

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
9:30 Online Church -thr 10:00 Phase 10 Game-atr 10:30 Alzheimer's Walk-lby 1:30 Sunday Matinee 2:00 Resident led Bingo! -dlta 6:30 Movie: See Daily	11:00 Everfit: Mindful Mobility & Flow -gym 10:00 Phase 10 Game -atr 11:45 Kickboxing-gym 1:15 Movement through play-gm 1:30 Retirement Finances: "Fund Your Lifestyle"-dlta 3:00 TV Show: Grace & Frankie -thr 3:00 Chair Chi-gym 4:00 Everfit: Parkinson's -gym 6:30 Movie: See Daily	9:30/11:15/2:45 Pool Fit -pool 10:00 Phase 10 Game -atr 1:00 WOW: Women of Waterford -bty 1:15 Everfit: Standing Tolerance-gym 2:00 Resident Led Bingo -dta 3:00 Uber services information-dlta 4:00 Everfit: gentle stretch-gym 6:30 Movie: See Daily	10:00 Phase 10 Game -atr 1:15 Everfit: Upper Body -gym 1:00 Activities Meeting w/Andrea -thr 3:30 Current Events -dta 4:00 Everfit: Parkinson's -gym 6:30 Movie: See Daily 7:00 Patricia's Birthday Party-dlta	9:30/11:15/2:45 Pool Fit -pool Phase 10 Game -atr 1:15 Everfit: Standing Tolerance -gym 1:00 OMG: Old Men's Group -bty 3:00 October Birthday Celebration -bst 3:00 Crosswords & Wordsearch w/ friends! -atr 4:00 Parkinson's-gym 6:30 Movie: See Daily	10:00 Phase 10 Game -atr 10:30 Bible Study w/Tim -bty 1:00 Shopping Outing: Wal-Mart 1:15 Everfit: Upper Body -gym 3:00 Agatha Christie -dta 4:00 Everfit: Parkinson's -gym 4:00 Oktoberfest Happy Hour -bst 6:30 Movie: See Daily	10:00 Saturday Market -bus 10:00 Phase 10 Game -atr 1:30 Tech Support -atr 2:00 Resident Led Bingo -dta 3:30 History Discussion -dta 6:30 Movie: See Daily Simchat Torah Begins
9:30 Online Church -thr 10:00 Phase 10 Game-atr 10:30 Alzheimer's Walk-lby 1:30 Sunday Matinee 2:00 Resident led Bingo! -dlta 6:30 Movie: See Daily	11:00 Everfit: Mindful Mobility & Flow -gym 10:00 Phase 10 Game -atr 11:45 Kickboxing-gym 1:15 Movement through play-gm 1:30 Retirement Finances: "Fund Your Lifestyle"-dlta 3:00 TV Show: Grace & Frankie -thr 3:00 Chair Chi-gym 4:00 Everfit: Parkinson's -gym 6:30 Movie: See Daily	9:30/11:15/2:45 Pool Fit -pool 10:00 Phase 10 Game -atr 1:00 WOW: Women of Waterford -bty 1:15 Everfit: Standing Tolerance-gym 2:00 Resident Led Bingo -dta 3:00 Uber services information-dlta 4:00 Everfit: gentle stretch-gym 6:30 Movie: See Daily	10:00 Phase 10 Game -atr 1:15 Everfit: Upper Body -gym 1:00 Activities Meeting w/Andrea -thr 3:30 Current Events -dta 4:00 Everfit: Parkinson's -gym 6:30 Movie: See Daily 7:00 Patricia's Birthday Party-dlta	9:30/11:15/2:45 Pool Fit -pool Phase 10 Game -atr 1:15 Everfit: Standing Tolerance -gym 1:00 OMG: Old Men's Group -bty 3:00 October Birthday Celebration -bst 3:00 Crosswords & Wordsearch w/ friends! -atr 4:00 Parkinson's-gym 6:30 Movie: See Daily	10:00 Phase 10 Game -atr 10:30 Bible Study w/Tim -bty 1:00 Shopping Outing: Bi-Mart 1:15 Everfit: Upper Body -gym 3:00 Agatha Christie -dta 4:00 Everfit: Parkinson's -gym 4:00 Happy Hour -bst 6:30 Movie: See Daily	10:00 Detering Orchard - bus 10:00 Phase 10 Game -atr 1:00 Family Day Social-dlta 2:00 Resident Led Bingo -dlta 3:30 History Discussion -dlta 6:30 Movie: See Daily
9:30 Online Church -thr 10:00 Phase 10 Game-atr 11:00 Resident 1:1 Hour-Activity Office 1:30 Sunday Matinee 2:00 Resident led Bingo! -dlta 3:15 Private Birthday Party -dlta 6:30 Movie: See Daily	Indigenous Peoples Day! 11:00 Everfit: Mindful Mobility-gym 10:00 Phase 10 Game -atr 11:45 Kickboxing-gym 1:15 Movement through play-gm 1:30 Retirement Finances: "Medicare & Dental Strategies"-dlta 2:30 Indigenous Peoples "3 Sisters" Social -bst 3:00 Chair Chi-gym 3:00 TV Show: Grace & Frankie -thr 4:00 Everfit: Parkinson's -gym 6:30 Movie: See Daily	Navy Birthday 9:30/11:15/2:45 Pool Fit -pool 10:00 Phase 10 Game -atr 1:15 Everfit: Standing Tolerance -gym 1:00 WOW: Women of Waterford -bty 2:00 Gus Russell Piano! -dr 2:00 Resident Led Bingo -dta 3:00 U.S. Navy Trivia- dlta 4:00 Everfit: gentle stretch-gym 6:30 Movie: See Daily	10:00 Phase 10 Game -atr 1:15 Everfit: Upper Body -gym 2:00 Resident Council - dta 3:30 Current Events -thr 4:00 Everfit: Parkinson's -gym 6:30 Movie: See Daily	Dolly Parton Day! 9:30/11:15/2:45 Pool Fit -pool Phase 10 Game -atr 1:15 Everfit: Standing Tolerance -gym 1:00 OMG: Old Men's Group -bty 2:00 Sara Scofield Sings! -dr 2:00 Resident Led Bingo -dta 3:00 Dolly Parton Social! 4:00 Parkinson's-gym 6:30 Movie: Dolly Parton's 9 to 5	10:00 Phase 10 Game -atr 10:30 Bible Study w/Tim -bty 1:00 Shopping Outing: Trader Joes 1:15 Everfit: Upper Body -gym 3:00 Agatha Christie -dta 4:00 Everfit: Parkinson's -gym 4:00 Happy Hour -bst 6:30 Movie: See Daily	10:00 Sweet Life Patisserie -bus 10:00 Phase 10 Game -atr 1:00 DIY Eyeball Lanterns! -dlta 2:00 Resident Led Bingo -dta 3:30 History Discussion -dlta 6:30 Movie: See Daily
9:30 Online Church -thr 10:00 Phase 10 Game-atr 11:00 Resident 1:1 Hour-Activity Office 1:30 Sunday Matinee 2:00 Resident led Bingo! -dlta 6:30 Movie: See Daily	11:00 Everfit: Mindful Mobility 10:00 Phase 10 Game -atr 11:45 Kickboxing-gym 1:15 Movement through play-gm 1:30 Retirement Finances: "Financial Scam Defense"-dlta 3:00 Chair Chi-gym 3:00 TV Show: Grace & Frankie -thr 4:00 Everfit: Parkinson's -gym 6:30 Movie: See Daily	9:30/11:15/2:45 Pool Fit -pool 10:00 Phase 10 Game -atr 10:50 Everfit: Standing Tolerance -gym 1:00 WOW: Women of Waterford -bty 1:15 Everfit: Standing Tolerance 2:00 Resident Led Bingo -dta 3:00 DIY Halloween Garland! -dlta 4:00 Everfit: gentle stretch-gym 6:30 Movie: See Daily	National Apple Day! 10:00 Phase 10 Game -atr 1:15 Everfit: Upper Body -gym 2:00 Chef's Corner -dta 3:30 Current Events -thr 3:00 Apple Cider Press Social -bst 4:00 Everfit: Parkinson's -gym 6:30 Movie: See Daily	9:30/11:15/2:45 Pool Fit -pool Phase 10 Game -atr 1:15 Everfit: Standing Tolerance -gym 1:00 OMG: Old Men's Group -bty 2:00 Resident Led Bingo -dta 3:00 Crosswords & Wordsearch w/ friends! -atr 4:00 Parkinson's-gym 6:30 Movie: See Daily	10:00 Phase 10 Game -atr 10:30 Bible Study w/Tim -bty 1:00 Shopping Outing: Fred Meyers 1:15 Everfit: Upper Body -gym 2:00 DIY Fabric Ghosts! -dlta 3:00 Agatha Christie -dta 4:00 Everfit: Parkinson's -gym 4:00 Happy Hour -bst 6:30 Movie: See Daily	10:00 Thistledown 10:00 Phase 10 Game -atr 1:00 Spooky Walker Decorating -dlta 2:00 Resident Led Bingo -dta 3:30 History Discussion -dta 6:30 Movie: See Daily
9:30 Online Church -thr 10:00 Phase 10 Game-atr 11:00 Resident 1:1 Hour-Activity Office 1:30 Sunday Matinee 2:00 Resident led Bingo! -dlta 6:30 Movie: See Daily	11:00 Everfit: Mindful Mobility 10:00 Phase 10 Game -atr 11:45 Kickboxing-gym 1:15 Movement through play-gm 2:00 Tim Sings! -dr 3:00 Chair Chi-gym 3:00 TV Show: Grace & Frankie -thr 4:00 Everfit: Parkinson's -gym 6:30 Movie: See Daily	9:30/11:15/2:45 Pool Fit -pool 10:00 Phase 10 Game -atr 10:50 Everfit: Standing Tolerance -gym 1:00 WOW: Women of Waterford -bty 1:15 Everfit: Standing Tolerance 2:00 Readers Theatre-thr 2:00 Resident Led Bingo -dta 4:00 Everfit: gentle stretch-gym 6:30 Movie: See Daily	10:00 Phase 10 Game -atr 11:30 Lunch Outing: Ta Ra Rin -bus 1:15 Everfit: Upper Body -gym 2:00 Pumpkin Painting -dlta 3:30 Current Events -thr 4:00 Everfit: Parkinson's -gym 6:30 Movie: See Daily	9:30/11:15/2:45 Pool Fit -pool Phase 10 Game -atr 1:15 Everfit: Standing Tolerance -gym 1:00 OMG: Old Men's Group -bty 2:00 Resident Led Bingo -dta 3:00 Crosswords & Wordsearch w/ friends! -atr 4:00 Parkinson's-gym 6:30 Movie: See Daily	Wear Your Costume! 10:00 Phase 10 Game -atr 10:30 Bible Study w/Tim -bty 1:00 Shopping Outing: 1:15 Everfit: Upper Body -gym 3:00 Agatha Christie -dta 4:00 Everfit: Parkinson's -gym 4:00 Spooky Happy Hour -bst 6:30 Movie: See Daily	Happy Halloween! 10:00 5th Street Haunted Market -bus 10:00 Phase 10 Game -atr 1:00 Community Trick-or-Treat -lobby 3:00 Halloween Party -dlta 4:00 Scary History Discussion -thr 6:30 Movie: See Daily Halloween

ALL ACTIVITIES ARE SUBJECT TO CHANGE (For questions please see Director)