

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30/11:45 Pool Fit -pool 1 10:00 Phase 10 Game -atr 10:50 Everfit: Standing Tolerance -gym 1:00 WOW: Women of Waterford -bty 2:00 Resident Led Bingo -dta 2:45 Everfit: Fall Prevention/Cardio -pool 6:30 Movie: See Daily	10:00 Phase 10 Game -atr 2 10:30 Walking Group w/ Sierra! 1:15 Everfit: Upper Body -gym 2:00 Activities Meeting w/Sierra & Andrea -thr 3:30 Current Events -dta 4:00 Everfit: Parkinson's -gym 6:30 Movie: See Daily	9:30/11:45 Pool Fit -pool 3 Phase 10 Game -atr 10:50 Everfit: Standing Tolerance -gym 1:00 OMG: Old Men's Group -bty 2:00 Resident Led Bingo -dta 3:00 Crosswords & Wordsearch w/ friends! -atr 6:30 Movie: See Daily	10:00 Phase 10 Game -atr 4 10:30 Bible Study w/Tim -bty 1:00 Shopping Outing: Wal-Mart 1:15 Everfit: Upper Body -gym 3:00 Agatha Christie -dta 4:00 Everfit: Parkinson's -gym 4:00 Happy Hour -bst 6:30 Movie: See Daily	10:00 -Saturday Market 5 10:00 Phase 10 Game -atr 12:30 Oregon Ducks vs Boise State-thr 1:30 Tech Support -atr 2:00 Resident Led Bingo -dta 3:30 History Discussion -dta 6:30 Movie: See Daily
9:30 Online Church -thr 6 10:00 Phase 10 Game-atr 11:00 Resident 1:1 Hour-Activity Office 1:30 Sunday Matinee 2:00 Resident led Bingo! -dlta 6:30 Movie: See Daily	Labor Day 7 9:30 Waterford Walk -Outdoor 11:15 Everfit: Upper Body -gym 10:00 Phase 10 Game -atr 12:00 Labor Day BBQ-dr 1:30 Labor Day Treat Bar-bst 3:00 TV Show: Grace & Frankie -thr 4:00 Everfit: Parkinson's -gym 6:30 Movie: See Daily Labor Day	9:30/11:45 Pool Fit -pool 8 10:00 Phase 10 Game -atr 10:50 Everfit: Standing Tolerance -gym 1:00 WOW: Women of Waterford -bty 2:00 Gus Russell Piano! -dr 2:00 Resident Led Bingo -dta 3:00 Italian Soda Bar!-bst 2:45 Everfit: Fall Prevention/Cardio -pool 6:30 Movie: See Daily	10:00 Phase 10 Game -atr 9 1:15 Everfit: Upper Body -gym 2:00 Resident Council - dta 3:30 Current Events -dta 4:00 Everfit: Parkinson's -gym 6:30 Movie: See Daily	9:30/11:45 Pool Fit -pool 10 Phase 10 Game -atr 10:50 Everfit: Standing Tolerance -gym 1:00 OMG: Old Men's Group -bty 2:00 Resident Led Bingo -dta 3:00 September Birthday Celebration-bst 3:00 Crosswords & Wordsearch w/ friends! -atr 6:30 Movie: See Daily	Patriot Day Remembrance 11 10:00 Phase 10 Game -atr 10:30 Bible Study w/Tim -bty 1:00 Shopping Outing: Bi-Mart 1:15 Everfit: Upper Body -gym 3:00 Agatha Christie -dta 4:00 Everfit: Parkinson's -gym 4:00 Happy Hour -bst 6:30 Movie: See Daily Rosh Hashanah Begins	9:00 Oregon vs. Oklahoma State-thr 12 10:00 Florence Fall Classic Car Show 10:00 Phase 10 Game -atr 2:00 Resident Led Bingo -dlta 3:30 History Discussion -dlta 6:30 Movie: See Daily
Grandparents Day 13 9:30 Online Church -thr 10:00 Phase 10 Game-atr 11:00 Resident 1:1 Hour-Activity Office 1:30 Sunday Matinee 2:00 Resident led Bingo! -dlta 3:00 Grandparents Day Social -dlta 6:30 Movie: See Daily Grandparents Day	9:30 Waterford Walk -Outdoor 14 11:15 Everfit: Upper Body -gym 10:00 Phase 10 Game -atr 3:00 TV Show: Grace & Frankie -thr 4:00 Everfit: Parkinson's -gym 6:30 Movie: See Daily	9:30/11:45 Pool Fit -pool 15 10:00 Phase 10 Game -atr 10:50 Everfit: Standing Tolerance -gym 1:00 WOW: Women of Waterford -bty 2:00 Resident Led Bingo -dta 2:45 Everfit: Fall Prevention/Cardio -pool 6:30 Movie: See Daily	National Guacamole Day 16 10:00 Phase 10 Game -atr 1:15 Everfit: Upper Body -gym 2:00 Chef's Corner -dta 3:30 Current Events -thr 3:00 Guacamole Bar -dlta 4:00 Everfit: Parkinson's -gym 6:30 Movie: See Daily	9:30/11:45 Pool Fit -pool 17 Phase 10 Game -atr 10:50 Everfit: Standing Tolerance -gym 1:00 OMG: Old Men's Group -bty 2:00 Sara Scofield Sings! -dr 2:00 Resident Led Bingo -dta 3:00 Crosswords & Wordsearch w/ friends! -atr 6:30 Movie: See Daily	Airforce Birthday 18 10:00 Phase 10 Game -atr 10:30 Bible Study w/Tim -bty 1:00 Shopping Outing: Trader Joes 1:15 Everfit: Upper Body -gym 2:00 U.S. Airforce Social -bst 3:00 Agatha Christie -dta 4:00 Everfit: Parkinson's -gym 4:00 Happy Hour -bst 7:30 Oregon vs. Portland State-thr	10:00 5th street market Trip 19 10:00 Phase 10 Game -atr 1:00 DIY Bookmarks -dlta 2:00 Resident Led Bingo -dta 3:30 History Discussion -dlta 6:30 Movie: See Daily Oktoberfest Begins
9:30 Online Church -thr 20 10:00 Phase 10 Game-atr 11:00 Resident 1:1 Hour-Activity Office 1:30 Sunday Matinee 2:00 Resident led Bingo! -dlta 6:30 Movie: See Daily Yom Kippur Begins	9:30 Waterford Walk -Outdoor 21 11:15 Everfit: Upper Body -gym 10:00 Phase 10 Game -atr 1:30 Retirement Finances: "Secure & Protect your Wealth"-dlta 3:00 TV Show: Grace & Frankie -thr 4:00 Everfit: Parkinson's -gym 6:30 Movie: See Daily	Autumn Equinox 22 9:30/11:45 Pool Fit -pool 10:00 Phase 10 Game -atr 10:50 Everfit: Standing Tolerance -gym 1:00 WOW: Women of Waterford -bty 2:00 Resident Led Bingo -dta 2:45 Everfit: Fall Prevention/Cardio -pool 3:00 First Day of Fall Social -dlta 6:30 Movie: See Daily Autumn Begins	10:00 Phase 10 Game -atr 23 11:30 Lunch Outing: Cornucopia-bus 1:15 Everfit: Upper Body -gym 3:00 Apple Cider & Donuts -bst 3:30 Current Events -dta 4:00 Everfit: Parkinson's -gym 6:30 Movie: See Daily	9:30/11:45 Pool Fit -pool 24 Phase 10 Game -atr 10:50 Everfit: Standing Tolerance -gym 1:00 OMG: Old Men's Group -bty 2:00 Resident Led Bingo -dta 3:00 Crosswords & Wordsearch w/ friends! -atr 6:30 Movie: See Daily	10:00 Phase 10 Game -atr 25 10:30 Bible Study w/Tim -bty 1:00 Shopping Outing: Fred Meyer 1:15 Everfit: Upper Body -gym 3:00 Agatha Christie -dta 4:00 Everfit: Parkinson's -gym 4:00 Happy Hour -bst 6:30 Movie: See Daily Sukkot Begins	TBD Oregon vs. USC 26 10:00 -Thistledown Farm 10:00 Phase 10 Game -atr 1:00 DIY Autumn Wreath -dlta 2:00 Resident Led Bingo -dta 3:30 History Discussion -dta 6:30 Movie: See Daily
9:30 Online Church -thr 27 10:00 Phase 10 Game-atr 11:00 Resident 1:1 Hour-Activity Office 1:30 Sunday Matinee 2:00 Resident led Bingo! -dlta 6:30 Movie: See Daily	9:30 Waterford Walk -Outdoor 28 11:15 Everfit: Upper Body -gym 10:00 Phase 10 Game -atr 1:30 Retirement Finances: "Don't Be a Burden"-glta 2:00 Tim Sings! -dr 3:00 TV Show: Grace & Frankie -thr 4:00 Everfit: Parkinson's -gym 6:30 Movie: See Daily	National Coffee Day 29 9:30/11:45 Pool Fit -pool 10:00 Cozy Coffee Bar -bst 10:00 Phase 10 Game -atr 10:50 Everfit: Standing Tolerance -gym 1:00 WOW: Women of Waterford -bty 2:00 Reader's Theatre-thr 2:45 Everfit: Fall Prevention/Cardio -pool 6:30 Movie: See Daily	10:00 Phase 10 Game -atr 30 1:15 Everfit: Upper Body -gym 3:00 DIY Fall Welcome Mats -dlta 3:30 Current Events -thr 4:00 Everfit: Parkinson's -gym 6:30 Movie: See Daily			