

Newsletter

September 2026



September Resident of Month

Congratulations to our resident of the Month, Mary C., Mary has a warm smile and kind words for everyone she meets. Mary is new to our building and we are happy she is with us.

Congratulations, from All of Us at Cascades of Stayton.



August Employee of the Month

Congratulations to Kara C. for our August employee of the month. Kara has been with our building for 16 years and her current role is our "Life Enrichment Director."

"Our Community feels like home to me."
Congradulations, From Cascades of Stayton.



Chef's Chat

Chef's Chat this month will be Thursday, September 10th at 3pm. With Belinda in the Dining Room. This is a meeting to talk with the "Dining Service Director." Everyone is encouraged to attend.

Kitchen Krew

We're reviving cooking time, now named the Kitchen Krew! This is a wonderful opportunity for everyone to come together, share recipes, and explore new culinary creations. Let's get cooking or baking! The month of September we will be making German Food.

Creative Writing

Every Monday at 3pm, come join our creative writing time. Write with us, help build our story, or relax and enjoy the words. We'll share the finished story with our community.

Activity Meeting

Everyone is encouraged and welcome to come to our Activity Meeting. This is a fun time to get together and share ideas of places and things all the residents would like to do. Local movie night? Have a favorite restaurant you would like to enjoy? Come and share your ideas with us. See calendar for date and time.



MORE ABOUT US

September Birthday's

Happy Birthday to you, Happy Birthday to you, Happy Birthday Dear.....



Karen Z. Sept. 4th
Ginger B. Sept. 22nd
Kathy C. Sept. 27th
Corlee R. Sept. 30th

Happy Birthday to you!



Hawaiian Day



OUR STAFF

Alma Quesada- Executive Director
Piper Freres- Business Office Manager
George Curtis-Plant Operations Director
Scott Skinner- RN
Stephanie Salazar-Wellness Director
Belinda Vanzandt-Dining Service Director
Kara Childress-Life Enrichment Director

