

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2026

The Inn at Arbor Village

				9:30 Daily Chronicles 10:00 Card Games 1:00 Bible Study 2:30 Mexican Train 3:30 Guitar Gil 5:45 Rumikub	9:00 Morning Stretches 10:00 Fred Meyer 10:00 Card Games 12:00 Octoberfest Lunch 1:30 Pretzels & beer cheese 2:30 Bingo 5:00 Board Games	9:00 Coffee & Conversation 10:00 Card Games 1:30 Seated Yoga 2:30 Bingo 3:30 Social Hour 5:45 Board Games
9:30 Virtual worship 10:00 Game of Choice 1:30 Seated Exercise 2:30 Bingo 3:30 Adult Coloring 4:00 Chargers vs Seahawks 5:45 Rumikub	9:30 Exercise with Marshal 10:00 Dollar Store 1:30 Walking Group 2:30 Manicures 3:30 Balloon Bop 7:00 Wheel of Fortune	7:30 Men's Breakfast 9:30 Zumba with Claudia 10:00 Games 1:00 Bible Study 2:00 Fall Craft 3:30 Hot Chocolate Social 7:30 Jeopardy	Covid & Flu Vaccine Clinic 10:00 Card Games 1:30 Walking Group 2:30 Ice Cream Social 4:30 Special Dinner 6:00 Board Games	9:30 Zumba with Claudia 10:00 Card Games 11:00 Resident Council 1:00 Bible Study 2:30 Watercolor & Wine 4:00 Balloon Bop 7:30 Jeopardy	10:00 Fred Meyer 10:00 Card Games 12:00 Seree Thai Cuisine 12:00 <i>Fall Festival Themed meals, cider AV</i> 1:30 Balloon Bop 2:00 Cameron on Piano 4:00 <i>Cabaret AV</i>	9:00 Word Search Challenge 10:00 Card Games 1:30 Seated Yoga 2:30 Hot Chocolate Social 3:30 Bean Bag Toss 6:00 Evening Movie
9:30 Virtual worship 10:00 Card Games 1:25 Seahawks vs 49ers 1:30 Pool Game 2:30 Ice Cream Social 3:30 Bingo 6:00 Watch Documentary Gorilla Story	9:30 Exercise with Marshal 10:00 Walmart 10:00 Games 1:30 Walking Group 2:30 Bean Bag Toss 3:30 Halloween Trivia 6:00 Evening News Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	9:30 Zumba with Claudia 10:00 Card Games 1:00 Bible Study 2:30 Word Games & Riddles 3:30 October Birthday Party 6:00 Evening News	7:00 Ladies Breakfast 9:30 Seated Yoga 10:00 Card Games 1:30 Walking Group 2:30 Bean Bag Toss 3:30 Fact or fiction? 7:30 Jeopardy	9:30 Zumba with Claudia 11:00 Handmade textile Vendor 1:00 Bible Study 2:30 Fall Coloring 4:00 Tail Gate Party 5:15 Seahawks vs Broncos	10:00 Fred Meyer 10:00 Card Games 1:30 Balloon Bop 2:30 Tea Social 3:30 Board Games 7:30 Jeopardy	9:00 Coffee and Conversation 10:00 Card Games 1:30 Seated Tai Chi 2:30 Bingo 3:30 Adult Coloring 6:00 Puzzle Group
9:30 Virtual worship 10:00 Board Games 1:30 Rummikub 2:30 Hot Chocolate Social 2:20 <i>Worship with Shaffer's AV</i> 6:00 Watch Surviving Paradise a family Tale	9:30 Exercise with Marshal 10:00 Costco 10:00 Card Games 1:30 Walking Group 2:30 Halloween cookie decorating 5:45 Board Games	9:30 Zumba with Claudia 10:00 Card Games 1:00 Bible study 2:00 Travel the World 3:30 Mexican Train 5:00 Diner Night	9:30 Chair Exercise 10:00 Card Games 1:30 Cooks Corner 1:30 <i>Emy Piano Performance AV</i> 2:30 Spooky Stories & treats 6:00 Evening News	9:30 Zumba with Claudia 10:30 Stronger together 'Purpose and meaning' 1:00 Bible Study 2:30 Hot Chocolate Social 3:30 Mexican Train 7:00 Wheel of Fortune	10:00 Fred Meyer 10:00 Card Games 12:00 Chinese Buffet 2:30 Apple Facts and apple varieties with caramel 3:30 Name that tune 7:00 Wheel of Fortune	9:00 Word Search Challenge 10:00 Card Games 1:30 Seated Exercise 2:30 Root Beer Floats 3:30 Bingo 6:00 Board Games
9:30 Virtual worship 10:00 Bingo 1:30 Dominos 2:30 Adult Coloring 3:30 Mexican Train 5:20 Seahawks vs Chiefs	9:30 Exercise with Marshal 10:00 Burlington/ Tjmaxx 1:30 Walking Group 2:30 Cider & Pie Social 3:30 Manicures 6:00 Evening News	9:30 Zumba with Claudia 11:00 Fire Department Visit & Safety Education 1:00 Bible Study 2:30 Fall Craft 3:30 Apple Tasting 5:45 Bean Bag Toss	9:30 Seated Tai Chi 10:00 Card Games 1:30 Walking Group 2:30 Visit a country with popcorn 3:30 Board Games 7:30 Jeopardy	9:30 Zumba with Claudia 11:00 Round Table Conversation 1:00 Bible 2:30 Root Beer Social 3:30 Halloween History & Traditions 6:00 Evening News	10:00 Fred Meyer 10:00 Uno 1:30 Walking Group 3:30 Halloween Party 5:00 Spooky Pizza & Movie Night	9:00 Adult Coloring 10:00 Card Games 1:30 Seated Yoga 2:30 Spooky treats 3:30 Bingo 5:45 Halloween Movie

Halloween