

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		10:00 Daily Chronicles w/Kristy 1 11:00 Everfit Exercise with Paz 1:00 Brain Games 2:15 Dan on Piano 4:00 Bingo 6:00 Movie: <i>Seabiscuit</i> (Pea)	9:30 Exercise w/Rita 2 10:30 Coffee Social 11:00 Discussion: Is Karma Real? 2:00 Gus Russel on Piano 4:00 Dealers Choice Poker 6:00 Resident Card Game	9:00 Self Led Walkabout 3 11:00 Resident Led Scrabble 1:30 DIY Nail Spa 4:00 Happy Hour 6:00 Series Night: <i>Star Trek: The Next Generation</i> (S1E11)(P+)	10:00 Strength Training 4 11:00 Everfit Music with Paz 1:00 Beanbag Baseball 2:30 Texas Hold 'Em 4:30 Socializing in the Lobby 6:00 TV Time, Caregivers Choice	9:30 Chair Fitness on YouTube 5 10:30 Borrow a Book from the Library 11:00 Spiritual Services on YouTube 3:00 Resident Led Sing Along 6:00 Game: Residents' Choice
10:00 Exercise w/Rita 6 11:30 Lunch Outing: The Old Spaghetti Factory 1:00 Matinee: <i>The Magic of Belle Isle</i> (NF) 3:30 The No Talent Show Practice 6:00 Documentary: <i>Dolly Parton: A MusiCares Tribute</i> (NF)	9:30 Morning Stretch w/Kristy 7 10:00 Shopping: Bi-Mart 1:30 Walking Club 2:00 Activity Planning for October 4:00 Bingo 6:00 Game: Residents' Choice Labor Day	10:00 Daily Chronicles w/Kristy 8 11:00 Everfit Exercise with Paz 1:00 Balloon Swat 2:15 Dan on Piano 4:00 Social Coloring 6:00 Movie: <i>Lilly</i> (NF) Mike A.'s Birthday	9:30 Exercise w/Rita 9 10:30 Coffee Social 11:00 Discussion: Honesty 2:00 Vocalist Sara Scofield 4:00 Dealers Choice Poker 6:00 Resident Card Game	9:00 Self Led Walkabout 10 11:00 Resident Led Dominos 1:00 Outing: St. Vinnie's 4:00 Happy Hour 6:00 Series Night: <i>Star Trek: The Next Generation</i> (S1E12)(P+)	10:00 Strength Training 11 11:00 Everfit Music with Paz 1:00 Nail Polish Change w/Kristy 2:30 Texas Hold 'Em 4:30 Socializing in the Lobby 6:00 TV Time, Caregivers Choice Jean's Birthday	9:30 Chair Fitness on YouTube 12 10:30 Walk Around the Building 11:00 Spiritual Services on YouTube 3:00 Resident Led Sing Along 6:00 Game: Residents' Choice
10:00 Exercise w/Rita 13 11:00 Craft: Keepsake Box 2:00 Peanut Auction 4:00 The No Talent Show Practice 6:00 Documentary: <i>Mike Wallace is Here</i> (NF) Grandparents Day	9:30 Morning Stretch w/Kristy 14 10:00 Shopping: Albertson's/Trader Joe's 1:30 Walking Club 2:00 Storytelling 4:00 Bingo 6:00 Game: Residents' Choice	10:00 Daily Chronicles w/Kristy 15 11:00 Everfit Exercise with Paz 1:00 Beanbag Baseball 2:15 Dan on Piano 4:00 Social Coloring 6:00 Movie: <i>The Theory of Everything</i> (NF)	9:30 Exercise w/Rita 16 10:30 Coffee Social 11:00 Discussion: Social Norms & Rules 2:00 Have a Guac-ing Good Time! (come enjoy some chips and guac) 4:00 Dealers Choice Poker 6:00 Resident Card Game	9:00 Self Led Walkabout 17 11:00 Resident Led Card Game 2:00 Coffee & Donuts with Kyla from Optum 4:00 Happy Hour 6:00 Series Night: <i>Star Trek: The Next Generation</i> (S1E13)(P+)	10:00 Strength Training 18 11:00 Everfit Music with Paz 1:00 Hangman 2:30 Texas Hold 'Em 4:30 Socializing in the Lobby 6:00 TV Time, Caregivers Choice	9:30 Chair Fitness on YouTube 19 10:30 Read a Book on the Patio 11:00 Spiritual Services on YouTube 3:00 Resident Led Sing Along 6:00 Game: Residents' Choice
10:00 Exercise w/Rita 20 11:00 Craft: Ribbon Bracelets 2:00 The No Talent Show Practice 4:00 Paper Airplane Build and Race 6:00 Documentary: <i>30 Greatest Moments: Adele</i> (Pea)	9:30 Morning Stretch w/Kristy 21 9:45 Shopping: Walmart 1:30 Walking Club 2:00 Annette & Harold Sing and Play Music for Us 4:00 Bingo 6:00 Game: Residents' Choice	10:00 Daily Chronicles w/Kristy 22 11:00 Everfit Exercise with Paz 1:00 Nail Polish Change w/Kristy 2:15 Dan on Piano 4:00 Social Coloring 6:00 Movie: <i>The Dig</i> (NF) Autumnal Equinox - First Day of Fall -	9:30 Exercise w/Rita 23 10:30 Coffee Social 11:00 Discussion: Fate or Destiny? 1:00 Outing: Apple Shopping at Detering Orchards 4:00 Dealers Choice Poker 6:00 Resident Card Game	9:00 Self Led Walkabout 24 10:30 Resident Led Cribbage 1:30 Matinee: <i>Yours, Mine and Ours</i> (AP) 4:30 Wine & Appetizers 5:00 Friends & Family Buffet	10:00 Strength Training 25 11:00 Everfit Music with Paz 1:00 Fall Trivia 2:30 Texas Hold 'Em 4:30 Socializing in the Lobby 6:00 TV Time, Caregivers Choice	9:30 Chair Fitness on YouTube 26 10:30 Start a Game of Cards 11:00 Spiritual Services on YouTube 3:00 Resident Led Sing Along 6:00 Game: Residents' Choice
10:00 Exercise on YouTube 27 11:00 Resident Led Scrabble 1:00 Matinee: <i>Field of Dreams</i> (NF) 4:00 Fetch Therapy Dogs 6:00 Documentary: <i>Raise Hell: The Life and Times of Molly Ivins</i> (NF) Betty's Birthday	9:30 Exercise w/Kristy 28 10:00 Shopping: Safeway 1:30 September Birthdays Cake 3:30 Resident Council 6:00 Resident Card Game Harry's Birthday	10:00 Daily Chronicles w/Kristy 29 11:00 Quiddler 1:30 Resident Food Council 2:30 Bingo 4:00 Social Coloring 6:00 Movie: <i>Mud</i> (Pea)	9:30 Exercise w/Rita 30 10:30 Coffee Social 11:00 Discussion: Does Human Nature Change? 2:00 The No Talent Show Practice 4:00 Dealers Choice Poker 6:00 Resident Card Game	Please remember, all bus outings require sign-up in advance. Activities are hosted in the lounge unless otherwise indicated. Every effort is made to fulfill all calendar events; however, activities could be subject to change. Movie descriptions will be listed on the daily schedule posted at front desk.		