Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00am *Virtual Worship* 10:30am *Seated Exercise* 11:00am *Meditation* 1:30pm *Daily Chronicle* 3:00pm *Creativity Hour* 6:00pm *Evening News*	2 10:00am *Brain Games* 10:00am *Dollar Store* 10:30am *Movement with Marshal* 1:30pm *Daily Chronicle* 2:00pm *Balloon Bop* 3:00pm *Bingo* 6:00pm *Evening News*	3 10:00am *Brain Games* 10:30am *Claudia's Zumba* 11:00am *Meditation* 1:30pm *Balloon Bop* 2:00pm *Pumpkin Toss* 2:30pm *Daily Chronicle* 3:00pm *Bag Bunny Food*	4 10:00am *Brain Games* 10:30am *Seated Exercise* 11:00am *Coffee & Chat* 1:30pm *Daily Chronicle* 3:00pm *Bingo* 4:30pm *Special Dinner* 6:30pm *Movie*	5 10:00am *Brain Games* 10:30am *Claudia's Zumba* 11:00am *Meditation* 2:00pm *Learn About Diwali* 3:00pm *Diwali Art & Coloring* 6:30pm *Movie*	6 10:00am *Brain Games* 10:00am *Fred Meyer* 10:30am *Seated Exercise* 1:30pm *Daily Chronicle* 2:00pm *What's That Sound?* 3:30pm *Karaoke* 6:00pm *Table Games*	7 9:00am *Table Games* 10:30am *Seated Exercise* 11:00am *Meditation* 1:30pm *Scrabble* 3:00pm *Bingo* 6:00pm *Evening News*
8 9:30am *Virtual Worship* 10:30am *Seated Exercise* 11:00am *Meditation* 1:30pm *Daily Chronicle* 2:30pm *Listen to Music - 40's* 3:30pm *Creativity Hour* 6:00pm *Evening News*	9 10:00am *Brain Games* 10:00am *Walmart* 10:30am *Movement with Marshal* 11:00am *Meditation* 1:30pm *Guitar Gil Performance* 3:00pm *Bingo* 6:00pm *Movie*	10 10:00am *Brain Games* 10:30am *Claudia's Zumba* 11:00am *Meditation* 1:30pm *Resident Town Hall* 2:00pm *Pumpkin Toss* 2:30pm *Balloon Bop* 3:00pm *Creativity Hour* 6:00pm *Movie*	11 10:00am *Brain Games* 10:30am *Seated Exercise* 12:00pm *Veteran's Lunch* 1:30pm *Daily Chronicle* 2:00pm *Pumpkin Toss* 3:00pm *Bingo* 6:30pm *Table Games*	12 10:00am *Brain Games* 10:30am *Claudia's Zumba* 10:30am *Intro to Hospice Presentation* 11:00am *Meditation* 1:30pm *What's That Sound?* 2:30pm *Mocktail Social Hour* 6:30pm *Movie*	13 10:00am *Brain Games* 10:00am *Fred Meyer* 10:30am *Seated Exercise* 2:00pm *November Craft* 3:00pm *Caramel Apple Bar* 4:00pm *Cabaret Performance*	14 9:00am *Table Games* 10:30am *Seated Exercise* 11:00am *Coffee & Chat* 1:30pm *Scrabble* 2:00pm *Daily Chronicle* 3:00pm *Bingo* 6:00pm *Movie*
15 9:30am *Virtual Worship* 10:30am *Seated Exercise* 11:00am *Meditation* 1:30pm *Daily Chronicle* 2:30pm *Table Games* 3:30pm *Creativity Hour*	16 10:00am *Brain Games* 10:00am *Burlington Coat Factory* 10:30am *Movement with Marshal* 11:00am *Coffee & Chat* 1:30pm *Jeopardy* 3:00pm *Bingo* 6:30pm *Movie*	17 10:00am *Brain Games* 10:30am *Claudia's Zumba* 11:00am *Meditation* 1:30pm *Baking with Kaera* 2:00pm *Cook's Corner with Kaera* 3:00pm *Creativity Hour* 4:30pm *Diner Night*	18 10:00am *Hymn & Devotion* 10:30am *Seated Exercise* 1:30pm *Daily Chronicle* 1:30pm *Emmy on Piano* 3:00pm *Bingo* 6:00pm *Evening News*	19 10:00am *Brain Games* 10:30am *Claudia's Zumba* 11:00am *Meditation* 1:30pm *Balloon Bop* 2:00pm *Pumpkin Toss* 2:30pm *Daily Chronicle* 6:30pm *Movie*	20 10:00am *Brain Games* 10:00am *Fred Meyer* 10:30am *Seated Exercise* 4:00pm *Family Thanksgiving Dinner* 6:00pm *Family Thanksgiving Dinner - 2nd Seating*	21 9:00am *Table Games* 10:30am *Seated Exercise* 11:00am *Meditation* 1:30pm *Scrabble* 3:00pm *Bingo* 6:00pm *Evening News*
22 10:30am *Seated Exercise* 11:00am *Meditation* 1:30pm *Daily Chronicle* 2:30pm *Worship with the Schaffers'* 3:30pm *Movie* 6:30pm *Evening News*	23 10:00am *Brain Games* 10:00am *Kohls* 10:30am *Movement with Marshal* 11:00am *Coffee & Chat* 1:30pm *Daily Chronicle* 2:00pm *What's That Sound?* 3:00pm *Bingo*	24 10:00am *Brain Games* 10:30am *Claudia's Zumba* 11:00am *Meditation* 1:30pm *Daily Chronicle* 2:00pm *Pie Tasting* 3:00pm *Thanksgiving Coloring* 6:30pm *Movie*	25 10:00am *Brain Games* 10:30am *Seated Exercise* 11:00am *Meditation* 1:30pm *Daily Chronicle* 2:00pm *Balloon Bop* 3:00pm *Bingo* 4:00pm *Bag Bunny Food*	26 8:30am *Macy's Thanksgiving Parade* 10:00am *Brain Games* 10:30am *Seated Exercise* 11:00am *Meditation* 1:30pm *Daily Chronicle* 2:00pm *Movie & Popcorn* 6:00pm *Evening News*	27 10:00am *Brain Games* 10:00am *Fred Meyer* 10:30am *Seated Exercise* 11:00am *Coffee & Chat* 1:30pm *Daily Chronicle* 2:30pm *Balloon Bop* 3:00pm *Karaoke* 5:00pm *Pizza Movie Night*	28 9:00am *Table Games* 10:30am *Seated Exercise* 11:00am *Coffee & Chat* 1:30pm *Daily Chronicle* 1:30pm *Scrabble* 3:00pm *Bingo*
29 9:30am *Virtual Worship* 10:30am *Seated Exercise* 11:00am *Meditation* 1:30pm *Daily Chronicle* 3:00pm *Movie* 6:00pm *Evening News*	30 10:00am *Brain Games* 10:00am *Walgreens* 10:30am *Seated Exercise* 11:00am *Coffee & Chat* 1:30pm *Jeopardy* 3:00pm *Bingo* 6:30pm *Puzzle*					

November 2026

Arbor Village Senior Living

- Creative
- Intellectual
- Physical
- Social
- Spiritual
- Vocational

Happy Birthday!

Pat E. - 11/02
Donna S. - 11/10
Joanne L. - 11/13
Darlene V. - 11/15
Roger B. - 11/21