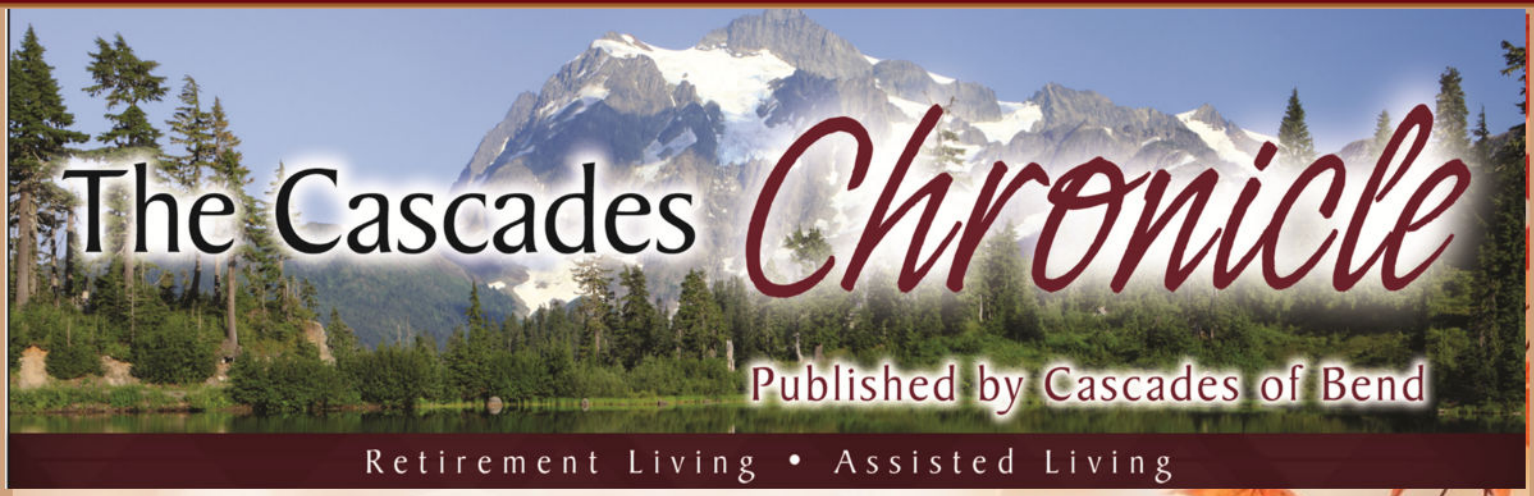


NOVEMBER 2026

Lights, Camera, Casablanca

One of the most famous movies of all time, Casablanca premiered in New York City on November 26, 1942. The World War II drama boasted many Hollywood stars, including Humphrey Bogart and Ingrid Bergman. It was nominated for eight Academy Awards and won three, including Best Picture. But Casablanca was more than an award-winning movie. In November 1942, Allied forces staged “Operation Torch,” an invasion of Northern Africa that captured Casablanca, the very same setting as the film. Many consider Casablanca a propaganda film, with Bogart’s character, Rick, symbolizing American freedom, liberty, and equality.

Happy Birthday!

Ann B. - 14th
Diane S. - 16th
Herman G. - 16th
Nancy M. - 17th
Doris W. - 18th
Craig M. - 19th
Alfred "Al" M. - 23rd
James "Jim" J. - 23rd
Laura B. - 23rd
Lorraine Z. - 29th

Cascades of Bend
A Residential & Memory Care Community
The Difference Between Living and Living Well





Grateful for Our Residents: The Heart of Our Community

There is so much to be thankful for, and at the heart of our community are the incredible residents who make this place feel like home.

Every day, we have the privilege of sharing life with individuals who have lived remarkable stories, experienced countless adventures, overcome challenges, raised families, built careers, and made a difference in the world around them. Each resident brings a lifetime of wisdom, memories, laughter, and love through our doors, and we are truly blessed to be part of their journey.

Our residents remind us that life is about so much more than the number of years we have lived. It is about the friendships we build, the memories we create, the laughter we share, and the little moments that make each day meaningful. Whether it is a smile across the room, a story shared over coffee, a handheld during a difficult moment, or the excitement of trying something new, these moments are what make our community so special.

We are thankful for the lessons our residents teach us, often without even realizing it. They remind us to slow down, appreciate the present, celebrate the little victories, and never underestimate the power of kindness and human connection. Their strength inspires us, their humor brightens our days, and their stories remind us of the beauty of a life well lived.

In senior living, we are often focused on creating engaging activities, planning special events, and finding new ways to bring joy to each day. But the greatest gift is not found on an activity calendar. It is found in the relationships we build, the trust we earn, and the opportunity to make someone feel valued, heard, and loved.

We are thankful to every resident who allows us to be part of their story. We are thankful for the laughter that fills our halls, the friendships that grow, the traditions we continue, and the new memories we make together. We are thankful for the opportunity to celebrate milestones, honor individual passions, and create experiences that remind each person that their life continues to have purpose, meaning, and possibility.

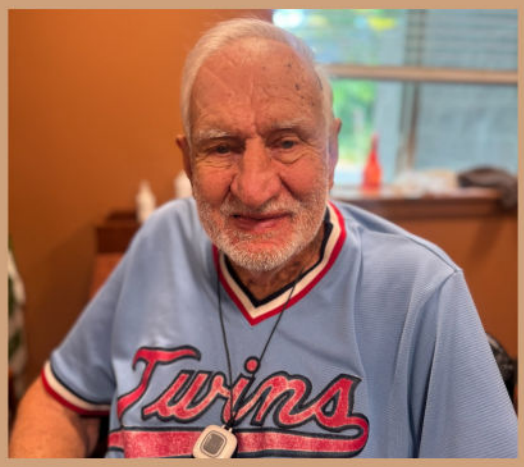
Most of all, we are thankful that our residents have chosen our community to be a part of their lives. It is a responsibility we do not take lightly and a privilege we carry in our hearts every day.

As we reflect on all we must be grateful for, we recognize that our residents are not simply the people who live here. They are the heart of our community, the reason behind what we do, and the inspiration that makes our work so meaningful.

Our community is more than a place to live. It is a place to belong, to connect, to continue growing, and to make memories. And for the privilege of sharing that journey with our residents, we are truly thankful.

Happy Thanksgiving
Kelly Graves
Senior Life Enrichment Director

Oh The Fun We've Had













❤️🤍💙

Honoring Our Veterans

Our Cascades of Bend community would like to extend our heartfelt gratitude to the brave men and women who have served our country. Your courage, sacrifice, and dedication mean more than words can express.

We are honored to have veterans who are part of our community, and we are grateful for the stories, experiences, and wisdom you share with us. Thank you for your service, your sacrifices, and the freedoms you helped protect.

From all of us at Cascades of Bend Assisted Living & Memory Care, thank you for your service. You are appreciated, you are honored, and you will never be forgotten. ❤️



Meet Our Team

Crystal Brokaw - Executive Director

Misty Nicholas-Liceaga– Associate Executive Director

Julie Gibbons RN– Community Wellness Director

Angela Frazier- Associate Wellness Director

Jennie Johnson– Resident Care Coordinator

Casey Watson- Resident Care Coordinator

Lisa Davis - Director Of Sales And Marketing

Kelly Graves– Senior Life Enrichment Director

Cassadi Kain Business Office Manager

Steven Hurt- Plant Operations Director