Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **9:30am** EverFit **10:30am** Simple Truth Church Service **11:45am** Aromatherapy- Namaste **1:30pm** Balloon Banter **4:45pm** Aroma Therapy- Namaste	**2** **9:30am** EverFit **10:30am** Balloon Banter **11:45am** Aromatherapy- Namaste **2:15pm** Tabletop Tunes **4:45pm** Aroma Therapy- Namaste	**3** **9:30am** EverFit **10:15am** Nail's with Kristen- Namaste **10:30am** Walk to Briar Patch **11:45am** Aromatherapy- Namaste **1:30pm** Tuesday Matinee- Little Women **4:45pm** Aroma Therapy- Namaste	**4** **9:30am** EverFit **10:30am** Balloon Banter **11:45am** Aromatherapy- Namaste **1:30pm** Giant Uno! **2:15pm** Tabletop Tunes **3:00pm** Cup of Comfort Social **4:45pm** Aroma Therapy- Namaste	**5** **9:30am** EverFit **10:30am** Balloon Banter **11:45am** Aromatherapy- Namaste **1:30pm** Sensory Craft Hour **3:00pm** Cup of Comfort Social **4:45pm** Aroma Therapy- Namaste	**6** **9:30am** EverFit **11:45am** Aromatherapy- Namaste **1:30pm** Happy Apple Kitchen **2:15pm** Tabletop Tunes **3:00pm** Happy Hour w/ Cowboy Curt **4:45pm** Aroma Therapy- Namaste	**7** **9:30am** EverFit **11:45am** Aromatherapy- Namaste **1:30pm** Balloon Banter **3:00pm** Cup of Comfort Social **4:45pm** Aroma Therapy- Namaste
8 **9:30am** EverFit **10:30am** Simple Truth Church Service **11:45am** Aromatherapy- Namaste **1:30pm** Balloon Banter **3:00pm** Cup of Comfort Social **4:45pm** Aroma Therapy- Namaste	**9** **9:30am** EverFit **10:30am** Balloon Banter **11:45am** Aromatherapy- Namaste **2:15pm** Tabletop Tunes **3:00pm** Cup of Comfort Social **4:45pm** Aroma Therapy- Namaste	**10** **9:30am** EverFit **10:15am** Nail's with Kristen- Namaste **11:45am** Aromatherapy- Namaste **1:30pm** Tuesday Matinee- The Family Stone **3:00pm** Cup of Comfort Social **4:45pm** Aroma Therapy- Namaste	**11** **9:30am** EverFit **10:30am** Balloon Banter **11:45am** Aromatherapy- Namaste **1:30pm** Giant Uno! **2:15pm** Tabletop Tunes **3:00pm** Cup of Comfort Social **4:45pm** Aroma Therapy- Namaste	**12** **9:30am** EverFit **10:30am** Balloon Banter **10:30am** Fall Baking **11:45am** Aromatherapy- Namaste **1:30pm** Sensory Craft Hour **3:00pm** Cup of Comfort Social **4:45pm** Aroma Therapy- Namaste	**13** **9:30am** EverFit **11:45am** Aromatherapy- Namaste **1:30pm** Baskin Robbins **2:15pm** Tabletop Tunes **4:45pm** Aroma Therapy- Namaste **5:00pm** Fall Harvest Family Dinner	**14** **9:30am** EverFit **11:45am** Aromatherapy- Namaste **1:30pm** Balloon Banter **3:00pm** Cup of Comfort Social **4:45pm** Aroma Therapy- Namaste
15 **9:30am** EverFit **10:30am** Simple Truth Church Service **11:45am** Aromatherapy- Namaste **1:30pm** Balloon Banter **1:30pm** Cup of Comfort Social **3:00pm** Happy Hour w/ Island Vibes **4:45pm** Aroma Therapy- Namaste	**16** **9:30am** EverFit **10:30am** Thanksgiving Turkey Craft **11:45am** Aromatherapy- Namaste **2:15pm** Tabletop Tunes **3:00pm** Cup of Comfort Social **4:45pm** Aroma Therapy- Namaste	**17** **9:30am** EverFit **10:15am** Nail's with Kristen- Namaste **10:30am** Walk to Briar Patch **11:45am** Aromatherapy- Namaste **1:30pm** Tuesday Matinee- Planes, Trains & Automobiles **3:00pm** Cup of Comfort Social **4:45pm** Aroma Therapy- Namaste	**18** **9:30am** EverFit **10:30am** Balloon Banter **11:45am** Aromatherapy- Namaste **1:30pm** Giant Uno! **2:15pm** Tabletop Tunes **3:00pm** Cup of Comfort Social **4:45pm** Aroma Therapy- Namaste	**19** **9:30am** EverFit **10:30am** Balloon Banter **11:45am** Aromatherapy- Namaste **1:30pm** Sensory Craft Hour **3:00pm** Cup of Comfort Social **4:45pm** Aroma Therapy- Namaste	**20** **9:30am** EverFit **11:45am** Aromatherapy- Namaste **1:30pm** Nevada County Gauge Railroad Museum **2:15pm** Tabletop Tunes **3:00pm** Happy Hour w/ StepSide **4:45pm** Aroma Therapy- Namaste	**21** **9:30am** EverFit **11:45am** Aromatherapy- Namaste **1:30pm** Balloon Banter **3:00pm** Cup of Comfort Social **4:45pm** Aroma Therapy- Namaste
22 **9:30am** EverFit **10:30am** Simple Truth Church Service **11:45am** Aromatherapy- Namaste **1:30pm** Balloon Banter **3:00pm** Cup of Comfort Social **4:45pm** Aroma Therapy- Namaste	**23** **9:30am** EverFit **10:30am** Balloon Banter **11:45am** Aromatherapy- Namaste **2:15pm** Tabletop Tunes **3:00pm** Cup of Comfort Social **4:45pm** Aroma Therapy- Namaste	**24** **9:30am** EverFit **10:00am** Ikeda's Pie & Scenic Drive **10:15am** Nail's with Kristen- Namaste **11:45am** Aromatherapy- Namaste **1:30pm** Tuesday Matinee- You've got Mail **3:00pm** Cup of Comfort Social **4:45pm** Aroma Therapy- Namaste	**25** **9:30am** EverFit **10:30am** Balloon Banter **11:45am** Aromatherapy- Namaste **1:30pm** Giant Uno! **2:15pm** Tabletop Tunes **3:00pm** Cup of Comfort Social **4:45pm** Aroma Therapy- Namaste	**26** **9:30am** EverFit **10:00am** Macy's Thanksgiving Day Parade & Pastries **10:30am** Balloon Banter **11:45am** Aromatherapy- Namaste **1:30pm** A Walton's Thanksgiving Movie **3:00pm** Cup of Comfort Social **4:45pm** Aroma Therapy- Namaste	**27** **9:30am** EverFit **11:45am** Aromatherapy- Namaste **2:15pm** Tabletop Tunes **4:45pm** Aroma Therapy- Namaste	**28** **9:30am** EverFit **11:45am** Aromatherapy- Namaste **1:30pm** Balloon Banter **3:00pm** Cup of Comfort Social **4:45pm** Aroma Therapy- Namaste
29 **9:30am** EverFit **10:30am** Simple Truth Church Service **10:30am** Simple Truth Service or **11:45am** Aromatherapy- Namaste **1:30pm** Balloon Banter **3:00pm** Cup of Comfort Social **4:45pm** Aroma Therapy- Namaste	**30** **9:30am** EverFit **10:30am** Balloon Banter **11:45am** Aromatherapy- Namaste **2:15pm** Tabletop Tunes **3:00pm** Cup of Comfort Social **4:45pm** Aroma Therapy- Namaste					

November 2026

Cascades of Grass Valley Memory Care

- Creative
- Intellectual
- Physical
- Social
- Spiritual
- Vocational

Happy Birthday!

Virginia D- 8th
Helen P- 25th
Hazel P- 30th