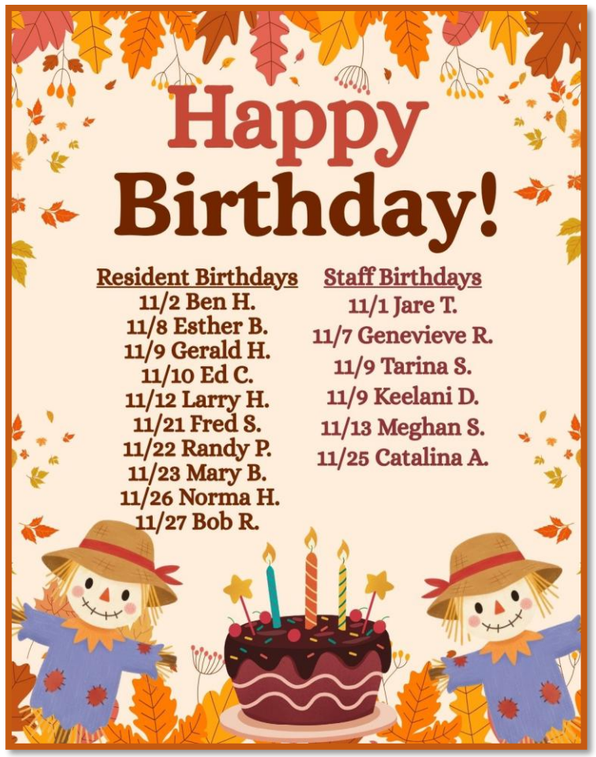
Sierra Del Sol Senior Living
8151 E. Speedway Blvd.
Tucson, AZ 85710

Postage Information



Good Friends Make Good Neighbors

Do you have a friend who is looking to make a move into a community?

When you or your family members refer someone to move into the community you will receive a rent credit for $4000 after they have lived with us for 90 days.

November 2026

Sierra Times

Sierra Del Sol Senior Living- 8151 E Speedway Blvd, Tucson AZ 85710



Meet Our Team

Laure O-Mendenhall
Executive Director

Anne Connell
Community Relation Director

Keelani Duffey
Wellness Director

Tarina Swanson
Memory Care Director

Arine Boschian
Dining Services Director

Maryanna Rodriguez
Life Enrichment Director

Kimberly Adams
Business Office Manager

Carisa Myles
Resident Service Coordinator

Aaron Brady
Plant Operations Director

Laure Letter

As November arrives, we are reminded of the many blessings that surround us and the importance of taking time to appreciate one another. This is a season of gratitude, reflection, and togetherness, and here at Sierra Del Sol Senior Living, we have so much to be thankful for.

I am especially grateful for our wonderful residents, whose stories, wisdom, humor, and individuality make Sierra Del Sol such a special place to call home. To our families, thank you for your continued trust and partnership. And to our dedicated associates, thank you for the compassion, patience, and hard work you demonstrate each day. The care and kindness you provide make a meaningful difference in the lives of those we serve.

A Season of Gratitude

November gives us the opportunity to reflect on the little things that make life meaningful a friendly smile, a helping hand, a shared meal, a favorite activity, or a visit from someone we love. I encourage everyone to take a moment this month to express appreciation to someone who has made a difference in your life. Sometimes, the simplest words of thanks can brighten an entire day.

Celebrating Community

One of the things I value most about Sierra Del Sol is the sense of community we continue to build together. Our goal is to create an environment where residents feel safe, respected, supported, and truly at home. Whether we are gathering for activities, enjoying conversations with friends, celebrating special occasions, or simply spending time together, these moments help make our community stronger.

As we move into the holiday season, I encourage residents and families to take advantage of opportunities to participate in community events and activities. Your involvement, smiles, and shared experiences help make Sierra Del Sol a warm and welcoming home for everyone.

From my heart to yours, thank you for being part of the Sierra Del Sol family. It is a privilege to serve this community, and I look forward to all the wonderful moments we will share in the months ahead.

With gratitude and warmest wishes,

Laure Mendenhall
Executive Director

November 2026



Our Secret Ingredient? A whole lot of Talent & a Little Laughter



Our Pumpkin Shaped Pizzas Were a Fall Perfection!





Friendship Makes Every Adventure Brighter

OUR VETERANS

RALPH R.
EX H.
NICK V.
JOHN L.
RON H.
JACK C.
HECTOR Q.
DON C.
CONNIE L.
JOHN H.
BEN H.
NANCY B.
KIT B.

JOE B.
ERROL P
JIM G.
BOB R.
GERALD H.
CHUCK G.
RICK M.
JOHN K.
JOHN R.
WALTER P.
SAM C.
FRED S.
JOE H.

HONORING ALL WHO SERVED

WITH GRATITIUDE FOR YOUR SERVICE AND DEDICATION

JOIN US FOR OUR

Thanksgiving

Lunch Buffet

Come and enjoy a special afternoon at our Thanksgiving Lunch Buffet! Please RSVP to make sure you have seating availble by November 15th.

Family Member Meal Tickets can be purchased at the front desk for $20

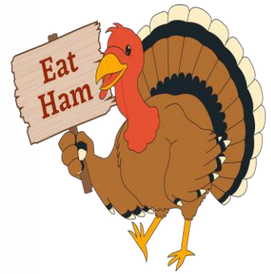
NOVEMBER
SUNDAY **22** FROM 11:30-1:00P



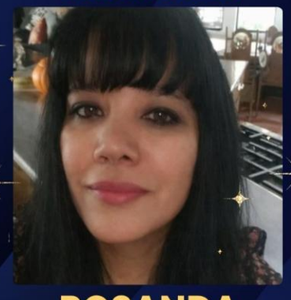
TODAY'S FUNNY

What is the difference between a teacher and a train?

A teacher says spit out your gum, a train says chew chew!



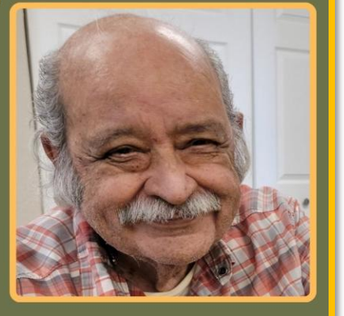
EMPLOYEE OF
THE MONTH



ROSANDA

Rosanda is always someone we look forward to seeing in our community. She brings energy, creativity, and a go-getter attitude to our Life Enrichment team. She does an amazing job teaching our EverFit exercise classes and encouraging residents to participate in activities. Rosanda is also incredibly dependable and someone we can always count on. Her enthusiasm, reliability, and dedication make her a wonderful part of our Life Enrichment Department. Congratulations, Rosanda, on being our Employee of the Month!

November Resident Spotlight



Ben has a funny sense of humor, a quirky personality, and a playful side that keeps things interesting. He enjoys participating in activities, especially Wii bowling, crafts, and Rummikub, where he's quite the player! He's also an amazing cook and enjoys sharing his talents with others. Ben is proud to have served our country as a United States Navy veteran. He definitely marches to the beat of his own drum, and that's part of what makes him so unique. He's a fun guy to get to know, and we're happy to have him as part of our community!

NOVEMBER OUTINGS

11/3 MT LEMMON SCENIC DRIVE
11/5 SHOPPING AT FRY'S
11/10 CINEMARK MOVIE THEATERS
11/12 SHOPPING AT WALMART
11/15 & 11/29 SUNDAY SCENIC DRIVE
11/17 REID PARK ZOO
11/19 SHOPPING AT THE DOLLAR STORE
11/21 CHRISTKINDL ARTISEN MARKET AT CHRIST COMMUNITY CHURCH
11/24 LUNCH AT CHEDDAR'S

JOIN US FOR OUR NOVEMBER

PERFORMERS & SPECIAL GUESTS

11/4 COUNTRY MUSIC W/ TOMMY P
11/6 SONGS W/ MARY ANN
11/14 SING ALONG W/ LINDA
11/18 GRATITUDE & HEALTH TALK W/ MARIANNE FROM BAYADA
11/13 PRIZE BINGO W/ JENSON FROM EDEN
11/18 TUCSON TRAVELERS BAND
11/25 SCOTTIE'S SONG BOOK