

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Key Activity Room- AR Library -L In Room- IR Dining Room- DR Assisted Living- AL Outings/Lunch Money- O\$ Patio- P		9:40- Weight Training AR 1 10:30- Word in Words AR 1:00- Rick Steves Iceland AR 3:00- Wii Sports AR 3:30- Poker AR 4:00- Topsy Tuesday DR	9:40- All Assisted AR 2 Fitness w/Katherine 10:30- Church Worship AR W/ Curt 12:00- Brain Teasers DR 1:00-Famous Faces Trivia AR 3:00- B-I-N-G-O AR 4:15- Bingo Cart AR	9:40- Sit and Be Fit AR 3 10:30- Music w/ Teresa DR 1:00- Scenic Drive O 2:00- Fancy Nails AR 3:30- Group Art Project AR 5:30- Tv Trivia AR	9:40- All Assisted AR 4 Fitness w/Katherine 10:30-Donuts & Devotions AR 1:00- Book Club DR 1:30- Trash The Cards AR 2:00- Baking w/ Melody AR 3:30- Indoor Basketball AR	9:40 - Chair Fit n- Groove 5 10:30- Daily Chronicles AR 11:00- Sing Along AR 1:00- History w/ Harry AR 1:30- Library Outing O Gardening Class 3:30- Movie & Popcorn AR 5:30- Documentary AR
9:30- Men's Social AR 6 11:00- Sing Along AR 1:00- Movie & Popcorn AR "Arthur The King" 3:00- B-I-N-G-O AR 4:15- Bingo Cart AR 6:00- Evening News	9:40- Seated Workout AR 7 10:00- Church w/ Chuck L 10:45- Pet Therapy w/ Bear 11:00- Walking Group AL 1:00- Store Outing O 3:00- Documentary <i>"The Rise Of Labor 1963"</i> Labor Day	9:40- All Assisted AR 8 Fitness w/Katherine 10:30- Puzzle Table 1:00- Rick Steves Europe AR 3:00- Wii Sports AR 3:30- Poker AR 4:00- Topsy Tuesday DR	9:40- All Assisted AR 9 Fitness w/Katherine 10:30- Church Worship AR W/Curt 12:00- Brain Teasers DR 1:00- Finish The Lines AR 3:00- B-I-N-G-O AR Happy B-Day Jackie	9:30- Milwaukie CC 10 Ukulele Jam 1:00- Noodle Ball DR 2:00- Fancy Nails AR 3:00- Chef Talk w/ Ethan DR 4:00- Group Art Project AR 5:30- Tv Trivia AR	9:40- All Assisted AR 11 Fitness w/Katherine 10:30- Crafty Corner 1:00- Book Club DR 2:00- Baking w/ Melody AR 3:00- Short Stories AR 4:00- Wind Down Stretch AR Rosh Hashanah Begins	9:40 - Chair Fit n- Groove 12 10:30- Daily Chronicles AR 11:00- Sing Along AR 1:30- Live Music "Howard O Wade" Oak Lodge Library 3:30- Movie & Popcorn AR 5:30- Documentary AR Happy B-Day Chuck
9:30- Men's Social AR 13 10:00- Challenging Minds AR 11:00- Sing Along AR 2:00- Banana Bash w/ AR Grandparents 3:00- B-I-N-G-O AR Happy B-Day Harriet 	9:40- Chair Yoga AR 14 10:00- Church w/ Chuck L 10:45- Pet Therapy w/ Bear 11:00- Walking Group AL 1:00- Store Outing O 2:30- Hand Therapy AR 3:00- Reminiscing AR 5:30- Ted Talk AR	9:40- All Assisted AR 15 Fitness w/Katherine 10:30- Cassia's Coffee Corner 11:00- Table Games AR 1:30- Music w/Monte DR 3:00- Wii Sports AR 3:30- Poker AR Happy B-Day Vera	9:40- All Assisted AR 16 Fitness w/Katherine 10:30- Church Worship AR W/Curt 1:00- Suduko Puzzles AR 3:00- B-I-N-G-O AR 4:15- Bingo Cart AR	9:40- Sit and Be Fit AR 17 10:30- Word Puzzles AR 1:30- Music w/Kris DR 2:00- Fancy Nails AR 3:30- Wine Tasting CM 4:00- Board Games AR 5:30- Tv Trivia AR	9:40- All Assisted AR 18 Fitness w/Katherine 10:30- Ukulele w/ Tom DR 1:00- Book Club DR 2:00- Baking w/ Melody AR 3:00- Indoor Bowling AR 4:00- Stretch & Breathe AR	9:40 - Chair Fit n- Groove 19 10:30- Daily Chronicles AR 11:00- Sing Along AR 1:00- History w/ Harry AR 2:00- Create Paper Steins AR & Root Beer Floats 5:30- Documentary AR Oktoberfest
9:00- Rummikub AR 20 10:30-Daily Chronicles AL 1:00- Movie & Popcorn AR "Soul Surfer" 2:00- Afternoon Stroll AL 3:00- B-I-N-G-O AR 4:15- Bingo Cart AR Happy B-Day Diane	9:40- Sit and Be Fit AR 21 10:00- Church w/ Chuck L 10:45- Pet Therapy w/ Bear 11:00- Walking Group AL 2:00- Creative Coloring AL 3:00- Tea & Talk w/ Andrew 5:30- Documentary AR Happy B-Day Bruce	9:40- All Assisted AR 22 Fitness w/Katherine 10:30- Coffee & Chat AR 1:00- Rick Steves Quebec AR 2:00- Salsa Demo w/ Ethan 3:00- Autumn Craft AR 3:30- Poker AR Autumn Begins 	9:40- All Assisted AR 23 Fitness w/Katherine 10:30- Church Worship AR W/Curt 1:00- Sip & Paint w/ Latasha 3:00- B-I-N-G-O AR 4:15- Bingo Cart AR	9:20- Coffee Social AR 24 10:00- Stretch & Flex AR w/ Olyvia 12:00- B-Day Celebration DR 1:30- Piano by Barbara DR 2:00- Fancy Nails AR 3:00- Chef Talk w/ Ethan DR 4:00- Board Games AR	9:40-Chair Aerobics AR 25 10:30-Donuts & Devotions AR 1:00- Facial W/ Mary Kay AR 2:30- Water Painting AR 3:00- Apple Tasting AR 3:30- Gratitude Leaves AR Sukkot 	9:40 - Chair Fit n- Groove 26 10:30- Daily Chronicles AR 11:00- Sing Along AR 1:30- Glass Fused Class Oak Lodge Library 3:30- Movie & Popcorn A 5:30- Documentary AR
9:00- Rummikub AR 27 10:30- Word Puzzles AR 1:00- Movie & Popcorn AR "Ruth & Boaz" 2:00- Afternoon Stroll AL 3:00- B-I-N-G-O AR 4:15- Bingo Cart AR	9:40- Chair Yoga AR 28 10:00- Church w/ Chuck L 10:45- Pet Therapy w/ Bear 11:00- Walking Group AL 2:00- Brain Puzzles AR 3:30- Mocktail Margaritas AR w/ Cher	9:40- All Assisted AR 29 Fitness w/Katherine 10:30- Table Games AR 11:00- Safety Talk w/ Ron AR 1:00- Name That Tune 3:00- Wii Sports AR 3:30- Resident Council AR	9:40- All Assisted AR 30 Fitness w/Katherine 10:30- Church Worship AR 1:00-Afternoon Stroll AR 3:00- B-I-N-G-O AR 4:15- Bingo Cart AR	September 2026 Royalton Place Assisted Living		

All Activities Are Subject to Change to Meet the Needs of Our Residents.