

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September		1 9:00 Style & Shine DR 10:15 '70s Disco Workout 11:00 Walk N' Roll AL 1:00 Paper Painting DR 1:30 David Attenborough's "Light on Earth" 2:30 Pampered Hands DR 3:30 Bingo DR	2 9:00 Morning Gathering P 10:15 F&CS /Katherine DR 10:30 Bible Study AL 11:00 Walk N' Roll AL 1:00 Star of the Month DR "John Travolta" 3:00 Banana Milkshake D 4:00 Sing for Joy LR	3 9:00 Golden Glow Facials 10:30 Music w/Teresa AL 11:00 Walk N' Roll AL 1:00 Scenic Drive O 1:00 PO-KE-NO LR 2:00 Afternoon Chair Yoga 3:00 Family Feud Game 4:00 Puzzles Time	4 9:00 Daily Chronicles LR 10:15 F&CS /Katherine DR 11:00 Walk N' Roll AL 1:00 Arts & Crafts DR 2:00 My '70s TV! LR 3:00 1940s Trivia-Refresh 3:30 Bingo DR	5 9:00 Morning Worship LR 10:00 Fun Chair Exercises 11:00 Walk N' Roll AL 1:00 Discover Nova LR 1:30 Library Outing O Gardening Class 2:00 Comedy Hr. LR 3:00 Friends & Tea DR
6 9:00 Coffee Talk DR 10:00 '60s Workout DR 11:00 Walk N' Roll AL 1:15 Karaoke w/Deya LR 2:00 Sunday Matinee LR 3:00 Bingo w/ Dennis DR 4:00 Afternoon Gathering P	7 9:00 Style & Shine DR 10:15 Sit & Be Fit DR 11:00 Walk N' Roll AL 1:00 Stained Glass Painting 1:30 David Attenborough's "Frozen Worlds" 2:30 Pampered Hands DR 3:30 Bingo DR	8 9:00 Tea Social P 10:15 F&CS /Katherine DR 10:30 Music w/ Mike DR 1:00 Knitting DR 2:00 Expoza Travels LR 3:00 CraveBites and Chat L 3:30 Hang-Man Game DR 4:00 Documentary LR	9 9:00 Morning Gathering P 10:15 F&CS /Katherine DR 10:30 Bible Study AL 11:00 Walk N' Roll AL 1:00 Star of the Month DR "Aretha Franklin" 3:00 Spiced Apples Social 4:00 Sing for Joy LR	10 9:00 Milwaukie CC Ukulele Jam 10:30 Chair Exercise DR 11:00 Walk N' Roll AL 1:00 Noodle Ball DR 2:00 Chair Yoga Dance LR 3:00 Family Feud Game 4:00 Puzzle Time	11 9:00 Daily Chronicles LR 10:15 F&CS /Katherine DR 11:00 Walk N' Roll AL 1:00 Tape Painting DR 2:00 My '70s TV! LR 3:00 1950s Trivia-Refresh 3:30 Bingo DR	12 9:00 Morning Worship LR 10:00 Fun Chair Exercises 11:00 Walk N' Roll AL 1:00 Discover Nova LR 1:30 Live Music "Howard Wade" Oak Lodge Library 2:00 Comedy Hr. LR 3:00 Friends & Tea DR
13 9:00 Coffee Talk DR 10:00 Short Stories DR 11:00 Puzzles DR 1:15 Karaoke w/Melody LR 2:00- Banana Bash w/ Grandparents AL 3:00 Bingo w/ Dennis DR	14 9:00 Tea Social P 10:00 Hang-Man Game LR 10:45 Church w/ Chuck LR 1:00 Mindful Colors DR 2:00 Expoza Travels LR 3:00 CraveBites and Chat L 3:45 Documentary LR	15 9:00 Style & Shine DR 10:15 F&CS /Katherine DR 11:00 Walk N' Roll AL 1:00 David Attenborough's "Fascinating Creatures" 1:30 Music w/ Monte AL 2:30 Pampered Hands DR 3:30 Bingo DR	16 9:00 Morning Gathering P 10:15 F&CS /Katherine DR 10:30 Bible Study AL 11:00 Walk N' Roll AL 1:00 Star of the Month DR "Bee Gees" 3:00 Yogurt Parfait Social 4:00 Sing for Joy LR	17 9:00 Golden Glow Facials 10:30 Chair Exercise DR 11:00 Walk N' Roll AL 1:30 Music w/Kris Delane 2:30 Chair Yoga Dance LR 3:00 Family Feud Game 4:00 Puzzle Time	18 9:00 Daily Chronicles LR 10:15 F&CS /Katherine DR 10:45 Music w/Ted DR 11:00 Walk N' Roll AL 1:00 Arts & Crafts DR 2:00 Men's Social LR 3:00 1960s Trivia-Refresh 3:30 Bingo DR	19 9:00 Morning Worship LR 10:00 Fun Chair Exercises 11:00 Walk N' Roll AL 1:00 Event Prep DR 1:00 Family Event DR 2:00 Comedy Hr. LR 3:00 Friends & Tea DR
20 9:00 Coffee Talk DR 10:00 Pampered Hands w/Tiffany DR 11:00 Mindful Coloring DR 1:15 Karaoke w/Melody LR 2:00 Sunday Matinee LR 3:00 Bingo w/ Dennis DR 4:00 Afternoon Gathering P	21 9:00 Tea Social P 10:00 Hang-Man Game LR 10:45 Church w/ Chuck LR 1:00 Mindful Colors DR 2:00 Expoza Travels LR 3:00 CraveBites and Chat L 3:45 Documentary LR	22 9:00 Style & Shine DR 10:15 F&CS /Katherine DR 11:00 Walk N' Roll AL 1:00 Aboriginal Dot Art LR 1:30 David Attenborough's "Hummingbirds" 2:30 Pampered Hands DR 3:30 Bingo DR	23 9:00 Morning Gathering P 10:15 F&CS /Katherine DR 10:30 Bible Study AL 11:00 Walk N' Roll AL 1:00 Star of the Month DR "Dolly Parton" 2:00 Educational Doc. LR 3:00 Baked Cinnamon Pear 4:00 Sing for Joy LR	24 9:00 Golden Glow Facials 10:30 Chair Exercise DR 11:00 Walk N' Roll AL 12:00 B-Day Celebration 1:30 Piano by Barbara AL 2:30 Chair Yoga Dance LR 3:00 Family Feud Game 4:00 Puzzle Time	25 9:00 Daily Chronicles LR 10:15 Chair Zumba DR 11:00 Walk N' Roll AL 1:00 Arts & Crafts DR 2:00 My '70s TV! LR 3:00 1970s Trivia-Refresh 3:30 Bingo DR	26 9:00 Morning Worship LR 10:00 Fun Chair Exercises 11:00 Walk N' Roll AL 1:00 Facial W/ Mary Kay LR 1:30 Glass Fused Class Oak Lodge Library 2:00 Comedy Hr. LR 3:00 Friends & Tea DR
27 9:00 Coffee Talk DR 10:00 Short Stories DR 11:00 Puzzles DR 1:15 Karaoke w/Melody LR 2:00 Sunday Matinee LR 3:00 Bingo w/ Dennis DR 4:00 Afternoon Gathering P	28 9:00 Tea Social P 10:00 Hang-Man Game LR 10:45 Church w/ Chuck LR 1:00 Mindful Colors DR 2:00 Expoza Travels LR 3:00 CraveBites and Chat L 3:45 Documentary LR Happy Birthday Margaret	29 9:00 Style & Shine DR 10:15 F&CS /Katherine DR 11:00 Walk N' Roll AL 1:00 Canvas Bag Painting 1:30 David Attenborough's "Incredible Wildlife" 2:30 Pampered Hands DR 3:30 Bingo DR	30 9:00 Morning Gathering 10:15 F&CS /Katherine DR 10:30 Bible Study AL 11:00 Walk N' Roll AL 1:00 Star of the Month DR "John Denver" 3:00 Peach Slices Social 4:00 Sing for Joy LR	Royalton Place Memory Care Location Key Living Room- LR Dining Room- DR Assisted Living-AL Patio/Courtyard- CY Bus Outing-O Lunch Money- L\$		

Activities Are Subject to Change to Meet the Needs of Our Residents.