# November 2026

The EverFit Club

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 9:15 Ever-Fit (DW) | 9:15 Ever-Fit (DW) | 9:15 Zumba (DW) | 9:15 Ever-Fit (DW) | 9:15 Ever-Fit (DW) | 9:15 Ever-Fit (DW) | 9:15 Ever-Fit (DW) |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 9:15 Ever-Fit (DW) | 9:15 Ever-Fit (DW) | 9:15 Zumba (DW) | 9:15 Ever-Fit (DW) | 9:15 Zumba (DW) | 9:15 Ever-Fit (DW) | 9:15 Ever-Fit (DW) |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 9:15 Ever-Fit (DW) | 9:15 Ever-Fit (DW) | 9:15 Zumba (DW) | 9:45 Zumba (DW) | 9:15 Ever-Fit (DW) | 9:15 Ever-Fit (DW) | 9:15 Ever-Fit (DW) |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 9:15 Ever-Fit (DW) | 9:15 Ever-Fit (DW) | 9:15 Zumba (DW) | 9:15 Ever-Fit (DW) | 9:15 Ever-Fit (DW) | 9:15 Ever-Fit (DW) | 9:15 Ever-Fit (DW) |
| 29 | 30 | | | | | |
| 9:15 Ever-Fit (DW) | 9:15 Ever-Fit (DW) | | | | | |

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FITNESS AND COGNITIVE SERVICES

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