

October 2026

Garden's Gazette

Ashley Gardens of Mt. Vernon/3807 E. College Way, Mt Vernon WA 98273/360-419-9422



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We're welcoming October with a little bit of spooky fun and a whole lot of festive memories! This month will be filled with **“spooky” stories, Halloween crafts, a fun trip to the pumpkin patch, a special preschool costume parade, and our Halloween Party!**

From pumpkins and costumes to sweet treats and shared smiles, we're looking forward to celebrating the season with our residents, families, and friends. It's sure to be a **fun, festive, and memorable October!**

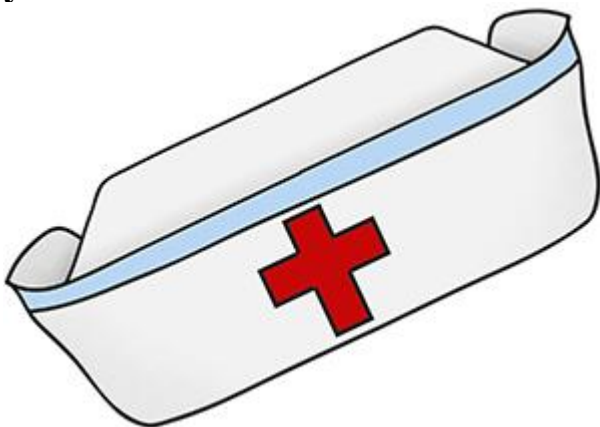
Welcome Sandy!

We are so excited to welcome **Sandy Sekhon** to the Ashley Gardens family as our new Wellness Director! Sandy brings an impressive **15 years of experience as an LPN**, including the past two years serving as the Director of Nursing at our sister community,

Sandy's passion for caring for others goes far beyond her professional life. She has a huge heart for animals and, along with her husband, spends time **rescuing and rehoming dogs**. She is also a proud mom of two children, whom she absolutely adores.

And if that wasn't impressive enough, Sandy can speak **four different languages!**

We are incredibly happy to have Sandy joining our team and look forward to the compassion, experience, and heart she will bring to our residents, families, and community. **Welcome to Ashley Gardens, Sandy! We are so happy you're here!**



Roof Construction Update!

Just a quick update for everyone: our roofing construction is almost complete! The crew is finishing up a few last-minute cleanup details, we should have our parking lot available to use again very soon.

Thank you all for your patience and understanding while this work has been underway. We're excited to have things getting back to normal!

Shout Out Kudos Cards!

We've heard from several families who would love an easy way to take a moment and say "thank you" to the wonderful staff members who care for their loved ones. We thought, why not make a little more room for those moments of appreciation?

Kudos Cards at the sign-in desk in each house. If a staff member has gone above and beyond, made your loved one smile, brightened your day, or simply made you feel grateful, we invite you to fill out a card and let them know!

Once completed, you can drop your card in Angélique's mailbox or in the mailbox attached to the ED office. We'll make sure your special message finds its way to the staff member you're celebrating.

A few kind words can mean so much. Thank you for helping us spread a little extra gratitude, encouragement, and joy throughout our community!

Employee of the Month!

Congratulations, Kara!

Please join us in celebrating **Kara, our September Employee of the Month!**

Kara is a **hard worker, compassionate caregiver, wonderful team player, and an absolute joy to be around.** She brings a special energy and positivity to our building that makes a difference to both our residents and our team.

We are so grateful for everything Kara does and for the heart she brings to her work each day. **We are so happy to have you on our team, Kara!**
Congratulations and thank you for all that you do!



Pumpkin Patch!

Get ready for a little fall fun! On **October 14th**, we'll be heading out for a festive adventure to the **pumpkin patch!** Our bus will be leaving at **10:30 AM**, and we're looking forward to enjoying the crisp fall air, beautiful autumn scenery, and all the pumpkins we can find.

It's the perfect opportunity to get out, enjoy the season, make some wonderful memories, and maybe find the perfect pumpkin along the way!



Preschool Halloween Costume Parade!

Get ready for some **Halloween fun and adorable little visitors!** We'll be welcoming the daycare from across the street on **Friday, October 30th at 9:30 AM** for a festive **Halloween Costume Parade!**

Our little friends will show off their creative costumes and bring plenty of smiles to our residents. They'll also be sharing some **fall-themed songs** for everyone to enjoy!

We'd love for families and friends to join us for this special morning as we celebrate the season together. Come enjoy the costumes, music, giggles, and a little Halloween magic!



October Birthdays!

Kay(resident).....10/2

Jay(staff).....10/15

Phyllis(resident).....10/15

Mandy(staff).....10/22

Steve(resident).....10/29

Kathy(resident).....10/30

Udo(resident).....10/30

Halloween Party!

This year, we're making our Halloween celebration **extra special by sharing the fun with our daycare friends!** Join us on **Friday, October 30th from 9:30–10:30 AM** in A/B House for a morning full of Halloween fun!

Residents and kiddos can play games together and have the chance to **win some sweet candy prizes!** We'll also be serving up **apple cider and delicious apple cider donuts** to enjoy while we celebrate.

Come dressed in your favorite Halloween spirit and join us for a morning filled with **laughter, games, music, treats, and lots of smiles!** We'd love to see you there!