4:00PM Seated Yoga (AR) 6:00PM Movie on Netflix (FR)	Medical Transportation Day 16 10:45AM Daily Chronicle (AR) 11:00AM Seated Cardio w/ Catherine (AR) 1:30PM One on One Visit 2:30PM Apple Dippers Social (DR) 6:00PM Movie Night	Medical Transportation Day 17 10:45AM Daily Chronicles (AR) 1:30 PM Activity Planning Meeting (AR) 2:00PM Daily Bread w/ Shirley 3:30PM Wii Bowling (FR) 4:00PM Gentle Seated Yoga 6:00PM Resident Choice Movie	10:00AM Thrifting @ Goodwill 18 (Sign up Required) 10:45AM Daily Chronicles (AR) 11:00AM Low Impact Cardio w/ Kathy (AR) 1:30PM Tech Support 2:30PM Balloon Toss (DR) 4:00PM Mani & Mingle (AR) 6:00PM Movie Night (FR)	10:30AM Rise and Reflect (AR) 19 10:45AM Daily Chronicles (AR) 11:00AM Shut the Box (AR) 1:30PM One on One Visit 2:00PM Butterflies of Remembrance: A Celebration of Life Outing (Sign up Required) 4:00PM Full Body Yoga (DR) 6:00PM Saturday Night Movie Oktoberfest Begins
9AM-10AM Online Church 20 10:45AM Daily Chronicle (AR) 2:00PM BINGO (DR) 4:00PM Trivia (AR) 6:00PM Movie Night (FR) Yom Kippur Begins	10:45AM Daily Chronicle (AR) 21 11:00AM Dominoes (AR) 1:30PM Monday Matinee: "Old Henry" (FR) 6:00PM Monday Movie (FR) *Independent activities are available in the Activity Room	10:30AM Rise and Reflect (AR) 22 10:45AM Daily Chronicles (AR) 11:00AM Trivia (AR) 1:30PM One on One Visit 2:30PM Dirty Soda Bar Social w/ Musical Performance (DR) 4:00PM Seated Yoga (AR) 6:00PM Easy Evening Movie Autumn Begins	Medical Transportation Day 23 10:45AM Daily Chronicle (AR) 11:00AM Strength & Stretch w/ Catherine (AR) 1:30 Tech Support 2:30PM Crafter's Corner: Fall Door Decorations (DR) 6:00PM Wednesday Night Movie	Medical Transportation Day 24 10:45AM Daily Chronicles (AR) 1:30PM One on One Visit 2:00PM Daily Bread w/ Shirley 3:00 PM Documentary: The Great Fire of London (DR) 4:00PM Guided Exercises (DR) 6:00PM Friends & Family Bingo Night	10:45AM Daily Chronicles (AR) 25 11:00AM Low Impact Cardio w/ Kathy (AR) 11:00AM Lunch @ Chipotle Mexican Grill (Sign up Required) 2:30PM Wheel of Fortune (DR) 4:00PM Nail Glam 6:00PM Friday Move Night (FR) Sukkot Begins	10:30AM Morning Discussions 26 10:45AM Daily Chronicles (AR) 11:00AM Dominoes (AR) 1:30PM Tech Support 2:30PM BINGO w/ Raffle Drawing (DR) 4:00PM Chair Cardio (DR) 6:00PM Saturday Night Movie
9AM-10AM Online Church 27 10:45AM Daily Chronicle (AR) 2:00PM BINGO (DR) 4:00PM Words in Words (AR) 6:00PM After Dinner Movie	10:45AM Daily Chronicle (AR) 28 11:00AM Catch Phrase (AR) 1:30PM Monday Matinee: "The Last Laugh" 6:00PM Monday Movie (FR) *Independent activities are available in the Activity Room	10:30AM Rise and Reflect (AR) 29 10:45AM Daily Chronicles (AR) 11:00AM Shut the Box (AR) 1:30PM Technology Support 2:30PM Read Along Book Club: "Little Women" 4:00PM Easy Movement (AR) 6:00PM Resident Choice Evening Movie	Medical Transportation Day 30 10:45AM Daily Chronicle (AR) 11:00AM Strength & Stretch w/ Catherine (AR) 1:30PM One on One Visit 2:30 PM September Birthday's Celebration w/ Musical Performance (DR) 6:00PM Wednesday Night Movie	 September 2026		