Inland Point Assisted Living
NEWSLETTER



Special Events

Veterans Celebration
Thursday - November 5th
1:00 pm - 2:00 pm

Family Thanksgiving Luncheon
Saturday - November 14th
11:30 pm - 1:30 pm

Volunteers Appreciation
Thursday - November 26th
1:00 pm - 2:00 pm

Good Friends Make Good Neighbors Program

Seniors love living at Inland Point and since our residents are often our best spokespersons, we've created this Program to show our appreciation.

Wen an Inland Point resident or family member refers a new potential resident* to a Cascade Living Community and that person moves in for at least 90 days, the referring resident will receive a $4000 credit applied to their base rent.

*In order to qualify as a new potential resident, the person being referred may not already be on our contact list. To make a referral, and to ensure you receive credit for making introduction, please provide your name and the name of your friend or family member to our Executive Director or Community Relations Director prior to the inquiry or tour.

Happy Birthday!

2nd	Madeline Osbourne
3rd	Richard Lyon
12th	JoEllen Simon
17th	Michael Hoskins
18th	Kay Kerriden
18th	Mary Lou Scott
23rd	Kathy Granquist
25th	Tom Duffy
28th	Jan Hillar
29th	Dan Myers



Resident Anniversary

1 year	Leo Plas
1 year	Carol Stedman
2 years	Mike Seeley
3 years	Carol Irvine
5 years	Kay Harless

Welcome Wagon

Richard Morris – Apartment #8

November Horoscope

In astrology, those born between November 1 – 21 are Scorpios. Scorpios are passionate and assertive leaders who value honesty and fairness above all. Betray a Scorpio and suffer the string, but befriend a Scorpio, and you will have a friend for life. Those born between November 22 – 30th are Archers of Sagittarius.Confident and lucky. Archers often find success. Their infectious enthusiasm attracts friend who help them achieve their ambitious and lofty goals.

Meet Our Staff

Susan C.	Executive Director
Melissa D.	A. Executive Director
Sharon B.	Wellness Director
Jeff B.	Community R. Director
Bernie S.	Life Enrichment Director
Renay S.	L.E. Associate
Danielle S.	Venture Inn Director
Kathy M.	Dining Director
Ashley D.	Business Office Mgr.
Don W.	Plant Operation Dir.
Shane H.	Maintenance
Greg C.	Maintenance
Aldo M.	Housekeeping
Trinity G.	Housekeeping
Chris W.	Housekeeping
Maria C.	Med/Care Associate
Lisa W.	Med /Care Associate
Joe G.	Med/Care Associate
Natasha D.	Med/Care Associate
Amber M.	Med/Care Associate
Kala H.	Med/Care Associate
Sara F.	Med/Care Associate
Bridget E.	Care Associate
Justin C.	Care Associate
Brenda A.	Care Associate
Kaylie M.	Care Associate
Natalia M.	Care Associate
Azazlie L.	Care Associate
Steven C.	Care Associate
Sara D.	Dietary Aide
Paula W.	Dietary Aide
Emily C.	Cook
Chris S.	Cook
Tony N.	Cook
Jaime G.	Cook
Abby O.	Cook
Annabelle B.	Dietary Aid
Shawn P.	Wait Staff
Samantha A.	Wait Staff
Marissa B.	Wait Staff

Mahaffy Ranch Pumpkin Patch







Mahaffy Ranch was established in 2004 by Ryan and Shawna Mahaffy. The ranch is located between the hills along the Milicoma River in the rural community near Coos Bay and Allegany. We had fun walking through the large pumpkin patch. There are many activities like tractor pull hay rides, picture boards, corn cannon, and you can pet the farm animals. The Harvest store has wonderful delicious mini donuts and tasty apple cider.

Loafing Around

You may have discovered that baking homemade bread isn't always simple. Instead of a light, airy loaf with a crisp crust, you end up with a dense, heavy loaf. On November 17 Homemade Bread Day, try these tips for better bread. Yeast is the key ingredient because it creates the bubbles that make bread rise while also developing flavor. The two most common types are instant and active dry. Both work well, but active dry yeast should be dissolved in warm water before mixing. Because yeast is alive, water that is too hot or too cold can prevent it from working properly. All-purpose flour works fine, but bread flour has more protein, which better develops gluten. Kneading is essential because it builds gluten, giving dough its elastic texture and helping it hold the gases produced by the yeast. After kneading, you must wait. How long depends on humidity, altitude, and temperature. The dough should rise until it roughly doubles in size. A gentle poke should leave an impression that slowly springs back. For the best crust, bake in a fully preheated oven. Some people use baking stones or Dutch ovens because, when preheated, they retain heat for baking. Place your dough onto your preheated surface, spray it with water, and score or slice the top of your dough with a knife. Let it bake for about 15 minutes, and open the oven and spray the inside to create steam, which encourages a crispy crust. By the time your bread is finished, you will have a beautiful, golden-brown loaf.

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Chair Yoga with Irene 10:00 Crocheting with Helen 10:00 Easy Walking 1:00 Book Reading 2:00 Puzzle Social 6:00 Movie Night	2 9:00 Chair Chi with Bernie 10:00 Easy Walking 10:00 Stamp Art with Vicki 1:00 Sew with me 2:00 Bible Baptist Church Service 6:00 Resident Choice	3 9:00 AAF w/Jeff AL 9:30 AAF w/Jeff IL 10:00 Crafty Corner 10:00 Easy Walking 1:00 Suzie on Piano 6:00 Movie Night	4 9:00 Chair Yoga with Irene 9:00 Shopping / Safeway 10:00 Easy Walking 1:00 Music w/ Chuck 2:00 Monthly Birthday Party 6:00 Resident Choice	5 9:00 AAF w/Jeff AL 9:30 AAF w/Jeff IL 10:00 Easy Walking 2:00 Veterans Celebration 6:00 Movie Night	6 10:00 Acrylic Painting 10:00 Easy Walking 11:00 Mt. Man 3:00 C. Wine and Cheese 6:00 Resident Choice	7 9:00 AAF with Jeff AL 9:00 Hand Day Spa 9:30 AAF with Jeff IL 10:00 Hangman 11:00 Furry Friends 1:00 Bingo 2:00 Dan on Guitar 3:00 Diamond Art 6:00 Movie Night
8 9:00 Chair Yoga with Irene 10:00 Book Reading 10:00 Crocheting with Helen 10:00 Easy Walking 2:00 Puzzle Social 6:00 Movie Night	9 9:00 Chair Chi with Bernie 10:00 Easy Walking 10:00 Sew with me 2:00 Bible Baptist Church Service 2:00 Veronica with Groot 6:00 Resident Choice	10 9:00 AAF w/Jeff AL 9:30 AAF w/Jeff IL 10:00 Being Creative 10:00 Easy Walking 10:30 Mobile Library 1:00 Food and Council /Activity Planning 2:00 Hymns with Steve 6:00 Movie Night	11 9:00 Chair Yoga with Irene 9:00 Shopping /Bimart 10:00 Easy Walking 2:00 Afternoon Movie 2:00 Cookies and Cider/ Table tid Bits 6:00 Resident Choice	12 9:00 AAF w/Jeff AL 9:30 AAF w/Jeff IL 10:00 Crafting with Star of Hope 10:00 Easy Walking 1:00 Volunteer Appreciation 6:00 Movie Night	13 9:00 Everfit/Trivia 10:00 Easy Walking 10:00 Joy of Baking/ Chocolate Cake 1:00 Corn Hole 2:00 Hangman 3:00 Shut the Box Game 6:00 Resident Choice	14 10:00 Easy Walking 11:30 Family Thanksgiving Luncheon 3:00 Afternoon Movie 6:00 Movie Night
15 9:00 Chair Yoga with Irene 10:00 Book Reading 10:00 Crocheting with Helen 10:00 Easy Walking 2:00 Puzzle Social 6:00 Movie Night	16 9:00 Chair Chi with Bernie 10:00 Easy Walking 10:00 Sew with me 1:00 Water Color Class 2:00 Bible Baptist Church Service 6:00 Resident Choice	17 9:00 AAF w/Jeff AL 9:30 AAF w/Jeff IL 10:00 Crafty Corner 10:00 Easy Walking 1:00 Diamond Art 2:00 Old Time Fiddlers 6:00 Movie Night	18 9:00 Chair Yoga with Irene 10:00 Baking for our First Responders 10:00 Easy Walking 2:00 Afternoon Movie 6:00 Resident Choice	19 9:00 AAF w/Jeff AL 9:30 AAF w/Jeff IL 10:00 Easy Walking 10:00 Open Crafting 3:00 Afternoon Movie 6:00 Movie Night	20 9:00 Everfit/Trivia 10:00 Easy Walking 12:30 C. Birthday Party 1:00 Hoapili Group 3:00 Diamond Art 6:00 Resident Choice	21 9:00 AAF with Jeff AL 9:00 Hand Day Spa 10:00 AAF with Jeff IL 10:00 Shut the Box Game 11:00 Furry Friends 1:00 Bingo 2:00 Ann on Piano 3:00 Table Miniature Bowling 6:00 Movie Night
22 9:00 Chair Yoga with Irene 10:00 Book Reading 10:00 Crocheting with Helen 10:00 Easy Walking 2:00 Puzzle Social 6:00 Movie Night	23 9:00 Chair Chi with Bernie 10:00 Easy Walking 10:00 Sew with me 1:00 Creative Coloring 2:00 Bible Baptist Church Service 6:00 Resident Choice	24 9:00 AAF w/Jeff AL 9:30 AAF w/Jeff IL 10:00 Easy Walking 10:00 Joy of Baking 1:00 Diamond Art 6:00 Movie Night	25 9:00 Chair Yoga with Irene 9:00 Shopping / Grocery Outlet 1:00 Being Creative 2:00 Afternoon Movie 6:00 Resident Choice	26 10:00 Easy Walking 1:00 Bingo Self-led 2:00 Being Creative 6:00 Movie Night	27 9:00 Everfit/Trivia 10:00 Easy Walking 10:00 Sound of Joy 2:00 Penny Toss 6:00 Resident Choice	28 9:00 AAF with Jeff AL 9:00 Hand Day Spa 9:30 AAF with Jeff IL 10:00 Easy Walking 1:00 Bingo 2:00 Sylvia on Piano 3:00 Penny Toss 6:00 Movie Night
29 9:00 Chair Yoga with Irene 10:00 Book Reading 10:00 Crocheting with Helen 10:00 Easy Walking 2:00 Puzzle Social 6:00 Movie Night	30 9:00 Chair Chi with Bernie 10:00 Easy Walking 10:00 Sew with me 1:00 Water Color Class 2:00 Bible Baptist Church Service 6:00 Resident Choice					

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