November 2026

Creekside Independent & Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **9:30am** Light & Lively Exercise (EN) **10:00am** Livestream Church & Hymns (TR) **11:00am** Chair Exercise with Liam (EN) **1:00pm** Crafts & Coloring (EN) **1:00pm** Ice Cream Social (EN) **1:30pm** Movie & Popcorn (TR) **2:30pm** Music & Memories with Robert Small (SL)	**2** **9:30am** Light & Lively Exercise (EN) **10:00am** Trivia (LIB) **10:30am** **Brunch at Billy's Cafe (NL)** **11:00am** Chair Exercise (EN) **1:00pm** Crafts & Coloring (EN) **1:30pm** 10 Thousand Dice Game (EA) **5:15pm** Seahawks Game vs Chicago ch. ESPN **6:30pm** Resident Led Mexican Train (Dominoes) (EN)	**3** **9:30am** Errand Run (NL) **9:30am** Light & Lively Exercise (EN) **10:00am** Trivia (LIB) **11:00am** Chair Exercise (EN) **1:00pm** Crafts & Coloring (EN) **2:00pm** AA Meeting (TR) **2:30pm** Bingo (EN) **3:30pm** Bunco (EN) **6:45pm** Pinochle (PZ)	**4** **9:30am** Light & Lively Exercise (EN) **10:00am** Trivia (LIB) **10:30am** Seated Rhythm Class with Nathan (EN) **11:00am** Balance Class (EN) **1:00pm** Crafts & Coloring (EN) **1:00pm** **Dementia Education Class- Communicating Effectively (TR)** **1:00pm** Men's Bible Study (PZ) **2:00pm** **Piano Music with Ward McCary (No Vocals) (EA)** **3:15pm** Golf Card Game (EN)	**5** **9:30am** Light & Lively Exercise (EN) **10:00am** Trivia (LIB) **11:00am** Chair Exercise (EN) **11:00am** **Medicare Webinar (TR)** **1:00pm** Crafts & Coloring (EN) **1:00pm** Errand Run (NL) **1:30pm** Women's Bible Study (LIB) **2:00pm** AA Meeting (TR) **3:00pm** Happy Hour **6:30pm** Resident Led Mexican Train (Dominoes) (EN) **6:45pm** Pinochle (PZ)	**6** **9:30am** Light & Lively Exercise (EN) **10:00am** Trivia (LIB) **10:30am** Seated Rhythm Class with Nathan (EN) **1:30pm** **Avoiding Scammers Presentation with Carol Johnson (TR)** **2:30pm** Bingo (EN) **3:30pm** Let's Play Bunco (EN) **6:30pm** Mexican Train (EN)	**7** **10:00am** Coffee & Tea Social (BIS) **11:00am** Chair Exercise with Liam (EF) **11am-3pm** **Fall Bazaar- Family & Friends Welcome! (EN)** **1:00pm** Jigsaw Puzzles (PZ) **6:30pm** Resident Led Mexican Train (Dominoes) (EN)
8 **9:30am** Light & Lively Exercise (EN) **10:00am** Livestream Church & Hymns (TR) **11:00am** Chair Exercise with Liam (EN) **1:00pm** Ice Cream Social (EN) **1:25pm** Seahawks Game vs Arizona- Channel FOX **1:30pm** Movie & Popcorn (TR)	**9** **9:30am** Light & Lively Exercise (EN) **10:00am** Trivia (LIB) **1:00pm** Crafts & Coloring (EN) **1:30pm** 10 Thousand Dice Game (EA) **1:30pm** **Scenic Drive (NL)** **6:30pm** Resident Led Mexican Train (Dominoes) (EN)	**10** **9:30am** Errand Run (NL) **9:30am** Light & Lively Exercise (EN) **10:00am** Trivia (LIB) **11:00am** Chair Exercise (EN) **1:00pm** Crafts & Coloring (EN) **2:00pm** AA Meeting (TR) **2:30pm** Bingo (EN) **3:30pm** Bunco (EN) **6:45pm** Pinochle (PZ)	**11** **9:30am** Light & Lively Exercise (EN) **10:00am** Trivia (LIB) **11:00am** Balance Class (EN) **1:00pm** Crafts & Coloring (EN) **1:00pm** Men's Bible Study (TR) **2:00pm** **Veteran's Appreciation Party -Patriotic Music with Lee Howard (EA)** **3:15pm** Golf Card Game (EN)	**12** **9:30am** Light & Lively Exercise (EN) **10:00am** Trivia (LIB) **11:00am** Chair Exercise (EN) **1:00pm** Crafts & Coloring (EN) **1:00pm** Errand Run (NL) **1:30pm** Women's Bible Study (LIB) **2:00pm** AA Meeting (TR) **2:00pm** **Food Meeting (BIS)** **3:00pm** Happy Hour **6:30pm** Resident Led Mexican Train (Dominoes) (EN) **6:45pm** Pinochle (PZ)	**13** **9:30am** Light & Lively Exercise (EN) **10:00am** Trivia (LIB) **10:30am** Seated Rhythm Class with Nathan (EN) **1:00pm** Crafts & Coloring (EN) **1:00pm** Documentary (TR) **3:00pm** Pokeno (EN) **6:30pm** Mexican Train (EN)	**14** **9:30am** Light & Lively Exercise (EN) **10:00am** Coffee & Tea Social (EN) **11:00am** Chair Exercise with Liam (EN) **1:00pm** Crafts & Coloring (EN) **2:30pm** Bingo (EN) **3:30pm** Bunco (EN) **6:30pm** Resident Led Mexican Train (Dominoes) (EN)
15 **9:30am** Light & Lively Exercise (EN) **10:00am** Livestream Church & Hymns (TR) **11:00am** Chair Exercise with Liam (EN) **1:00pm** Crafts & Coloring (EN) **1:00pm** Ice Cream Social (EN) **1:05pm** Seahawks Game vs Las Vegas ch. CBS **1:30pm** Movie & Popcorn (TR) **4:00pm** Church Visits and Singing (NL)	**16** **9:30am** Light & Lively Exercise (EN) **10:00am** **Shopping at Goodwill Sedro-Woolley (NL)** **10:00am** Trivia (LIB) **11:00am** Chair Exercise (EN) **1:00pm** 10 Thousand Dice Game (EA) **3:00pm** **Old Time Fiddlers Association Performance (EN)** **6:30pm** Resident Led Mexican Train (Dominoes) (EN)	**17** **9:30am** Errand Run (NL) **9:30am** Light & Lively Exercise (EN) **10:00am** Trivia (LIB) **11:00am** Chair Exercise (EN) **1:00pm** Crafts & Coloring (EN) **2:00pm** AA Meeting (TR) **2:30pm** Bingo (EN) **3:30pm** Bunco (EN) **6:45pm** Pinochle (PZ)	**18** **9:30am** Light & Lively Exercise (EN) **10:00am** Trivia (LIB) **11:00am** Balance Class (EN) **1:00pm** Crafts & Coloring (EN) **1:00pm** Men's Bible Study (TR) **2:30pm** **This is My Life Featuring David A. (TR)** **3:15pm** Golf Card Game (EN)	**19** **9:30am** Light & Lively Exercise (EN) **10:00am** Trivia (LIB) **11:00am** Chair Exercise (EN) **1:00pm** Crafts & Coloring (EN) **1:00pm** Errand Run (NL) **1:30pm** **Town Hall Meeting (EN)** **1:30pm** Women's Bible Study (LIB) **2:00pm** AA Meeting (TR) **3:00pm** Happy Hour **6:30pm** Resident Led Mexican Train (Dominoes) (EN) **6:45pm** Pinochle (PZ)	**20** **9:30am** Light & Lively Exercise (EN) **10:00am** Trivia (LIB) **10:30am** Seated Rhythm Class with Nathan (EN) **1:00pm** Crafts & Coloring (EN) **1:00pm** Documentary (TR) **3:00pm** Pokeno (EN) **4:00pm** Resident & Family Thanksgiving Buffet (BIS) **6:30pm** Mexican Train (EN)	**21** **9:30am** Light & Lively Exercise (EN) **10:00am** Coffee & Tea Social (EN) **11:00am** Chair Exercise with Liam (EN) **1:00pm** Crafts & Coloring (EN) **2:30pm** Bingo (EN) **3:30pm** Bunco (EN) **6:30pm** Resident Led Mexican Train (Dominoes) (EN)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 **9:30am** Light & Lively Exercise (EN) **10:00am** Livestream Church & Hymns (TR) **11:00am** Chair Exercise with Liam (EN) **1:00pm** Crafts & Coloring (EN) **1:00pm** Ice Cream Social (EN) **1:30pm** Movie & Popcorn (TR)	23 **9:30am** Light & Lively Exercise (EN) **10:00am** Trivia (LIB) **11:00am** Chair Exercise (EN) **11:30am** Catholic Communion **11:30am Lunch at Lorenzo's Sedro-Woolley (NL)** **1:00pm** Crafts & Coloring (EN) **1:30pm** 10 Thousand Dice Game (EA) **6:30pm** Resident Led Mexican Train (Dominoes) (EN)	24 **8:30am** Veteran's Breakfast **9:30am** Errand Run (NL) **9:30am** Light & Lively Exercise (EN) **10:00am** Trivia (LIB) **11:00am** Chair Exercise (EN) **1:00pm** Crafts & Coloring (EN) **2:00pm** AA Meeting (TR) **2:30pm** Bingo (EN) **3:30pm** Bunco (EN) **6:45pm** Pinochle (PZ)	25 **9:30am** Light & Lively Exercise (EN) **10:00am** Trivia (LIB) **11:00am** Balance Class (EN) **1:00pm** Billiards (EN) **1:00pm** Men's Bible Study (TR) **2:00pm October & November Birthday Party-Live Music with Folk Voice Band (EA)** **3:15pm** Golf Card Game (EN)	26 **9:30am** Light & Lively Exercise (EN) **10:00am** Trivia (LIB) **11:00am** Chair Exercise (EN) **2:00pm** AA Meeting (TR) **2:30pm** Bingo (EN) **3:30pm** Movie-Planes, Trains & Automobiles (TR) **6:30pm** Resident Led Mexican Train (Dominoes) (EN) **6:45pm** Pinochle (PZ)	27 **9:30am** Light & Lively Exercise (EN) **10:00am** Trivia (LIB) **10:30am** Seated Rhythm Class with Nathan (EN) **1:00pm** Crafts & Coloring (EN) **2:00pm** Memory Care Family Support Group Meeting **3:00pm** Pokeno (EN) **6:30pm** Mexican Train (EN)	28 **9:30am** Light & Lively Exercise (EN) **10:00am** Coffee & Tea Social (EN) **11:00am** Chair Exercise with Liam (EN) **1:00pm** Crafts & Coloring (EN) **2:30pm** Bingo (EN) **3:30pm** Bunco (EN) **6:30pm** Resident Led Mexican Train (Dominoes) (EN)
29 **9:30am** Light & Lively Exercise (EN) **10:00am** Livestream Church & Hymns (TR) **11:00am** Chair Exercise with Liam (EN) **1:00pm** Crafts & Coloring (EN) **1:00pm** Ice Cream Social (EN) **1:30pm** Movie & Popcorn (TR)	30 **9:30am** Light & Lively Exercise (EN) **10:00am** Trivia (LIB) **11:00am** Chair Exercise (EN) **1:00pm** Tree Decorating (EN) **2:30pm** Holiday Movie (EA) **6:30pm** Resident Led Mexican Train (Dominoes) (EN)					

Happy Birthday!

Eleanor L. – 3rd
Suzanne "Suzy" C. – 3rd
Sandra "Sandy" C. – 7th
Emil "Fred" F. – 8th
Muriel S. – 11th
James "Jim" H. 11th
Kari "MICHELLE" G. – 13th
Diane W. – 15th
Richard "Ole" N. – 19th
Barbara A. – 22nd
Jessie L. – 23rd
Sylva R. – 25th

Activity Types

- Creative
- Intellectual
- Physical
- Social
- Spiritual
- Vocational

Creekside
Continuing Care Community
The Difference Between Living and Living Well

Location Key

EN = Eagle's Nest
BIS = Bistro
LIB = Library
TR=Theatre Room
PZ=Puzzle Room 2nd Floor